

**SIBERIAN**   
**WELLNESS**

# NATURAL PRODUCTS

FOR AN ACTIVE  
AND FULFILLING LIFE

GERMANY  
Catalog 02/2019.  
Product codes and prices are subject to change within the catalog validity period.  
Product prices shown include VAT.



## START A NEW AND BETTER LIFE!

### SIBERIAN NATURE CHANGES THE QUALITY OF LIFE.

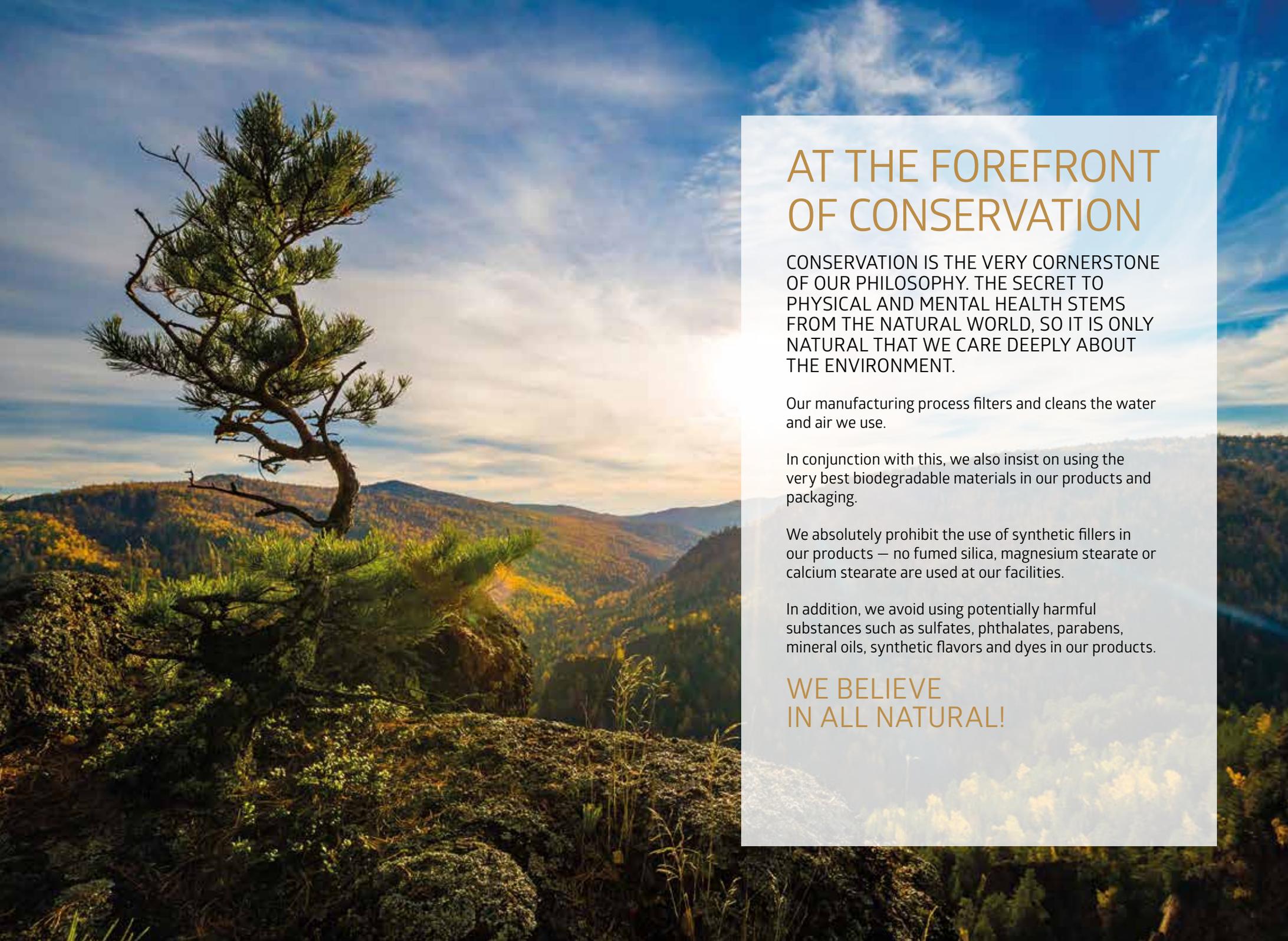
It was with this mantra in mind that Siberian Wellness was born 22 years ago. Company Servicing Centers for Clients and Consultants are opened in 26 countries, including the EU countries, Vietnam, Russia and the CIS countries.

Siberia is a unique region! More than 70% of its enormous territory (an area that is larger than China or the United States) is still untouched by civilization! Nowhere else can you find so many pristine forests, mountains and steppes! The harsh climate managed to preserve this land from industrial encroachment. It is now one of the last strongholds of untamed nature in the world.

Pure and powerful plants growing in Siberia retain a remarkable force that helps them survive in the ruthless Siberian climate. And Siberian Wellness is working hard to preserve in its products this untamed energy of nature.

**WE ARE DEDICATED TO IMPROVING YOUR LIFE AND THE LIFE OF YOUR FAMILY, WHILE MAINTAINING THE NATURAL BEAUTY OF SIBERIA, ONE OF THE LAST UNSPOILED PLACES OF THE WORLD.**

**WELCOME TO THE WORLD OF SIBERIAN WELLNESS!**



## AT THE FOREFRONT OF CONSERVATION

CONSERVATION IS THE VERY CORNERSTONE OF OUR PHILOSOPHY. THE SECRET TO PHYSICAL AND MENTAL HEALTH STEMS FROM THE NATURAL WORLD, SO IT IS ONLY NATURAL THAT WE CARE DEEPLY ABOUT THE ENVIRONMENT.

Our manufacturing process filters and cleans the water and air we use.

In conjunction with this, we also insist on using the very best biodegradable materials in our products and packaging.

We absolutely prohibit the use of synthetic fillers in our products — no fumed silica, magnesium stearate or calcium stearate are used at our facilities.

In addition, we avoid using potentially harmful substances such as sulfates, phthalates, parabens, mineral oils, synthetic flavors and dyes in our products.

## WE BELIEVE IN ALL NATURAL!

A close-up photograph of a scientist wearing a white hairnet and a blue surgical mask, focused on a piece of laboratory glassware. The scene is lit with a cool, blue-toned light, creating a professional and scientific atmosphere. The scientist's hands are visible, adjusting the glassware.

## THE SCIENCE BEHIND THE SCIENCE

Not only are all our products manufactured in Siberia from indigenously grown herbs, but they are also formulated at our on-site Research and Innovation Center.

In collaboration with leading research and development institutions around the world, Siberian Wellness conducts a vast array of clinical trials for food supplements and other product lines.

Siberian Wellness is proud to have its own up-to-date manufacturing facilities which are GMP and ISO 9001 certified.

## RESEARCH FOR A BETTER TOMORROW

HERE ARE SOME OF THE BRANCHES OF SCIENCE THAT WE ARE ENGAGED IN:

**ENDOECOLOGY** is the science that studies and develops the ways and means of cleaning and maintaining the internal environment of the body.

**ADAPTIVE MEDICINE** is the research and study of plants with unique adaptogenic properties that help improve overall protection and maximize the effectiveness of virtually all human organs and systems.

**CHRONOBIOLOGY** is the science that studies the principles of biological rhythms and the way they relate to human health.



## CHARITY BEGINS AT HOME

We care about what will remain after us. We cannot bear to see forests getting destroyed, rivers being contaminated and animals going extinct. THE WORLD AROUND YOU Charitable Foundation established by Siberian Wellness is an active participant of the environmental protection events in the countries where the Company is present.



THE WORLD  
AROUND  
YOU

SIBERIAN WELLNESS  
CHARITABLE FOUNDATION

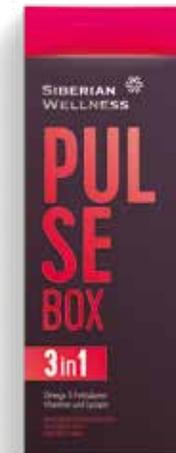
## FOOD SUPPLEMENTS DAILY BOX



# BE READY FOR THE NEW DAY!

**1** EASY TO USE:  
TAKE ONCE A DAY

 SIMPLE SHAPE:  
A READY-TO-HAND SET



### PULSE BOX

Food supplement with DHA and EPA in the form of ethyl esters that contribute to the normal heart functioning and have a beneficial effect when taken daily in a dosage of 250 mg. Folate, vitamin B6 and vitamin B12 promote the normal homocysteine metabolism.

90 capsules / 64.2 g 500443  
(30 packs × 3 capsules)

**18,94 €**



### VISION BOX

DHA helps maintain normal vision and has a beneficial effect when taken daily in a dosage of 250 mg. Riboflavin (vitamin B2), vitamin A and zinc help preserve normal vision. Vitamins C and E ensure cells protection from oxidative stress.

120 capsules / 84.3 g 500361  
(30 packs × 4 capsules)

**21,94 €**



## RENAISSANCE TRIPLE SET

### METABOLISM TRIPLE SUPPORT SYSTEM

Metabolism triple support system – three formulas, fortified with vitamins, mineral compounds and precious extracts derived from wild Siberian plants.

Product ADVANTAGES:

- 35 years of research developments;
- 10 years of practical application;
- optimal dosage of active substances.

500032

**43,76 €**



#### FORMULA 1

60 capsules / 30 g

**Ingredients:** fennel extract, plantain extract, chamomile extract, burdock root extract, horsetail extract, echinacea extract, aloe vera extract-gel.



#### FORMULA 2

60 capsules / 30 g

**Ingredients:** watercress herb extract, Siberian ramsons extract, St. John's wort extract, garden sage extract, wild horseradish extract, Baikal skullcap extract.



#### FORMULA 3

60 capsules / 32.4 g

**Ingredients:** grape seeds extract, cranberry fruits extract, sage extract, thyme extract, oregano extract, ascorbic acid, green tea extract, DL-alpha-tocopherol, lycopene, bilberry extract, rutin, BetaTab 20%, Mediterranean pine extract, maltodextrin, zinc citrate, thiamine hydrochloride, riboflavin, pyridoxine hydrochloride, manganic sulfate, retinol, copper sulfate, potassium iodide, sodium selenite, chromium picolinate.



**LYMPHOSAN N SUPPORT**

Food supplement with dietary fiber and botanical extracts

This is a botanical product with pectin, which serves as a source of dietary fiber and an excellent plant-based sorbent. Cranberry and horsetail extracts enrich the diet with organic acids and tannins. Pectin normalizes cholesterol level in blood.

**Ingredients:** pectin, guar gum, cranberry extract, topinambur roots powder, horsetail extract.

90 g 500029 **14,23 €**

**LYMPHOSAN L VITALITY**

Food supplement with dietary fiber and botanical extracts

This botanical product with pectin is rich in dietary fibers – vital elements for normal functioning of the digestive system. Pectin is a type of dietary fibers which helps maintain normal cholesterol level in blood. The product contains well-known milk thistle extract, precious extracts of mint, chamomile, thyme, St. John's Wort and aloe vera.

**Ingredients:** pectin, guar gum, mint extract, topinambur roots powder, chamomile flowers extract, thyme extract, milk thistle fruits, St. John's wort extract, aloe vera extract.

90 g 500042 **14,23 €**

**LYMPHOSAN PURE LIFE**

Food supplement with pectin and botanical extracts

This botanical product with pectin is rich in dietary fibers – vital elements for normal functioning of the digestive system. Pectin is a type of dietary fibers which helps maintain normal cholesterol level in blood. The product formula is additionally enriched with botanical extracts of fennel, precious burdock root, and olive leaves.

**Ingredients:** pectin, guar gum, topinambur roots powder, fennel extract, burdock root extract, olive leaf dry extract, martynia extract, Baikal skullcap extract, eleuthero extract, rose hips extract, horsetail extract, echinacea extract, aloe vera extract.

90 g 500030 **14,23 €**

**LYMPHOSAN F BEAUTY**

Food supplement with pectin and botanical extracts for women

A complex for women with pectin – a phytosorbent which serves as a source of dietary fiber. Product formula includes famous botanical extracts: watercress, aloe vera, mint leaves, meadow clover flowers from Altai foothills. Grape seeds extract is widely used in cosmetics, while soy beans contain essential substances for women body – phytoestrogens.

**Ingredients:** pectin, guar gum, watercress extract, topinambur roots powder, mint leaf extract, grape seeds extract, clover flowers extract, soy extract, aloe vera extract-gel.

90 g 500044 **12,20 €**

**LYMPHOSAN J COMFORT**

Food supplement with collagen hydrolysate, dietary fiber and botanical extracts

The product contains botanical sorbent – pectin, as a source of dietary fiber, and collagen hydrolysate. Collagen is a structural protein presented in cartilage and connective tissues. Being a part of the product formula in the form of hydrolysate it is easily absorbed by the body. Precious rose hips extract contains natural vitamin C that provides better collagen synthesis which is necessary for cartilages normal functioning.

**Ingredients:** collagen hydrolysate (bovine), pectin, guar gum, rose hips extract, willow bark extract.

90 g 500019 **16,26 €**

**LYMPHOSAN C BALANCE**

Food supplement with dietary fiber and botanical extracts

The product contains several types of soluble dietary fibers in the form of phytosorbents. Its formula is also fortified with famous extracts of green tea and hawthorn fruits.

**Ingredients:** citrus dietary fibers, topinambur roots powder, psyllium husks powder, guar gum, xanthan gum, green tea extract, hawthorn fruits extract.

90 g 500043 **12,20 €**

# PURE HERBS OF OLKHON



## COLLECTION OF HERBAL TEA BLENDS WITH SIBERIAN HERBS

### AMINAJ EM

"HERB OF LIFE"  
Food supplement with  
herbs, dandelion root and  
rose hips

This herbal tea blend has  
been created according to  
the traditional Buryat herbal  
recipes, and contains  
St. John's wort herb, rose  
hips fruits and dandelion  
roots. Translated from  
Buryat language the name of  
the product means "herb  
of life" – this is how Buryats  
call St. John's wort herb.

**Ingredients:** St. John's wort herb,  
corn silk, chamomile flowers,  
peppermint leaves, dandelion roots,  
knotweed herb, everlasting flowers,  
rose hips fruits, tansy flowers.

30 tea bags × 1.5 g  
500021

**5,46 €**

### UJAN NOMO

"SUPPLE BOW"  
Herbal tea blend with  
meadowsweet

Ujan Nomo tea blend  
formula was specially  
designed to maintain normal  
joints function. Translated  
from the Buryat language  
Ujan Nomo means "supple  
bow".

**Ingredients:** meadowsweet herb,  
blackcurrant leaves, rose hips  
fruits, dandelion roots, licorice root,  
horsetail herb, lingonberry leaves.

30 tea bags × 1.5 g  
500025

**5,56 €**

### SCHEDITE NOJR

"MAGIC DREAM"  
Herbal tea blend with  
Baikal skullcap

Translated from Buryat  
language "Shedite Nojr"  
means "magic dream".  
This herbal tea blend is  
designed to ensure deep and  
restorative sleep.

**Ingredients:** Baikal skullcap  
root, melissa herb, oregano herb,  
chamomile flowers, St. John's Wort  
herb, peppermint leaves.

30 tea bags × 1.5 g  
500028

**5,89 €**

### SAGAAN CHARAASGAJ

"WHITE SWALLOW"  
Food supplement with  
motherwort and alfalfa  
herbs

The supplement name,  
intended for women,  
is translated as "white  
swallow". According to  
Buryat legend, if a woman  
sees a white swallow, she  
stays forever young.

**Ingredients:** motherwort herb,  
alfalfa herb, oregano herb, clover  
herb, sage leaves, St. John's Wort  
herb, melissa herb, peppermint  
leaves.

30 tea bags × 1.5 g  
500023

**5,56 €**

### BAELEN AMIN

Herbal tea blend with  
linden flowers and apple

This tea blend, infused with  
Siberian linden, combines  
full-bodied flavor and light  
herbal scent. Many centuries  
ago healers highly valued  
linden which was regarded  
as the tree, symbolizing  
longevity, promoting light  
breathing and being a  
protective amulet. Still it  
serves as a material for  
talismans, while linden  
flowers are fancied in every  
family.

**Ingredients:** linden flowers and  
leaves, apple fruit pieces, oregano,  
mint, chamomile flowers.

30 tea bags × 1.5 g  
500127

**5,89 €**

## A GLIMPSE INTO THE WORLD OF SIBERIAN PURE HERBS



## NATURAL SIBERIAN HERBS, MUSHROOMS, SPICES AND BERRIES THAT WE USE IN OUR PRODUCTS



**KURIL TEA**  
*Pentaphylloides fruticosa*

This famous plant was found by seafarers on the Kuril islands – they used to drink it instead of common tea. However, people who lived near the Baikal lake had been using this herb as a cleansing product since the ancient times. As legend says, the dogs helped to learn about Kuril tea beneficial properties: sick animals were looking for this herb because it brought them relief. Local people still use Kuril tea herb if there are some digestion issues.



**SIBERIAN THOROUGHWAX**  
*Bupleurum sibiricum*

The local Buryat people call this herb "hare's ear" due to the shape of the plant's leaves, which resemble a small hare's ear. Thoroughwax is one of the most revered herbs in both Chinese and Buryat-Tibetan medicine. But whereas in China they use only roots, Buryat people use mostly the aerial parts of Thoroughwax which are far richer in active ingredients especially for the digestive system.



**SIBERIAN OREGANO**  
*Origanum vulgare*

Oregano is very popular among the people in Europe and the USA, who, unlike Siberian people, often use it as a spice. Also brewed oregano and thyme create an incredibly scented beverage that one can drink instead of common tea. Siberian oregano main benefit is in its high antioxidant activity. In this relation no existing herb can beat its effectiveness.



**BAIKAL SKULLCAP**  
*Scutellaria baicalensis*

Baikal skullcap is one of few worldwide famous plants which are endemic for Baikal region. Traditional Chinese medicine has been using this plant for a long time; the doctors from western countries also pointed out its various healing effects.



**LINGONBERRY**  
*Vaccinium vitis-idaea*

This small shrub plant with pink to purple berries keeps its hard lacquered leaves alive during the entire Siberian winter. Covered with a several foot layer of snow, it can tolerate temperatures as low as -50 °C (-58 °F) or even lower.



**SABERWEED**  
*Comarum palustre*

Every fall after the first frost, Siberian women went to gather cranberries from the marshes and swamps to provide their families with vitamins for the upcoming winter. Standing in the frigid water, they often suffered from serious joint pain. There is an ancient remedy for this disease that is still in use – a swamp plant which is known as Altai marsh cinquefoil.



**SIBERIAN HEDYSARUM**  
*Hedysarum sibiricum*

Hedysarum is a mountain herb which traditionally grows in South Siberia. Siberian hunters used it to maintain physical stamina during long and exhausting hunts.



**TANSY**  
*Tanacetum vulgare*

Imagine a beautiful jewel – a racemule of painterly curved golden hemispheres adorned with emeralds. This is a golden tansy, one of the most beautiful herbs in the world! In Siberia tansy became famous due to its ability to protect liver from different stresses.



**HORSETAIL**  
*Equisetum arvense*

It contains up to 10% of natural silicon which participates in formation of the inner structure of a plant. This particular structure and tubed body make the horsetail one of the toughest herbs.



**GARDEN BURNET**  
*Sanguisorba officinalis*

This tall plant with red cones stand out from other herbs of Siberian meadows and look like an exotic decoration. Due to its bright color local people named it "blood drinker" as translated from the local language.



**SIBERIAN ROSE HIPS**  
*Rosa davurica*

Although Rose Hips are well-known on every continent, it is often misunderstood that there are a lot of different species of this common plant. Siberian Rose shrub is distinguished by its almost black twigs and deep red round-shaped fruits that make a very beautiful contrast.



**SIBERIAN THYME**  
*Thymus serpyllum*

Opposite to the common thyme which grows very densely and up to 2 feet high, Siberian Thyme usually clings to mountain rocks and so it's much smaller, with fewer leaves however with many more flowers that are needed to attract insects that are so rare in the cold Siberian mountains.



### TETRARDIOL

Food supplement with betaine, pyridoxine and folic acid

Homocysteine is a product of metabolism; with age, our body accumulates a big amount of it, which negatively affects the heart and vascular activity. Tetradiol is a multivitamin complex which contains four most effective natural components stimulating homocysteine neutralization.

**Ingredients:** betaine, maltodextrin, pyridoxine hydrochloride, folic acid, cyanocobalamin, dyes.

30 capsules / 18.9 g  
400924  
**17,33 €**



### TRIMEGAVITALS. OMEGA-3 CONCENTRATE AND LYCOPENE

The product with EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid) contributes to normal heart functioning. The beneficial effect of DHA and EPA is achieved when taken daily in a dosage of 250 mg. The replacement of saturated fatty acids with polyunsaturated and/or monounsaturated ones in the diet helps maintain the normal cholesterol level in blood. Plus, the product is enriched with natural lycopene.

**Ingredients:** ethyl esters of fatty acids derived from fish oil, gelatin, maize oil, lycopene (*Blakeslea trispora*), antioxidant DL-alpha-tocopheryl acetate.

30 capsules / 22.2 g  
5FP183  
**13,27 €**



### LYMPHOSAN C BALANCE

The product contains several types of soluble dietary fibers in the form of phytosorbents. Its formula is also fortified with famous extracts of green tea and hawthorn fruits.

**Ingredients:** citrus dietary fibers, topinambur roots powder, psyllium husks powder, guar gum, xanthan gum, green tea extract, hawthorn fruits extract.

90 g  
500043  
**12,20 €**



### SIBERIAN PROPOLIS

Gold Elixir (Tonifying)

Formulated with high-potency propolis emulsion the elixir helps to maintain overall body wellness and increase both mental and physical capacity. Its formula was designed according to the ancient Siberian recipes and enriched with rare wild herbs from the Altai Mountains. Enjoy peculiar taste and scent of Siberian taiga!

**Ingredients:** propolis, honey, maral root extract, eyebright extract, goat's-head extract, astragalus root extract, meadow clover flowers extract, hawthorn fruits extract, calendula flowers extract, water, ethanol.

150 ml  
400521  
**12,73 €**

## STRONG HEART

BUILD YOUR OWN PROGRAM  
TO SUPPORT YOUR HEART  
AND BLOOD VESSELS



### SYNCHROVITALS III

Synchronovitals III is composed of two types of capsules: for morning and evening intake. Selenium provides normal functioning of the immune system and helps to protect cells from oxidative stress. The product formula is fortified with beta-glucan-rich oat bran, as well as alpha-linolenic acid and lycopene.

**Ingredients (Complex №1):** beta-glucan-rich oat bran, hydroxypropyl methylcellulose, alpha-lipoic acid.

**Ingredients (Complex №2):** beta-glucan-rich oat bran, hydroxypropyl methylcellulose, inactivated yeast, R-lycopene, hawthorn fruits extract, modified starch, corn starch, glucose, antioxidants: sodium ascorbate and DL-alpha-tocopherol acetate, dyes: titanium dioxide (E171), copper complexes of chlorophyll and chlorophyllin (E141).

150 capsules / 72 g  
500072  
**19,90 €**

# TRIMEGAVITALS

A SOURCE OF ESSENTIAL OMEGA ACIDS



## TRIMEGAVITALS. OMEGA-3 CONCENTRATE AND LYCOPENE

Food supplement with polyunsaturated omega-3 acids and lycopene

The product with EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid) contributes to normal heart functioning. The beneficial effect of DHA and EPA is achieved when taken daily in a dosage of 250 mg. The replacement of saturated fatty acids with polyunsaturated and/or monounsaturated ones in the diet helps maintain the normal cholesterol level in blood. Plus, the product is enriched with natural lycopene.

**Ingredients:** ethyl esters of fatty acids derived from fish oil, gelatin, maize oil, lycopene (Blakeslea trispora), antioxidant DL-alpha-tocopheryl acetate.

30 capsules / 22.2 g  
5FP183

**13,27 €**



## TRIMEGAVITALS. ALL-NATURAL BETA-CAROTENE IN SEA BUCKTHORN OIL

Food supplement of sea-buckthorn oil with beta-carotene and vitamin E

The product contains the richest natural sea-buckthorn oil, vitamin E and natural beta-carotene (which is also known as provitamin A, since in the body it transforms into vitamin A). Vitamin A helps to support the normal vision and immune system functioning, while vitamin E supports the cellular protection from oxidative stress.

**Ingredients:** sea-buckthorn oil, tocopherols mixture, natural beta-carotene.

30 capsules / 23.1 g  
500060

**11,77 €**



## TRIMEGAVITALS. DHA SUPERCONCENTRATE

Food supplement with docosahexaenoic acid (DHA)

The complex contains one of the omega-3 acids – docosahexaenoic acid (DHA) produced from Ulkenia microalgae. DHA is an important component of healthy nutrition and contributes to the normalization of brain functioning and good vision. The beneficial effect of DHA is achieved when taken daily in a dosage of 250 mg.

**Ingredients:** sunflower oil, gelatin, oil from the microalgae Ulkenia Sp., natural soy tocopherols as an antioxidant (E306).

30 capsules / 22.2 g  
500061

**20,33 €**



## TRIMEGAVITALS. LUTEIN AND ZEAXANTHIN SUPERCONCENTRATE

Food supplement with sea-buckthorn oil, lutein, zeaxanthin and vitamin E

The complex contains a high concentration of natural light filters – lutein and zeaxanthin – for those who spend a lot of time in front of computer monitor or other devices screens. Its formula is additionally enriched with Siberian sea-buckthorn oil and vitamin E which helps to protect cells from oxidative stress.

**Ingredients:** sea-buckthorn oil (57%), lutein-rich African marigold extract (7%), zeaxanthin (0.1%), DL-alpha-tocopherol acetate, antioxidants of DL-alpha-tocopherol.

30 capsules / 22.7 g  
500102

**14,23 €**



## TRIMEGAVITALS. SIBERIAN BORAGE AND AMARANTH OIL

Food supplement with vitamins E, D3 and gamma-linolenic acid

The lipid complex contains one of omega-6 acids (gamma-linolenic) and a complex of vitamins E and D. Vitamin E protects the body from oxidative stress. Vitamin D supports the immune system and plays an important role in cell division.

**Ingredients:** borage oil, gelatin, amaranth oil, DL-alpha-tocopherol acetate, cholecalciferol.

30 capsules / 23.7 g  
500049

**14,23 €**



## TRIMEGAVITALS. SIBERIAN LINSEED OIL AND OMEGA-3 CONCENTRATE

Food supplement with polyunsaturated omega-3 fatty acids and vitamin E (DHA)

This complex is rich in omega-3 acids in the form of the concentrated ethylic ether of fatty acids. The natural source of acids is the richest linseed oil. Omega-3 acids are an essential part of a healthy diet. The product is enriched with vitamin E.

**Ingredients:** ethylic ether of fatty acid made of fish oil, gelatin, linseed oil, DL-alpha-tocopherol acetate, antioxidants (ascorbyl palmitate, tocopherol-rich extracts, rosemary extract).

30 capsules / 23.7 g  
500062

**13,70 €**



**SIBERIAN PROPOLIS**

Malachite Elixir  
(For women's health)

Formulated with highly potent propolis emulsion extracted from pure propolis of the Altai Mountains. Its formula was created on the basis of ancient Siberian recipes and enriched with wild Siberian herbs extracts. It possesses all valuable properties of propolis, and thanks to the botanical formula, it perfectly supports female wellbeing and beauty.

**Ingredients:** propolis, honey, shepherd's purse herb extract, motherwort root extract, sage herb extract, licorice root extract, chamomile herb extract, lingonberry fruits extract, angelica root extract, water, ethanol.

150 ml  
400522

12,73 €

**CHRONOLONG**

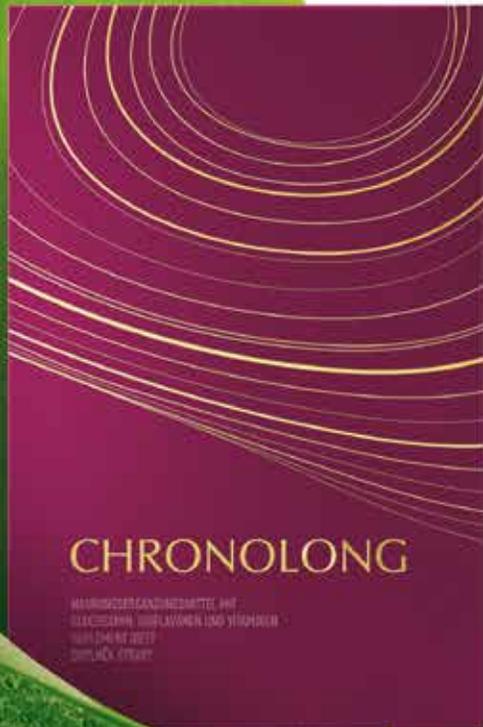
Food supplement with glucosamine, isoflavones and vitamins

Contains 100% phytoestrogen genistein — one of the main sources of women youth. The product formula is fortified with soybeans germs that contain dozens of natural phytoestrogens enhancing the genistein effect. Vitamin C in the form of ascorbic acid promotes better collagen synthesis, which is necessary for normal functioning of skin blood vessels. Folic acid ensures proper homocysteine metabolism during menopause.

**Ingredients:** glucosamine sulfate, soybean extract, L-ascorbic acid, genistein, folic acid, cholecalciferol.

30 capsules / 21.6 g  
500449

28,46 €



**HEALTHY RHYTHMS**

Day complex with vitamins, minerals, botanical extracts, deer antler powder, lycopene and para-aminobenzoic acid

Healthy Rhythms is a vitamin & mineral complex that consists of 2 complementary capsules – morning and evening which allows providing a daily intake of vitamins, microelements and other biologically active substances considering the shift of active and relax phases.

**Active ingredients (morning complex):** vitamin C (carrier – potato maltodextrin), lycopene, eleuthero extract, green tea extract, beta-carotene, vitamin E, para-aminobenzoic acid, nicotinamide, coenzyme Q10, Mediterranean pine bark extract, pantothenic acid, vitamin D3, vitamin B6, vitamin B12, vitamin B2, vitamin B1, vitamin A, folic acid, biotin, vitamin K1.

**Active ingredients (evening complex):** valerian extract, horsetail extract, Baikal skullcap extract, sodium molybdate, sika deer antler powder, zinc citrate, selenium, ferrous sulfate, chromium picolinate, copper sulfate, manganic sulfate, potassium iodide.

60 capsules / 31.5 g  
500048

17,33 €



**FORMULA 4 N.V.M.N**

Food supplement with vitamins A, C and E and lipoic acid

This product contains a complex of vitamins A, E and C, which has been recognized as one of the most effective antioxidant formulas for almost 20 years. The complex properties are enhanced with organic antioxidants (taurine and lipoic acid), which provides a wider range of antioxidant protection.

**Ingredients:** taurine, L-ascorbic acid, DL-alpha-tocopherol acetate, alpha-lipoic acid, retinyl acetate.

120 capsules / 78 g  
500020

18,30 €



### ADAPTOVIT

Food supplement with maral root, rhodiola rosea, eleutherococcus and ginseng

Food supplement which affects human adaptation mechanisms. Extracts of maral root, ginseng and eleuthero help to overcome fatigue and ensure better recovery after intense exercises.

**Ingredients:** distilled water, ginseng root extract, eleutherococcus root extract, rhodiola rosea root and rhizome extract, leuzea root extract, schizandra seed extract, sodium benzoate [E211], ethyl alcohol.

10 ml  
500094  
**10,70 €**



### TRIMEGAVITALS.

**ALL-NATURAL BETA-CAROTENE IN SEA BUCKTHORN OIL**

The product contains the richest natural sea-buckthorn oil, natural beta-carotene and vitamin E. Beta-carotene is also called provitamin A, because the human body converts it into vitamin A. Vitamin A helps to support normal vision and immune system functioning, and vitamin E supports the cellular protection from oxidative stress.

**Ingredients:** sea-buckthorn oil, tocopherols mixture, natural beta-carotene.

30 capsules / 23.1 g  
500060  
**11,77 €**



### ELEMVITALS. SELENIUM WITH SIBERIAN HERBS

This product is enriched with organic selenium – an important microelement essential for healthy hair and nails, which also supports the immune system and thyroid functioning. Selenium, vitamins C and E ensure better cellular protection against oxidative stress. Vitamin C helps to normalize the immune system operation.

**Ingredients:** garlic extract, acerola extract, inactivated yeast with selenium in form of selenomethionine, rose hips fruits extract, DL-alpha-tocopherol acetate, Baikal skullcap extract, Mediterranean pine extract.

60 capsules / 30.6 g  
500031  
**14,23 €**



### ELEMVITALS. IODINE WITH SIBERIAN HERBS

The product includes bladderwrack and kelp – seaweeds with a high content of iodine. This product is additionally enriched with selenium, which helps to support normal immune system functioning, and extracts of rhodiola rosea and astragalus.

**Ingredients:** bladderwrack (seaweed), gelatin, rhodiola rosea roots powder, kelp leaf extract, astragalus extract, yeast enriched with selenium, maltodextrin, dye: ammonia caramel [E150c].

60 capsules / 33 g  
500089  
**7,70 €**

## LIVING ENERGY

FIND YOUR OWN SOLUTION FOR STAYING VIGOROUS AND YOUTHFUL!



### RENAISSANCE TRIPLE SET. FORMULA 3

Food supplement with botanical extracts, vitamins and minerals

Renaissance Triple Set. Formula 3 is a complex set of active components of botanical and mineral origin.

- Microelements: selenium, copper and manganese, as well as vitamins C, E and B2 provide better protection of cells from oxidative stress.
- Vitamins B1 and B6, calcium, copper and manganese provide normal energy metabolism.
- Zinc provides a normal immune system functioning.
- Vitamins B2, B6 and C help to enhance endurance and resistance to fatigue.

120 capsules / 64.8 g  
500113  
**31,57 €**

**Ingredients:** grape seeds extract, cranberry fruits extract, sage extract, thyme extract, oregano extract, ascorbic acid, green tea extract, DL-alpha-tocopherol, lycopene, bilberry extract, rutin, BetaTab 20%, Mediterranean pine extract, maltodextrin, zinc citrate, thiamine hydrochloride, riboflavin, pyridoxine hydrochloride, manganic sulfate, copper sulfate, potassium iodide, sodium selenite, chromium picolinate, retinol.



## SYNCHROVITALS II

Food supplement with vitamin C and botanical extracts

Precious plant extracts help to support your active phase in the morning and make you relaxed in the evening. The product contains essential vitamin C which helps to normalize nervous system functioning.

### Ingredients (Complex No.1):

phosphatidylserine (soy), ginkgo biloba extract, gotu kola extract, ginseng extract, ascorbyl palmitate, hydroxypropyl methylcellulose, D-glucose.

### Ingredients (Complex No.2):

sage extract, St. John's wort extract, ascorbyl palmitate, Baikal skullcap extract, dyes: titanium dioxide (E171), copper complexes of chlorophyll and chlorophyllin (E141).

60 capsules / 33 g  
500071

**30,50 €**

## SYNCHROVITALS III

Food supplement with selenium, lycopene, alpha-lipoic acid and botanical extracts

Synchrovitals III is composed of two types of capsules: for morning and evening intake. Selenium provides normal functioning of the immune system and helps to protect cells from oxidative stress. The product formula is fortified with beta-glucan-rich oat bran, as well as alpha-linolenic acid and lycopene.

**Ingredients (Complex No.1):** beta-glucan-rich oat bran, hydroxypropyl methylcellulose, alpha-lipoic acid.

**Ingredients (Complex No.2):** beta-glucan-rich oat bran, hydroxypropyl methylcellulose, inactivated yeast, R-lycopene, hawthorn fruits extract, modified starch, corn starch, glucose, antioxidants: sodium ascorbate and DL-alpha-tocopherol acetate, dyes: titanium dioxide (E171), copper complexes of chlorophyll and chlorophyllin (E141).

150 capsules / 72 g  
500072

**19,90 €**

## SYNCHROVITALS IV

Food supplement with taurine and botanical extracts

Complex No.1 contains milk thistle – a source of silymarin, a substance which promotes body detoxification. Complex No.2 combines extracts of Siberian herbs and plants, including the extract of a famous Siberian adaptogen – St. John's wort, which help normalize metabolic processes.

### Ingredients (Complex No.1):

taurine, milk thistle fruits extract, cellulose, silverweed cinquefoil rhizome extract.

### Ingredients (Complex No.2):

taurine, cellulose, St. John's wort herb extract, Baikal skullcap root extract, dyes: titanium dioxide (E171), copper complexes of chlorophyll and chlorophyllin (E141).

60 capsules / 37.5 g  
500130

**8,24 €**

## SYNCHROVITALS V

Food supplement with arabinogalactan and botanical extracts

The product contains the ResistAid™ complex – a combination of arabinogalactan and polyphenols obtained from the larch tree. Arabinogalactan, as a source of soluble dietary fibers, normalizes the gastrointestinal tract state, and as a result, beneficially affects the immune system.

### Ingredients (Complex No.1):

arabinogalactan extracted from larch tree, cellulose, ginseng root extract, plantain leaf extract, glucose, maltodextrin.

### Ingredients (Complex No.2):

arabinogalactan extracted from larch tree, sage leaf extract, chamomile flowers extract, thyme extract, lactose, dyes: titanium dioxide (E171), copper complexes of chlorophyll and chlorophyllin (E141).

60 capsules / 27 g  
500073

**18,30 €**

## SYNCHROVITALS VI

Food supplement with glucosamine hydrochloride, chondroitin sulfate and botanical extracts

This product includes a well-known composition of two ingredients: glucosamine hydrochloride and chondroitin sulfate. Their properties are fortified with famous botanical extracts of white willow bark, meadowsweet and rose hips. Vitamin C facilitates collagen synthesis, essential for joints normal functioning.

### Ingredients (Complex No.1):

glucosamine hydrochloride (extracted from crustacean), willow bark extract, chondroitin sulfate, hydroxypropyl methylcellulose.

### Ingredients (Complex No.2):

glucosamine hydrochloride (extracted from crustacean), meadowsweet extract, chondroitin sulfate, hydroxypropyl methylcellulose, rose hips fruits extract, dyes: titanium dioxide (E171), copper complexes of chlorophyll and chlorophyllin (E141).

60 capsules / 41.4 g  
500065

**13,27 €**

## SYNCHROVITALS VII

Food supplement with anthocyanins, lutein, zeaxanthin, beta-carotene and botanical extracts

This product is intended for those who spend much time in front of computer or other gadgets. It contains a wide range of botanical pigments and light filters: lutein, zeaxanthin and beta-carotene. The complex is additionally enriched with natural anthocyanins and vitamin A, which helps to support good vision.

**Ingredients (Complex No.1):** hibiscus flowers extract enriched with anthocyanins, bilberry fruits extract enriched with anthocyanins, cellulose, aronia fruits extract enriched with anthocyanins, maltodextrin.

**Ingredients (Complex No.2):** acerola extract, maltodextrin, rose hips extract, lutein-rich African marigold extract, cellulose, beta-carotene, ascorbyl palmitate, modified starch, synthetic zeaxanthin, corn starch, sucrose, sodium ascorbate.

60 capsules / 30.9 g  
500050

**23,43 €**



### ADAPTOVIT

Food supplement with maral root, rhodiola rosea, eleutherococcus and ginseng

Food supplement which affects human adaptation mechanisms. Extracts of maral root, ginseng and eleuthero help to overcome fatigue and ensure better recovery after intense exercises.

**Ingredients:** water, schizandra seeds extract, ginseng root extract, eleuthero root extract, rhodiola rosea root and rhizome extract, leuzea root extract, sodium benzoate (E211), ethyl alcohol.

10 ml  
500094  
**10,70 €**



### SYNCHROVITALS IV

Complex No.1 contains milk thistle – a source of silymarin, a substance which promotes body detoxification. Complex No.2 combines extracts of Siberian herbs and plants, including the extract of a famous Siberian adaptogen – St. John's wort, which help normalize metabolic processes.

**Ingredients (Complex No.1):** taurine, milk thistle fruits extract, cellulose, silverweed cinquefoil rhizome extract.  
**Ingredients (Complex No.2):** taurine, cellulose, St. John's wort herb extract, Baikal skullcap root extract, dyes: titanium dioxide (E171), copper complexes of chlorophyll and chlorophyllin (E141).

60 capsules / 37.5 g  
500130  
**8,24 €**



### AMINAJ EM

"Herb of Life"

This herbal tea blend has been created according to the traditional Buryat herbal recipes, and contains St. John's wort herb, rose hips fruits and dandelion roots. Translated from Buryat language the name of the product means "herb of life" – this is how Buryats call St. John's wort herb.

**Ingredients:** St. John's wort herb, corn silk, chamomile flowers, peppermint leaves, dandelion roots, knotweed herb, everlasting flowers, rose hips fruits, tansy flowers.

30 tea bags x 1.5 g  
500021  
**5,46 €**



### ELEMVITALS. SELENIUM WITH SIBERIAN HERBS

This product is enriched with organic selenium – an important microelement essential for healthy hair and nails, which also supports the immune system and thyroid functioning. Selenium, vitamins C and E ensure better cellular protection against oxidative stress. Vitamin C helps to normalize the immune system operation.

**Ingredients:** garlic extract, acerola extract, inactivated yeast, rose hips extract, DL-alpha-tocopherol acetate, Baikal skullcap extract, Mediterranean pine extract.

60 capsules / 30.6 g  
500031  
**14,23 €**

## NATURAL DETOX SOLUTION

HELP YOUR BODY ELIMINATE  
TOXINS AND OTHER METABOLIC WASTES



### LYMPHOSAN L VITALITY

This botanical product with pectin is rich in dietary fibers – vital elements for normal functioning of the digestive system. Pectins are a type of dietary fiber that helps maintain normal blood cholesterol levels. The product contains well-known milk thistle extract, precious extracts of mint, chamomile, thyme, St. John's Wort herb and aloe vera.

**Ingredients:** pectin, guar gum, mint extract, topinambur roots powder, chamomile flowers extract, thyme extract, milk thistle fruits, St. John's wort herb extract, aloe vera extract.

90 g  
500042  
**14,23 €**

CHOOSE YOUR OWN SUPPLEMENT SET TO HELP YOUR EYES SEE BETTER!



**SYNCHROVITALS VII**

This product is intended for those who spend much time in front of computer or other gadgets. It contains a wide range of botanical pigments and light filters: lutein, zeaxanthin and beta-carotene. The complex is additionally enriched with natural anthocyanins and vitamin A, which helps to support good vision.

**Ingredients (Complex No.1):** hibiscus flowers extract enriched with anthocyanins, bilberry fruits extract enriched with anthocyanins, cellulose, aronia fruits extract enriched with anthocyanins, maltodextrin.  
**Ingredients (Complex No. 2):** acerola extract, maltodextrin, rose hips extract, lutein-rich African marigold extract, cellulose, beta-carotene, ascorbyl palmitate, modified starch, synthetic zeaxanthin, corn starch, sucrose, sodium ascorbate.

60 capsules / 30.9 g  
 500050  
**23,43 €**



**ELEMVITALS. ZINC WITH SIBERIAN HERBS**

The product contains organic zinc and copper as well as natural vitamin C. Zinc helps to normalize the metabolism of carbohydrates and macronutrients and is essential for healthy bones, hair and skin. Copper supports the immune system and protects cells from oxidative stress.

**Ingredients:** acerola fruits extract, echinacea herb extract, burdock root extract, rose hips fruits extract, zinc lactate, zinc citrate, copper citrate.

60 capsules / 34.2 g  
 500040  
**14,23 €**



**TRIMEGAVITALS. SIBERIAN LINSEED OIL AND OMEGA-3 CONCENTRATE**

This complex is rich in omega-3 acids in the form of the concentrated ethylic ether of fatty acids. The natural source of acids is the richest linseed oil. Omega-3 acids are an essential part of a healthy diet. The product is enriched with vitamin E.

**Ingredients:** ethylic ether of fatty acid made of fish oil, gelatin, linseed oil, DL-alpha-tocopherol acetate, antioxidants: ascorbyl palmitate, tocopherol-rich extracts, rosemary extract.

30 capsules / 23.7 g  
 500062  
**13,70 €**



**TRIMEGAVITALS. LUTEIN AND ZEAXANTHIN SUPERCONCENTRATE**

The complex contains a high concentration of natural pigments and light filters – lutein and zeaxanthin – for those who spend a lot of time in front of computer monitor or screens of other devices. Its formula is additionally enriched with Siberian sea-buckthorn oil and vitamin E which helps to protect cells from oxidative stress.

**Ingredients:** sea-buckthorn oil (57%), lutein-rich African marigold extract (7%), zeaxanthin (0.1%), DL-alpha-tocopherol acetate, antioxidants of DL-alpha-tocopherol.

30 capsules / 20.7 g  
 500102  
**14,23 €**



**RENAISSANCE TRIPLE SET. FORMULA 3**

Food supplement with botanical extracts, vitamins and minerals

Renaissance Triple Set. Formula 3 is a complex set of active components of botanical and mineral origin. Microelements and vitamins help protect cells from oxidative stress, ensure the healthy functioning of the immune system and reduce fatigue.

**Ingredients:** grape seeds extract, cranberry fruits extract, sage extract, thyme extract, oregano extract, ascorbic acid, green tea extract, DL-alpha-tocopherol, lycopene, bilberry extract, rutin, BetaTab 20%, Mediterranean pine extract, maltodextrin, zinc citrate, thiamine hydrochloride, riboflavin, pyridoxine hydrochloride, manganic sulfate, copper sulfate, potassium iodide, sodium selenite, chromium picolinate, retinol.

120 capsules / 64.8 g  
 500113  
**31,57 €**





## ELEMVITALS. CALCIUM WITH SIBERIAN HERBS

Food supplement with vitamins and minerals

Calcium, zinc, manganese and vitamin D are essential for healthy bones. Calcium regulates muscles functioning and plays an important role in cell division. Vitamin B6 helps to normalize the immune system functioning. Vitamin C contributes to the collagen synthesis, while vitamin D facilitates the absorption of calcium and phosphorus.

**Ingredients:** calcium carbonate, gelatin, maltodextrin, calcium hydroxyapatite, zinc citrate, soybean extract, horsetail extract, ascorbic acid, DL-alpha-cholecalciferol, pyridoxine hydrochloride, zinc citrate, manganese sulfate.

60 capsules / 42 g  
500054 **9,63 €**

## ELEMVITALS. ZINC WITH SIBERIAN HERBS

Food supplement with extracts of zinc, copper, vitamin C and botanical extracts

The product contains organic zinc and copper as well as natural vitamin C. Zinc helps to normalize the metabolism of carbohydrates and macronutrients and is essential for healthy bones, hair and skin. Copper supports the immune system and protects cells from oxidative stress.

**Ingredients:** acerola fruits extract, echinacea herb extract, burdock root extract, rose hips fruits extract, zinc lactate, zinc citrate, copper citrate.

60 capsules / 34.2 g  
500040 **14,23 €**

## ELEMVITALS. SELENIUM WITH SIBERIAN HERBS

Food supplement with selenium, vitamins and botanical extracts

This product is enriched with organic selenium that is essential for healthy hair and nails, and supports the immune system and thyroid gland functioning. Selenium, vitamins C and E ensure better cellular protection against oxidative stress.

**Ingredients:** garlic extract, acerola extract, inactivated yeast, rose hips extract, DL-alpha-tocopherol acetate, Baikal skullcap extract, Mediterranean pine extract.

60 capsules / 30.6 g  
500031 **14,23 €**

## ELEMVITALS. MAGNESIUM WITH SIBERIAN HERBS

Food supplement with magnesium and botanical extracts

Magnesium plays an important role in the nervous system and muscles support and contributes to the reduction of fatigue. The product is enriched with plant extracts (valerian, Baikal skullcap and hawthorn fruits) in the most organic form for the body.

**Ingredients:** magnesium citrate, gelatin, valerian extract, hawthorn fruits extract, Baikal skullcap extract.

60 capsules / 36 g  
500038 **12,20 €**

## ELEMVITALS. IODINE WITH SIBERIAN HERBS

Food supplement with extracts of iodine, selenium and plants

The product includes bladderwrack and kelp – seaweeds with a high content of iodine. This product is additionally enriched with selenium, which helps to support normal immune system functioning, as well as extracts of rhodiola rosea and astragalus.

**Ingredients:** bladderwrack (seaweed), gelatin, rhodiola rosea roots powder, kelp leaf extract, astragalus extract, yeast enriched with selenium, maltodextrin, dye: ammonia caramel (E150c).

60 capsules / 33 g  
500089 **7,70 €**

## ELEMVITALS. IRON WITH SIBERIAN HERBS

Food supplement with iron, vitamins and botanical extracts

The product contains organic compounds of iron, which contribute to the normal oxygen transfer through the body. Vitamin C enhances the absorption of iron, riboflavin, while vitamin B6 and niacin contribute to normal energy metabolism.

**Ingredients:** burdock root extract, eleutherococcus extract, L-ascorbic acid, ferrous fumarate, deer antler powder, maltodextrin, nicotinamide, thiamine mononitrate, riboflavin, pyridoxine hydrochloride, folic acid.

60 capsules / 36 g  
500039 **17,33 €**



### LYMPHOSAN PURE LIFE

Food supplement which affects human adaptation mechanisms. Extracts of maral root, ginseng and eleuthero help to overcome fatigue and ensure better recovery after intense exercises.

**Ingredients:** pectin, guar gum, topinambur roots powder, fennel extract, burdock root extract, olive leaf dry extract, martynia extract, Baikal skullcap extract, eleuthero extract, rose hips extract, horsetail extract, echinacea extract, aloe vera extract.

90 g  
500030  
**14,23 €**



### ADAPTOVIT TONIFYING COMPLEX

Food supplement with maral root, rhodiola rosea, eleutherococcus and ginseng

Food supplement which affects human adaptation mechanisms. Extracts of maral root, ginseng and eleuthero help to overcome fatigue and ensure better recovery after intense exercises.

**Ingredients:** water, schizandra seeds extract, ginseng root extract, eleuthero root extract, rhodiola rosea root and rhizome extract, leuzea root extract, sodium benzoate [E211], ethyl alcohol.

10 ml  
500094  
**10,70 €**



### ELEMVITALS. ZINC WITH SIBERIAN HERBS

The product contains organic zinc and copper as well as natural vitamin C. Zinc helps to normalize the metabolism of carbohydrates and macronutrients and is essential for healthy bones, hair and skin. Copper supports the immune system and protects cells from oxidative stress.

**Ingredients:** acerola fruits extract, echinacea herb extract, burdock root extract, rose hips fruits extract, zinc lactate, zinc citrate, copper citrate.

60 capsules / 34.2 g  
500040  
**14,23 €**



### SYNCHROVITALS V

The product contains the ResistAid™ complex – a combination of arabinogalactan and polyphenols obtained from the larch tree. Arabinogalactan, as a source of soluble dietary fibers, normalizes the gastrointestinal tract state, and as a result, beneficially affects the immune system.

**Ingredients (Complex No.1):** arabinogalactan extracted from larch tree, cellulose, ginseng root extract, plantain leaf extract, glucose, maltodextrin.

**Ingredients (Complex No.2):** arabinogalactan extracted from larch tree, sage leaf extract, chamomile flowers extract, thyme extract, lactose, dyes: titanium dioxide [E171], copper complexes of chlorophyll and chlorophyllin [E141].

60 capsules / 27 g  
500073  
**18,30 €**

## IMMUNE SYSTEM SUPPORT

ALL YOU NEED TO BOOST THE IMMUNE SYSTEM



### SIBERIAN PROPOLIS Silver Elixir (Protective)

Propolis is one of the most effective means of resistance to various negative impacts. Silver Elixir is a rich source of propolis in the form of easily absorbable propolis emulsion. The product formula is also fortified with valuable Siberian herbs and berries.

**Ingredients:** propolis, honey, echinacea herb extract, sea-buckthorn fruits extract, Kuril tea extract, angelica root extract, rose hips fruits extract, thyme herb extract, calendula flowers extract, lingonberry fruits extract, currant leaf extract, water, ethanol.

150 ml  
400523  
**12,73 €**

## A GLIMPSE INTO THE WORLD OF SIBERIAN PURE HERBS



### SIBERIAN GOLDEN ROOT

*Rhodiola rosea*

Rhodiola rosea or Siberian golden root is the most widespread plant-adaptogen in Siberia. Unlike maral root and eleuthero, golden root grows much farther to the North than any other adaptogenic plants at an altitude of 3,000-5,000 feet. And due to the harsh habitat it is extremely frost-resistant and can endure up to -60 °C (-76 °F)!



### SIBERIAN GINSENG

*Eleutherococcus senticosus*

A famous Siberian scientist I. Brekhman conducted years of studies on various native Siberian plants, trying to find a replacement for Red Ginseng as a stimulant. He wanted to find a new herb that would increase resistance to any stress, and do so without side effects. Multi-year trials were completed with success: all of these qualities were found in eleutherococcus root which was soon called Siberian Ginseng.



### SIBERIAN ARALIA

*Aralia mandshurica*

Teas, and in more recent times alcohol tinctures as well, made from the bark, roots, and flowers of this thorny shrub were historically used in Siberia to treat fatigue, physical and lack of sexual vigor and headaches. Together with Siberian ginseng and Golden root, Aralia is now considered as one of the most famous Siberian adaptogenic plants.



### MARAL ROOT

*Leuzea carthamoides*

Leuzea carthamoides or maral root is a favorite plant of marals (type of Siberian deer that inhabit the Altai mountains). Long time ago local people noticed that marals often fed on the roots of Leuzea when exhausted, that's why it was given such a name – maral root. Indeed, this is a very powerful adaptogen and is known for its high content of ecdysterone – a natural anabolic.



### SIBERIAN LARCH

*Larix sibirica*

Young twigs and branches of this tree contain a unique antioxidant – dihydroquercetin. It's a close relative of another well-known antioxidant – quercetin, but due to some differences in its chemical structure, dihydroquercetin possesses significantly higher antioxidant properties.



### SIBERIAN RAMSONS

*Allium ursinum*

Siberian bears like to dig for the bulbs of this small plant with a very strong garlic-like scent, and that is the reason for its Latin name, which is translated as "bear's onion". The local people also knew about its rich vitamin content and harvested large amounts of its leaves and stems to preserve by salting for long winters.



### CHAGA MUSHROOM

*Inonotus obliquus*

Chaga is a mushroom that grows for decades on old birch trunks and can reach up to 3 feet in diameter. Siberian shamans believed that these mushrooms accumulated the sacred energy of the Earth which they used for centuries for strengthening the body and the mind. However, they always warned people to be careful when harvesting Chaga because of the danger of being shocked by the dramatic energy that could be released.



### SIBERIAN SEA-BUCKTHORN

*Hippophae rhamnoides*

These small bright orange berries contain possibly the highest amount of bio-available beta-carotene, and not only in Siberia, but on the whole planet. "Bio-available" means that sea-buckthorn beta-carotene is already dissolved in natural oil and thus is ready to be absorbed by the body in contrast to most of all the other beta-carotene sources that lack natural oil or fat.



### SIBERIAN CEDAR

*Pinus sibirica*

This is one of the tallest trees in Siberian forests. It reaches up to 150 feet in height and its trunk can reach 7 feet in diameter. Siberian Cedar is also a symbol of longevity, having an astounding lifespan of up to 500-700 years. The seeds of Siberian Cedar are a very important staple in the diet of the locals.



### SIBERIAN ANGELICA

*Angelica archangelica*

The fluted stem of this plant can easily reach 6 feet in height and its fragrant flowers form a huge "umbrella" up to 4-5 feet in diameter. And thus it is one of the biggest grassy plants in Siberian forest. The local people used to drink its sweet and fragrant sap, which is accumulated within its hollow stem in large amounts.



### BERGENIA

*Bergenia crassifolia*

This plant, which is also known as badan or Siberian tea, has very thick and hard leaves that can survive during even the most severe winters. In spring and summer these old leaves undergo natural self-fermentation and become dark and dry. The local people gather them to brew a very aromatic and tonifying tea.



### ZIZIPHORA

*Ziziphora bungeana*

Coming home to their yurts and to a hot mug of Ziziphora tea with a pat of yak butter floating on top after a hard day of wolf hunting on horseback with berkuts (the big Siberian eagles they hunt with) is an ancient tradition of Altai nomads. They believed that Ziziphora invigorates the heart and nourishes the blood.



NATURAL SIBERIAN HERBS, MUSHROOMS, SPICES AND BERRIES THAT WE USE IN OUR PRODUCTS



**LYMPHOSAN PURE LIFE**

This botanical product with pectin is rich in dietary fibers – vital elements for normal functioning of the digestive system. Pectins are a type of dietary fiber that helps maintain normal blood cholesterol levels. The product formula is additionally enriched with botanical extract of fennel, precious burdock root and olive leaves.

**Ingredients:** pectin, guar gum, topinambur roots powder, fennel extract, burdock root extract, olive leaf dry extract, martynia extract, Baikal skullcap extract, eleuthero extract, rose hips extract, horsetail extract, echinacea extract, aloe vera extract.

90 g  
500030  
**14,23 €**



**ELEMVITALS. IODINE WITH SIBERIAN HERBS**

The product includes bladderwrack and kelp – seaweeds with a high content of iodine. This product is additionally enriched with selenium, which helps to support normal immune system functioning, and extracts of rhodiola rosea and astragalus.

**Ingredients:** bladderwrack (seaweed), gelatin, rhodiola rosea roots powder, kelp leaf extract, astragalus extract, yeast enriched with selenium, maltodextrin, dye: ammonia caramel (E150c).

60 capsules / 33 g  
500089  
**7,70 €**



**FITNESS CATALYST-CHROMLIPAZA**

Botanical complex with organic chromium facilitates proper microelements metabolism. Thanks to the chromium, which supports normal blood sugar level, the product enhances fitness workouts efficacy.

**Ingredients:** momordica extract, gelatin, green tea extract, eleuthero extract, chromium picolinate.

60 capsules / 36 g  
500004  
**16,26 €**



**NATURAL INULIN CONCENTRATE**

Natural Inulin Concentrate is a complex of vital and biologically active ingredients of a unique plant – Jerusalem artichoke or topinambur. Topinambur was widely recognized after it was found that its roots contain inulin. Inulin helps to normalize carbohydrate and fat metabolism and support healthy intestinal microflora.

**Ingredients:** topinambur powder.

110 g  
400468  
**6,10 €**



MATCH AN INDIVIDUAL PROGRAM OF EXERCISES AND TAKE FOOD SUPPLEMENTS TO KEEP FIT!

**FITNESS CATALYST-ACTIFIBER**

It is a rich complex of plant-derived pectins that supports a lot of vital processes. In particular, it is proved that daily pectins intake (6 g) helps maintain a normal cholesterol level in the blood.



**Ingredients:** pectin blend, guar gum, laminaria, burdock root, marshmallow root, dye: titanium dioxide (E171).

120 capsules / 64.8 g  
500008  
**10,70 €**

## FITNESS CATALYST

BODY TRANSFORMATION



### FITNESS CATALYST-ACTIFIBER

Food supplement with soluble dietary fiber and iodine

It is a rich complex of plant-derived pectins that supports a lot of vital processes. In particular, it is proved that daily pectins intake (6 g) helps maintain a normal cholesterol level in the blood.

**Ingredients:** pectin blend, guar gum, laminaria, burdock root, marshmallow root, dye: titanium dioxide (E171).

120 capsules / 64.8 g  
500008

**10,70 €**



### FITNESS CATALYST-CHROMLIPAZA

Food supplement with chromium, catechins and phenols

Botanical complex with organic chromium facilitates proper microelements metabolism. Thanks to the chromium, which supports normal blood sugar level, the product enhances fitness workouts efficacy.

**Ingredients:** momordica extract, gelatin, green tea extract, eleuthero extract, chromium picolinate.

60 capsules / 36 g  
500004

**16,26 €**

DON'T GIVE IN TO LIMITATIONS! WE HAVE EVERYTHING TO HELP YOU ENJOY THE EASE OF MOVEMENT!



**SYNCHROVITALS VI**

This product includes a well-known composition of two ingredients: glucosamine hydrochloride and chondroitin sulfate. Their properties are fortified with famous botanical extracts of white willow bark, meadowsweet and rose hips. Vitamin C facilitates collagen synthesis, essential for joints normal functioning.

**Ingredients (Complex No.1):** glucosamine hydrochloride (extracted from crustacean), willow bark extract, chondroitin sulfate, hydroxypropyl methylcellulose.  
**Ingredients (Complex No.2):** glucosamine hydrochloride (extracted from crustacean), meadowsweet extract, chondroitin sulfate, hydroxypropyl methylcellulose, rose hips fruits extract, dyes: titanium dioxide [E171], copper complexes of chlorophyll and chlorophyllin [E141].

60 capsules / 41.4 g  
500065  
**13,27 €**



**ELEMVITALS. CALCIUM WITH SIBERIAN HERBS**

Calcium, zinc, manganese and vitamin D are essential for healthy bones. Calcium regulates muscles functioning and plays an important role in cell division. Vitamin B6 helps to normalize the immune system functioning. Vitamin C contributes to the collagen synthesis, while vitamin D facilitates the absorption of calcium and phosphorus.

**Ingredients:** calcium carbonate, gelatin, calcium hydroxyapatite, zinc citrate, soybean extract, horsetail extract, ascorbic acid, DL-alpha-cholecalciferol, pyridoxine hydrochloride, zinc citrate, manganese sulfate.

60 capsules / 42 g  
500054  
**9,63 €**



**UJAN NOMO**

"Supple Bow"

Ujan Nomo tea blend formula was specially designed to maintain normal joints function. Translated from the Buryat language Ujan Nomo means "supple bow".

**Ingredients:** blackcurrant leaves, meadowsweet herb, dandelion roots, rose hips fruits, licorice root, horsetail herb, lingonberry leaves.

30 tea bags x 1.5 g  
500025  
**5,56 €**



**UYAN NOMO  
JOINT COMFORT NATURAL RELIEF CREAM**

Body cream with chondroitin and organic sulfur

The product formula is packed with essential oils, botanical extracts and natural revitalizing ingredients. Organic sulfur and chondroitin activate skin metabolism, while botanical extracts and oils soothe and bring the feeling of comfort.

**Active ingredients:** galipot, chondroitin, organic sulfur, comfrey and marsh cinquefoil extracts, papain, complex of essential oils (eucalyptus, fir, rosemary, frankincense, clove).

100 ml  
402579  
**5,83 €**



**TRIMEGAVITALS. SIBERIAN BORAGE AND AMARANTH OIL**

The complex contains one of the omega-6 acids (gamma-linolenic) and a complex of vitamins E and D. Vitamin E protects the body against oxidative stress, while vitamin D supports the immune system.

**Ingredients:** borage oil, gelatin, amaranth oil, DL-alpha-tocopherol acetate, cholecalciferol.

30 capsules / 23.7 g  
500049  
**14,23 €**



**CHAMPION'S  
CHOICE**



**HIGH-GRADE  
SPORTS  
NUTRITION**

**BY SIBERIAN WELLNESS**

RECOMMENDED BY PROFESSIONALS

### **ALEKSEY SHABUNYA**

EUROPEAN CHAMPION, SILVER MEDALIST OF THE WORLD CHAMPIONSHIP IN BODYBUILDING, EIGHT-TIME ABSOLUTE CHAMPION OF THE REPUBLIC OF BELARUS.

### **ROMAN GRISHCHENKO**

BRONZE MEDALIST OF THE GREAT CUP FOR THE TITLE OF THE MOST PHYSICALLY FIT ATHLETE OF THE CIS COUNTRIES – 2017 (AS A TEAM MEMBER), ATHLETE, CO-OWNER OF THE CROSSFIT BERLOGA CLUB, WINNER AND AWARDEE OF RUSSIAN AND INTERNATIONAL COMPETITIONS, THE FIRST AMBASSADOR OF THE SIBERIAN SUPER NATURAL SPORT BRAND.

# SIBERIAN SUPER NATURAL SPORT



## OMEGA-3 ULTRA

Food supplement with polyunsaturated omega-3 acids

High concentration of omega-3. Four capsules contain 100% daily value of the most important omega-3 acids: eicosapentaenoic and docosahexaenoic acids, derived from refined marine fish oil.

**Ingredients:** fish oil concentrate (ethyl ether), gelatin.

120 capsules / 102 g  
500484

**20,65 €**

**HIGH CONTENT OF OMEGA-3 FATTY ACIDS FOR DAILY INTAKE**



## BCAA COMPLEX

Food supplement with amino acids

Developed for the intense workouts the nutritional blend contains three essential amino acids that our body cannot produce by itself.

With a daily dosage of leucine, isoleucine, and valine at a 2:1:1 ratio you get 5 g of amino acids.

**Ingredients:** L-leucine, L-isoleucine, L-valine, cellulose microcrystalline, polyvinyl alcohol (coating), magnesium salts of fatty acids (release agent), polyethylene glycol (coating), talc (release agent).

120 tablets / 123.6 g  
500277

**14,34 €**



## L-CARNITINE

Food supplement with L-carnitine

Two capsules are rich in 726 mg of pure L-carnitine. It is a perfect choice for those who actively do sports and fitness.

**Ingredients:** L-carnitine, L-tartrate, capsule: gelatin, dye: titanium dioxide.

120 capsules / 72 g  
500285

**14,12 €**



## MEGA ESSENTIALS

Food supplement with vitamins and minerals

The complex of 13 vitamins and 8 minerals will provide the body with essential nutrients, which are vital during vigorous physical activity. The product is enriched with complex of vitamins A, E, and C. Riboflavin (vitamin B2) helps to reduce fatigue and improve endurance, vitamins B6, B12 and pantothenic acid are essential for the normal energy metabolism. Manganese, calcium and vitamin D ensure perfect care for the bones. Copper and iodine contribute to normal functioning of the nervous system, iron facilitates rapid recovery, selenium supports the immune system, zinc normalizes carbohydrate metabolism, while magnesium helps to maintain normal muscle function. The complex of vitamins and minerals will help you to do sports with pleasure!

**Ingredients:** calcium carbonate, magnesium citrate, filler: microcrystalline cellulose, vitamins C, A, D3, E, K1, B1, B2, B6, B12, nicotinamide, folic acid, pantothenic acid, biotin, zinc sulphate, copper sulfate, potassium iodide, ferrous lactate, manganese sulfate, sodium selenite, tablet coating – polyvinyl alcohol, anti-caking agent: polyethylene glycol, dye: titanium dioxide, talc, release agent, dyes: iron oxides and hydroxides.

120 tablets / 167.4 g  
500284

**14,77 €**

# SIBERIAN SUPER NATURAL SPORT



## DOUBLE-PHASE HI-GRADE PROTEIN STRAWBERRY/BILBERRY

Multi-component protein drink with bilberry or wild strawberry juice is a well-balanced combination of fast-digesting (whey protein isolate) and slow-digesting proteins (casein). The cocktail also contains the branched-chain amino acids (BCAA). Protein ensures muscle gain and healthy bones.

Handy: take a small pack to workout or walking to complement your daily diet!

**Ingredients:** milk protein concentrate (89%), whey protein isolate (4%), natural flavor (3%), L-carnitine (2%), wild strawberry powder (0.3%) / bilberry powder (0.45%), citric acid, sweeteners: steviol glycosides, cyanocobalamin.

375 g (15x25 g)  
500447/500448

**24,72 €**



## MULTICOMPONENT HI-GRADE PROTEIN

Multicomponent Hi-Grade Protein consists of high-quality proteins with different digestion time: protein hydrolysate and amino acids (BCAA), whey protein and casein. The product is packed with one of the most popular ingredients among sports fans that increase energy levels thanks to which it will ideally suit both professional athletes and beginners. Protein ensures muscle gains and healthy bones. 0% of artificial flavors and thickeners, 0% of fillers, 0% of plant protein.

**Ingredients:** milk protein concentrate (80.3%), cocoa powder (7.5%), whey protein hydrolysate (4%), whey protein isolate (4%), L-leucine (2%), L-isoleucine (1%), L-valine (1%), sweetener: steviol glycosides, soy lecithin (emulsifier).

450 g (15x30 g)  
500466

**24,72 €**



## WHEY SILVER ICE PRO

One serving contains 24 g of whey protein, 7.5 g of which – hi-grade BCAA. Protein ensures muscle gain and healthy bones.

Handy: take a small pack to workout or walking to complement your daily diet! 0% of artificial flavors and thickeners, 0% of preservatives, 0% of fillers, 0% of plant protein.

**Ingredients:** whey protein isolate (80.2%), milk protein concentrate (7%), highly refined cocoa (6%), psyllium husks (3%), L-leucine (1.7%), L-isoleucine (0.9%), L-valine (0.9%), sweetener: steviol glycosides, soy lecithin (emulsifier).

450 g (15x30 g)  
500366

**41,20 €**



0%  
artificial flavors,  
additives and plant  
proteins

**Yoo  
Go!**

The brand of  
efficient healthy  
nutrition



**Tasty!**

Cocoa powder and natural sweetener from stevia extract provide a pleasant, not too sweet taste.



**Healthy!**

Carefully selected ingredients.



**Handy!**

Just put it in your pocket and have it on the go!



**YOO GO! SHAKE IT!**

Powder for making a protein drink with cocoa and ginger, with a sweetener

This nutrient-rich cocktail based on milk protein concentrate was designed specifically for people who watch their weight. 15.5 g of protein helps maintain and gain muscle bulk, as well as preserve normal bone tissue. 2.5 mcg (100% of daily intake / NRV\*) of vitamin B12 helps to reduce fatigue and contributes to the normal functioning of the nervous system and immune function. 24 mg (30% of the daily intake / NRV\*) of vitamin C promotes the normal formation of collagen for normal bone functioning, supports immunity during and after exercise.

**Ingredients:** milk protein (milk protein concentrate) (70%), psyllium husks (10%), fat-free cocoa (10%), ginger root powder (3%), L-carnitine tartrate (2%), oat beta-glucans (1%), gamma-linolenic acid from borage seed oil (contains fish gelatin) (1%), bitter melon extract (momordica) (1%), fish oil (1%), acerola extract (0.5%), steviol glycosides of stevia leaves, cyanocobalamin, L-ascorbic acid.

175 g (7x25 g) 500541

**12,95 €**

\* NRV – Nutrient Reference Value.



**FRESH BREATH MOUTHWASH**

Collection presents new formula for the fresh breath. Extracts of Siberian larch and mint, sage, licorice, as well as Japanese knotweed and Baikal skullcap possess preventive properties, maintain oral hygiene and pleasantly refresh the breath.

**Active ingredients:** chlorophyllipt (eucalyptus leaf extract), Siberian larch extract, eucalyptus oil, mint extract, extracts of sage, licorice, Japanese knotweed, Baikal skullcap, chamomile, tea tree oil.

250 ml  
401915

**6,43 €**



0% of fluorine, lauryl sulfates, PEG, parabens, harsh abrasives, antiseptics, synthetic dyes and flavors.

These products are not tested on animals.



**SIBERIAN PROPOLIS**

Extra Rich Botanical Toothpaste. Natural oral care. Siberian Propolis Extra Rich Botanical Toothpaste contains natural propolis emulsion, essential oils and extracts of Siberian plants.

**Active ingredients:** bee propolis, extracts and oils complex of bergenia, sage, chamomile, geranium, and sea-buckthorn.

75 ml 403380

**6,19 €**

**SIBERIAN SEA-BUCKTHORN**

Extra Rich Botanical Toothpaste. Sensitive Teeth Care. Siberian Sea-Buckthorn Extra Rich Botanical Toothpaste is a natural solution to protect and care for the most sensitive teeth and gums. It contains essential sea-buckthorn fruits oil and juice that are rich in the antioxidant properties.

**Active ingredients:** sea-buckthorn oil, calendula macerate, sea-buckthorn extract (fruits), natural menthol, oregano extract.

75 ml 403024

**6,19 €**

**SIBERIAN ROSE HIP**

Extra Rich Botanical Toothpaste. Natural Repair and Renewal. Siberian Rose Hips Extra Rich Botanical Toothpaste contains natural red clay minerals, essential oils and precious plant extracts: rose hips, juniper, sage, sea-buckthorn and chamomile.

**Active ingredients:** Siberian rose hips extract, red clay, extracts of Siberian juniper, sage, sea-buckthorn and chamomile.

75 ml 403379

**6,19 €**



# ENDESSENCE

ESSENCES OF ENDEMIC SIBERIAN PLANTS

## ENDESSENCE – A BESPOKE ENHANCING COMPLEX WITH THE VITAL POWER OF ENDEMIC SIBERIAN PLANTS.

### PURE HERBAL COSMETICS:

- Ultra-rich formula;
- Targeted action;
- Fast-acting and visible effect.

### ENDESSENCE EFFECT:

- Enhances the effect of cosmetics' ingredients.
- Provides antioxidative protection, supports skin protective properties.
- Promotes regeneration, increasing the skin cells lifespan, thereby prolonging youth at the cellular level.

### ENDESSENCE TECHNOLOGIES

Unlike traditional means of extraction, revolutionary technology Eutectys™ makes it possible to preserve "viable" and highly bioactive juice of endemic plants by almost completely extracting their precious assets.

### ENDESSENCE HERBS

ENDESSENCE complex is based on the vital essences of five endemic Siberian herbs:

- Baikal skullcap is known for its adaptogenic, antioxidant and anti-aging properties.
- Siberian Leuzea (maral root) delivers tonifying, invigorating and adaptogenic effects.
- Rhododendron is famous for its antioxidant and antiseptic properties, and contributes to better cellular metabolism.
- Siberian Ginseng possesses invigorating, tonifying and adaptogenic properties.
- Rhodiola helps to cleanse cells from toxins and wastes, normalize metabolism and strengthen the immune system.

The combination of highly bioactive essences of endemic plants\* and revolutionary extraction technology resulted in a highly effective complex – ENDESSENCE.

\* Endemic plants or endemics – plants, growing solely on the particular territory (in this case – in Siberia).

ULTRA-SOFT  
FORMULA  
ENRICHED WITH  
RARE BOTANICAL  
OILS



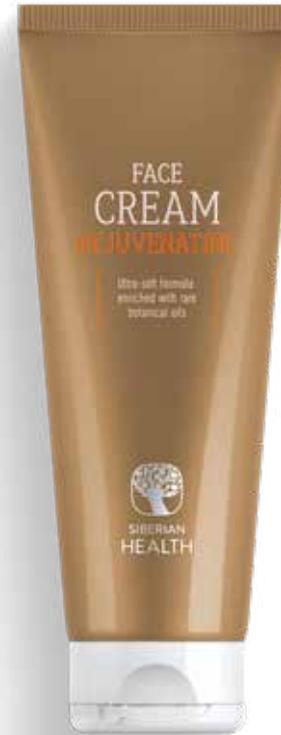
**REJUVENATING EYE CREAM**

Revitalize your eye contour with this powerful anti-aging cream formulated with endemic Siberian plants, essential minerals and botanical oils. Its velvety formula deeply hydrates the skin, targets puffiness and fine lines and gives your eyes a younger and brighter look.

15 ml  
409254

**5,95 €**

**Active ingredients:** sea-buckthorn oil, echium plantagineum seed oil, extracts of oat and linseed, ENDESSENCE – essences of endemic Siberian plants (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).



**REJUVENATING FACE CREAM**

Siberian endemic plants, powerful herbal antioxidants and rare botanical oils have been formulated into this advanced and highly active skin-nourishing cream. Its extra rich rejuvenating formula targets all signs of fatigue and aging, dehydration, fine lines, loss of radiance and elasticity.

75 ml  
409253

**8,33 €**

**Active ingredients:** sea-buckthorn oil, echium plantagineum seed oil, extracts of oat and linseed, ENDESSENCE – essences of endemic Siberian plants (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).



**REJUVENATING FACIAL CLEANSING GEL**

This gentle herbal gel, formulated with 10 botanical extracts and oils, deeply cleanses, rebalances, tones and mildly scrubs your skin without over-drying. Effectively removes makeup and traces of excess sebum, leaving your skin thoroughly refreshed and rejuvenated.

300 ml  
409252

**7,14 €**



**VOLUMIZING SHAMPOO**

This natural herbal shampoo for fine hair boosts strands for natural volume. It gently cleanses your hair, helping to remove oil and build-up and hold voluminous styles longer. Now your hair looks and feels healthier with a fuller and thicker appearance!

250 ml  
409257

**7,14 €**

**VOLUMIZING HAIR CONDITIONER**

Siberian plants provide a gentle natural formula that thickens and strengthens your hair, creating full volume and healthy shine.

250 ml  
409258

**7,14 €**

**Active ingredients:** vitamin PP, Siberian thuja oil, essential oils of peppermint, lemon and lime, ENDESSENCE – essences of endemic Siberian plants (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

COMING  
SOON



## HAIR GROWTH SHAMPOO

Shampoo formulated with vitamins B6 and PP, extracts of burdock and ginger helps to normalize the hair follicles activity. ENDESSENCE complex, D-panthenol and inulin moisturize hair leaving it more elastic, healthy and glossy.

**Active ingredients:** vitamin B6, vitamin PP, extracts of burdock and ginger, keratin hydrolyzate, panthenol, inulin, ENDESSENCE – essences of endemic Siberian plants (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

250 ml  
406327

7,97 €



## HAIR GROWTH CONDITIONER

Hair conditioner with apigenin and panthenol ensures strand-strengthening and detangling as well as stimulates hair growth. Extracts of burdock and ginger help normalize hair follicle activity, while ENDESSENCE complex and D-panthenol moisturize hair for the perfect elasticity and brilliant shine.

**Active ingredients:** apigenin, panthenol, extracts of burdock and ginger, essential oils of sage and lavender, ENDESSENCE – essences of endemic Siberian plants (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

250 ml  
404783

9,04 €



## HAIR GROWTH MASK

The mask with hydrolyzed keratin, caffeine and vitamin PP helps to strengthen hair from root to tip and activates its growth. Honey conditioner, ENDESSENCE complex and D-panthenol moisturize and smooth the hair, leaving it soft, glossy and tangle-free.

**Active ingredients:** keratin hydrolyzate, ENDESSENCE – essences of endemic Siberian plants (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap), D-panthenol, extracts of burdock and ginger, essential oils of sage, anise and lavender.

150 ml  
404785

9,40 €

COMING  
SOON



## REVIVING SHAMPOO

Shampoo gently cleanses and restores dry and dyed hair. Vitamins PP and B6 help restore brittle hair, eliminate dryness and protect vibrancy of hair color. Aloe extract and ENDESSENCE complex hydrate hair, restore its vitality, beauty and gloss.

**Active ingredients:** larch polysaccharides, panthenol, extracts of burdock, chamomile and aloe, ENDESSENCE – essences of endemic Siberian plants (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

250 ml  
410276

7,97 €



## REVIVING HAIR CONDITIONER

Hair conditioner with oils of camelina sativa, orange and shea butter adds softness and detangles dehydrated and color treated hair. Hydrolyzed keratin ensures damaged hair repair, while ENDESSENCE botanical complex and extracts of burdock and aloe vera juice deeply hydrate and add brilliant shine.

**Active ingredients:** camelina sativa oil, shea butter, orange peel oil, keratin hydrolyzate, extracts of burdock and aloe vera juice, ENDESSENCE – essences of endemic Siberian plants (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

250 ml  
404786

9,04 €



## REVIVING HAIR MASK

Precious mask with phospholipids and ENDESSENCE complex provides triple care for dry and damaged hair: nourishment, hydration and detangling after every application. Keratin provides selective repair of damaged hair, while punica granatum seed oil softens and smoothes it.

**Active ingredients:** coconut oil, punica granatum seed oil, phospholipids, camelina sativa oil, shea butter, orange peel essential oil, ENDESSENCE – essences of endemic Siberian plants (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap), extracts of burdock and chamomile, soy oil.

150 ml  
405818

10 €

ENDESSENCE



COMING  
SOON

#### SUN CARE FACE CREAM SPF 50

Effective solution for fighting dark spots and signs of photoaging, delicate skin care. Cream with ENDESSENCE botanical complex, panthenol and calendula extract helps to cope with environmental stresses. Highly effective filters provide reliable protection against UVA and UVB rays.

**Active ingredients:** panthenol, calendula oil, vitamin E, combination of highly effective filters, ENDESSENCE – essences of endemic Siberian plants (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

50 ml  
412269

12,02 €

#### SUN CARE BODY LOTION SPF 30

Keep your skin moisturized and protected from UVA/UVB rays exposure and photoaging with the delicate formula based on ENDESSENCE botanical complex. Crambe abyssinica seed oil, vitamin E and calendula oil delicately care of your skin, leaving it soft and supple.

**Active ingredients:** crambe abyssinica seed oil, panthenol, calendula oil, vitamin E, combination of highly effective filters, ENDESSENCE – essences of endemic Siberian plants (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

100 ml  
412270

12,02 €

## BOTANICAL BALMS WITH ACTIVE FORMULAS



### EXTRA RICH MASSAGE BALSAM

This warming and tonifying balsam with its distinctive aroma helps to relieve body discomforts and brings recovery after workouts and weight lifting. It is an all-purpose balsam thanks to the extra rich complex of herbal extracts and Siberian fir oil that delivers: aromatherapy, warming and toning effects.

**Active ingredients:** fir oil, camphor gum, essential eucalyptus oil, galipot, extracts of St. John's wort, thyme, birch polypore, oak bark, peony, coltsfoot, nettle, hop, bergenia, tumbleweed, white clover, angelica, cinquefoil.

250 ml  
401806  
**8,09 €**



### REPAIR GEL

This powerful blend of botanical and essential oils, Siberian bee propolis and royal jelly helps to soothe and repair the skin exposed to sun, wind, frost and insect stings.

**Active ingredients:** sunflower seeds oil, castor oil, bee wax, olive oil, sesame oil, lavender essential oil, galipot, fir essential oil, eucalyptus oil, royal jelly extract, amaranth extract, bee pollen extract, honey extract, rosemary leaf extract, sandal essential oil, tocopherol.

30 ml  
401802  
**6,19 €**



### UYAN NOMO JOINT COMFORT NATURAL RELIEF CREAM

Body cream with chondroitin and organic sulfur

It is a rich blend of essential oils, botanical extracts and natural revitalizing ingredients. Organic sulfur and chondroitin activate skin metabolism, while botanical extracts and oils soothe and bring the feeling of comfort.

**Active ingredients:** galipot, chondroitin, organic sulfur, comfrey and marsh cinquefoil extracts, papain, complex of essential oils (eucalyptus, fir, rosemary, frankincense, clove).

100 ml  
402579  
**5,83 €**



### SCALP TONIFYING LOTION

The lotion is intended for scalp care. Essential oils of the formula promote a soothing effect, herbal extracts contribute to the elimination of excessive flaking. The complex of active ingredients energizes and moisturizes hair follicles giving you a new feeling of a fully revitalized scalp.

**Active ingredients:** extracts of St. John's wort, chamomile, burdock, elder flower, buckwheat, aloe vera, caffeine.

250 ml  
401805  
**8,09 €**

FOR MEN



#### ULTRA COMFORT SHAVING GEL

The gentle formula is specially designed for comfortable and smooth shaving. Active ingredients soften hair and skin. The gel does not cause irritation, helps moisturize the skin.

**Active ingredients:** extracts of plantain and galega, essential oils of sage, mint, juniper, vetiver.

100 ml  
402087

**11,90 €**



#### CALMING AFTER SHAVE BALM

The ultra-rich moisturizer for skin care after shaving with konjak mannan, natural moisturizing factor, bisabolol, inulin complex, cedar oil and herbal extracts. Provides effective refreshing care for a fresh and well-groomed look.

**Active ingredients:** cedar oil, hazelnut and pistachio precious oils, ginger extract, extracts of rosemary, sage, vetiver.

100 ml  
402086

**11,90 €**



#### MALE ESSENTIALS FACIAL CLEANSING WASH

The extra-foaming balm is a specially designed formula for men's skin needs. This balm gently cleanses the skin removing extra sebum and small skin blemishes. Your skin is perfectly matte, clean and fresh within several minutes.

**Active ingredients:** hop extract, angelica extract, plantain extract, thyme extract, pine, sage and vetiver essential oils.

80 ml  
402145

**9,04 €**



**BAARKHAD  
MINK OIL FACE MASK\***

The rich formula of the cream mask effectively nourishes and moisturizes the skin, gives it elasticity and stimulates regeneration. Its formula helps to reduce fine wrinkles on the neck, around the eyes and lips, as well as improves complexion.

**Active ingredients:** bee wax, sea-buckthorn oil, melissa essential oil, jasmine essential oil, mink oil.

100 ml  
400310

**7,14 €**

**HERBAL CLEANSING GEL**

This gentle herbal gel mildly scrubs and effectively removes makeup and impurities. It also soothes and softens skin not irritating eyes. Suits all skin types, especially combined skin.

**Active ingredients:** aloe vera, jojoba granules, extracts of Siberian berries.

80 ml  
401831

**7,97 €**

\* LIMITED!



**NATURAL REVIVAL SHAMPOO\***

The special ingredient of the formula – hydrolyzed keratin – activates hair growth, strengthens and reduces its breakage. D-Panthenol and inulin moisturize and make hair more resilient. Vitamin PP, extracts of burdock and ginger normalize the hair follicles functioning and activate scalp skin micro circulation. Essential oils eliminate itching, flaking and enhance hair natural glow.

**Active ingredients:** burdock extract, sage oil, ginger root extract and mint oil.

250 ml  
401821

**9,04 €**

**NATURAL REVIVAL HAIR  
CONDITIONER\***

Thanks to its formula enriched with botanical extracts the conditioner strengthens hair roots and improves hair follicles functioning. The total nourishment provide better hair growth, making it shiny, smooth and thick. Besides, it hydrates hair and delivers its natural glow and radiance. Burdock extract enhances hair elasticity and prevents its loss and breakage. Natural oils enhance a healthy shine.

**Active ingredients:** extracts of burdock and ginger, algaroba extract, essential oils of sage, anise and lavender.

250 ml  
401823

**9,04 €**

\* LIMITED!

## A GLIMPSE INTO THE WORLD OF SIBERIAN PURE HERBS



## NATURAL SIBERIAN HERBS, MUSHROOMS, SPICES AND BERRIES THAT WE USE IN OUR PRODUCTS



**SIBERIAN FIR**  
*Abies sibirica*

This tall evergreen tree is famous for its resin. Unlike pines or cedars, the trunk of the fir tree has a very thin, soft and smooth bark studded with numerous little resin swellings. The indigenous people used to prick these swellings with a needle or a knife and then gather the outflowing resin to use it for healing wounds.



**SIBERIAN JUNIPER**  
*Juniperus sibirica*

For centuries the Siberian people knew about the antibacterial and antifungal properties of Juniper, which is very rich in volatile oils. They brewed its young twigs in boiling water and then with this hot infusion they washed the barrels that they used for preserving food during the long winters.



**AMUR CORK TREE**  
*Phellodendron amurense*

Along with the famous ginkgo biloba, the Amur Cork Tree is a relict tree, which means that it existed on the Earth before the Ice Age when most primeval plants had already died. The bark of this tree is highly revered in traditional Chinese medicine as a multi-purpose medicine.



**SIBERIAN FIREWEED**  
*Chamerion angustifolium*

This was a very important plant for the local Siberian population. The leaves of Fireweed can undergo natural fermentation, much like real tea, and thus they were in wide use for centuries as an excellent substitute for common tea.



**GUELDER ROSE**  
*Viburnum opulus*

Guelder rose berries are very sour and are deemed uneatable in most countries where they grow. Since Siberian food potential is limited, locals managed to use these berries. In particular, they use these berries as a traditional Siberian pie filler.



**SIBERIAN CRANBERRY**  
*Vaccinium oxycoccus*

Wild-growing Siberian cranberry contains a high amount of antioxidants. Although it's not only the chemical composition that is different, Siberian cranberries even look quite different from their American counterparts. These berries are smaller and thicker, with a much more intense aroma, and they taste sour, not sweet.



**ARNICA**  
*Arnica montana*

This plant prefers alpine meadows and can easily grow at altitudes of up to 9,000 feet. Arnica is one of the most potent "cardiovascular" herbs on the planet, however, it is rarely used now because it grows very sparsely and high up in the mountains which makes harvesting very difficult.



**SIBERIAN FLAX**  
*Linum usitatissimum*

People in Siberia have historically used Flax fiber as a substitute for the more expensive cotton. But since a lot of Flax seeds were always left over after processing, they learned to extract the oil from them and use it for food. Modern scientists discovered the heart-protecting properties of Flax seed oil only towards the end of the 20th century.



**COLTSFOOT**  
*Tussilago farfara*

Translated from a local language the name of this plant means "mother-and-stepmother." It is because the upper surface of its leaves is smooth and it feels cold upon touching it, while the opposite side is velvety-furred and pleasantly warm.



**SIBERIAN WINTERGREEN**  
*Chimáphila umbellata*

Translated from several languages in different countries the name of this small forest plant means "winter-loving". The reason is that this is one of the rarest evergreen grassy plants in northern forests including those in Siberia.



**SIDEBELLS WINTERGREEN**  
*Orthilia secunda*

Translated from a local language the name of this small evergreen herb means "women's forest herb". It is because this plant was historically used for treating female infertility.



**SIBERIAN SAW-WORT**  
*Saussurea pygmaea*

This plant is a typical "highlander". It often can be found high up in the mountains at the level of glaciers. In order to evade the ruthless mountain sun and dehydration this plant developed several very specific features. It is densely furred with wooly hairs and all its stems and roots are closely tangled together to form a dense mass in the form of a hemisphere, which the local people name "witch's rings".



**WARMING MASSAGE OIL**

Massage with this warming massage oil brings a general strengthening and stimulates better blood circulation. Besides, it perfectly helps to relieve muscular tension.

**Active ingredients:** oils of red pepper and burning vanilla, essential oils of ginger, cinnamon, clary sage, vetiver, tangerine.

100 ml  
401833  
**6,90 €**



**RELAXING MASSAGE OIL**

A rich blend of sandal, cardamom, geranium and eucalyptus relaxes your senses and helps to regain strength and bolster immunity. It helps ease away tension and makes you feel the calming sensation in your entire body.

**Active ingredients:** lavender essential oil, essential oils of peppermint and sandal tree, sweet clover extract, sesame oil.

100 ml  
401834  
**6,90 €**



**INVIGORATING MASSAGE OIL**

Discover the extraordinary warmth and energy of Siberian essential oils with a strong revitalizing effect! It's a real spa experience to boost blood flow, invigorate your entire body and relieve tired legs.

**Active ingredients:** lemongrass and mint essential oils, spruce and thyme essential oils, oils of green coffee and hazelnut.

100 ml  
401832  
**6,90 €**



**REVITALIZING HAND CREAM\***

Precious natural formula of the cream leaves your skin nourished and protected from the environmental stresses. Being extremely rich in fatty acids the sea-buckthorn oil perfectly softens the skin, repairing its natural balance and keeping it supple and firm. Allantoin provides a feeling of comfort and brings immediate relief to irritated skin.

**Active ingredients:** shea butter and oils of rapeseed, sea-buckthorn and cedar, mink oil.

75 ml  
404863  
**6,90 €**



**LEG COOLING GEL**

The herbal cooling gel helps to bring ease to tired legs. An instant feeling of freshness and lightness thanks to the essential oils which will help to relieve heavy, swollen legs, soothe the muscles and eliminate the feeling of discomfort.

**Active ingredients:** sesame oil, horse chestnut extract, elder extract, peppermint oil, caffeine, clove oil, trehalose, sweet marjoram oil, eucalyptus essential oil, everlasting essential oil.

75 ml  
401803  
**6,66 €**



**TONIFYING CREAM FOR PERFECT LEGS**

This natural cream is specially developed to help relieve the feeling of tired, heavy or swollen legs and provides a pleasing sensation of lightness. Infused with essential oil of wintergreen its formula delivers a tonifying effect, while bioflavonoid hesperidin helps strengthen skin microcapillaries.

**Active ingredients:** glycerin, hydrogenated soy polyglycerides, wintergreen oil, menthol.

75 ml  
401804  
**7,26 €**



**ANTI-ODOR FOOT CREAM\***

Natural ingredients of the formula protect from the appearance of unpleasant odor and normalize sweating, for a lasting feeling of comfort. Essential oils of mint, thuja, and fir needle cool feet, leaving the feeling of freshness and lightness.

**Active ingredients:** tapioca starch, white willow extract, essential oils of lavender.

75 ml  
401797  
**8,21 €**

\* LIMITED!

## SIBERIAN SPA



### SIBERIAN GINSENG\*

FACE CARE 3 in 1: cleanser + scrub + mask

The product combines three basic skin treatment steps: cleansing, peeling and deep cleansing. Thanks to its active ingredients the formula gently removes makeup, eliminates impurities and brings the feeling of comfort.

**Active ingredients:** Siberian ginseng, extract of oak bark, juniper extract, thyme extract, coltsfoot extract.

75 ml 402585

**5,00 €**



### WILD STRAWBERRY AND MINT\*

Hand and Nail Cream

Beautifully scented cream is enriched with extracts of wild strawberry and mint as well as promotes skin smoothing and nourishment. The active ingredients of the cream help to strengthen nails preventing their chipping and breakage. Instantly melts in thanks to the lightweight texture. And invigorates skin with a refreshing fragrance of wild strawberry.

**Active ingredients:** Siberian wild strawberry and mint extracts, sweet orange essential oil, grapefruit essential oil.

75 ml 402587

**3,57 €**



### WILD STRAWBERRY AND MINT

Refreshing Shower Gel

This fresh and aromatic herbal shower gel leaves you euphoric and full of energy for the whole day. Mint extract perfectly tonifies the skin while Siberian wild strawberry fresh leaf essences moisturize and revitalize the skin filling it with energy and vitamins.

**Active ingredients:** Siberian wild strawberry and mint extracts, sweet orange essential oil, grapefruit essential oil.

250 ml  
402417

**8,09 €**



### SIBERIAN GINSENG\*

Tonifying Shower Gel

The tonifying shower gel with invigorating scents of Siberian ginseng and red cedar delicately cleanses body and leaves you feeling recharged. Its formula enriched with natural emollient and moisturizing substances makes skin soft, velvety and supple.

**Active ingredients:** Siberian ginseng (eleutherococcus) root extract, red cedar essential oil, sweet orange essential oil, bergamot essential oil, angelica essential root oil, ginger essential oil.

250 ml  
402416

**8,09 €**



### ARCTIC CRANBERRY\*

Vitamin-Rich Shower Gel

The precious shower gel with extract of Siberian cranberry and valuable essential oils cleanses the body skin, leaving a pleasant scent of wild berries. The active ingredients promote deep skin moisturising and nourishing as well as maintain its beauty and elasticity.

**Active ingredients:** Siberian cranberry extract, red cedar essential oil, sweet orange essential oil, grapefruit essential oil.

250 ml  
402418

**8,09 €**

\* LIMITED!

\* LIMITED!

## SIBERIAN ROSE



### SIBERIAN ROSE Extra Rich Face Oil

Extra Rich Face Oil is an ideal solution for intensive skin care. Deeply saturating and tonifying skin the oil stimulates its regenerative processes, as well as increases its resilience. The composition of natural oils combined with vitamin F nourishes and soothes the skin.

**Active ingredients:** rose hips fruits oil, Bulgarian rose oil, and wild rosemary extract.

15 ml  
404112  
**11,42 €**



### SIBERIAN ROSE\* Multi Active Facial Cream

The cream delicately takes care of facial and neck skin, nourishing and moisturizing it. Rich in flavonoids the rose hips oil promotes skin repair. Infused with rose extract, the rose water evens the skin tone and leaves it natural radiant and with a gentle floral scent.

**Active ingredients:** rose hips oil, rose water, Bulgarian rose oil, the extract of ginseng, rosemary and rhodiola rosea.

50 ml  
404113  
**11,42 €**



### SIBERIAN ROSE\* Tonifying Water

Enriched with effective botanical extracts and essential oils the product formula nourishes, strengthens and gently tonifies the skin. Suitable for all skin types. Keep your skin moisturized, supple and radiant!

**Active ingredients:** rose hips extract, floral water and oil of Bulgarian rose.

100 ml  
405597  
**7,97 €**



### SIBERIAN ROSE\* Moisture Lock Fragrant Mousse

Lightweight and scented mousse is specially designed for daily skin care. Its nourishing and delicate formula contains potent plant antioxidants. Essential oil of rose perfectly moisturizes the skin, improving its color and state.

**Active ingredients:** rose water, rose hips oil and Bulgarian rose essential oil.

100 ml  
404111  
**11,42 €**

\* LIMITED!



# SPA collection

## IMMERSE IN HARMONY WITH NATURE

The collection is designed specifically for your face and body care, restoring emotional balance and inner energy, accenting your natural beauty and flawless look.

# SPA collection

COMING  
SOON

*Wild Strawberry &  
Green Tea*

## 1. WILD STRAWBERRY & GREEN TEA

### HAND & BODY WASH

The silky smooth texture of Hand & Body Wash with sensual scent of ripe wild strawberry melting in the refreshing notes of green tea. Effectively removes impurities and leaves your skin the skin radiant and more resilient!

**Active ingredients:** pistachio oil, shea butter, extracts of wild strawberry, raspberry and green tea.

250 ml  
410022  
**7,14 €**

## 2. WILD STRAWBERRY & GREEN TEA

### HERBAL BODY MOISTURIZER

Turn your skin care routine into pure delight! The light-weight texture of moisturizer softens and nourishes skin giving it pleasantly scented with notes of sensual wild strawberry and refreshing green tea. Its formula is enriched with precious shea butter and pistachio oil, toning extract of green tea leaves, extracts of wild strawberry and raspberry that deliver intense hydration and skin nourishment.

**Active ingredients:** wild strawberry, raspberry and green tea extracts.

250 ml  
410019  
**7,14 €**

## 3. WILD STRAWBERRY & GREEN TEA

### SUGAR BODY SCRUB

Gentle scrub with sugar and strawberry seed powder leaves the skin perfectly smooth and velvety. Its sensual scent of vibrant wild strawberry and refreshing notes of green tea add a touch of luxury to your exfoliating routine! Extract of wild strawberry berries lavishly nourishes the skin leaving it radiant. Using skin care products with green tea on a daily basis is the key to flawless complexion!

**Active ingredients:** sugar, strawberry seed powder, green tea extract, wild strawberry and raspberry extracts, shea butter and pistachio oil.

100 ml  
410016  
**7,14 €**



# SPA collection

## CEDAR & APPLE SUGAR BODY SCRUB

Gentle scrub with sugar and Siberian pine stone powder sloughs away dead skin and leaves your skin silky, soft and supple! The formula is infused with precious shea butter and pistachio seed oil that lavishly hydrate and vitamin-rich cedar oil that saturates skin with intense nourishment. Made with fir oil this scrub is a must-have for a well-toned and radiant skin, because products formulated with fir oil stimulate the collagen formation and increase elasticity.

**Active ingredients:** sugar, pine stone powder, cedarwood essential oil, fir essential oil, pistachio oil and shea butter.

100 ml 410015

7,14 €



## 1. CEDAR & APPLE HAND & BODY WASH

Hand & Body Wash with the scent of juicy apple and superb cedar will perk up your mood in the early morning! Infused with botanical ingredients its soft formula provides effective repair and perfectly refreshes the skin, restoring its healthy glow and beauty.

**Active ingredients:** shea butter, pistachio and cedarwood oil, apple juice, fir essential oil.

250 ml 410021

7,14 €

## 2. CEDAR & APPLE HERBAL BODY MOISTURIZER

The lightweight texture of the moisturizer is perfectly absorbed, softens and moisturizes the skin, giving it smoothness. Apple juice refreshes the skin, tones and improves its elasticity, while valuable cedar oil perfectly nourishes. After application, you will enjoy the scent of superb cedar and juicy apple on your body!

**Active ingredients:** cedarwood and soybean oils, apple juice, fir essential oil.

250 ml 410018

7,14 €

COMING  
SOON

*Cedar & Apple*



# SPA collection

Cream with a light texture and delicate aroma gives your hands skin a delightful comfort, nutrition and intense moisturizing. Vitamin PP stimulates skin renewal, increases collagen synthesis, returns the skin's natural smoothness and elasticity. The cream will become your best go-to solution.

## 1. RASPBERRY & VERBENA

Hand Cream

Sparkling berry-citrus aroma of juicy raspberries and fresh verbena.

**Active ingredients:** raspberry extract, verbena hydrolate, vitamin PP.

75 ml 411170

**4,05 €**

## 2. THYME & SAGE

Hand Cream

Fresh, harsh flavor of wild thyme and clary sage.

**Active ingredients:** thyme hydrolat, clary sage essential oil, vitamin PP.

75 ml 411169

**4,05 €**

## 3. MILK OAT & RICE OIL

Hand Cream

Incredibly delicate scent.

**Active ingredients:** rice bran oil, oat extract, vitamin PP.

75 ml 411168

**4,05 €**

COMING  
SOON





# VITAMAMA

HAPPINESS MADE BY  
NATURE!

Combining the best of mothers' personal experience and Siberian nature we have created the Vitamama series that offer products for kids' strong immunity and delicate care for tender baby skin. At the heart of all products are original and tested formulas infused with natural ingredients. Vitamama series by Siberian Wellness is created to make kids happy and active while their parents feel certain!

**BEST OF NATURE FOR ACTIVE KIDS  
AND HAPPY PARENTS!**



### VITAMAMA OMEGA-3

Food supplement with polyunsaturated omega-3 acids

Special omega-3 acids complex for kids 3+.

- DHA helps maintain normal vision and brain function. The beneficial effect of DHA is achieved when taken daily in a dosage of 250 mg.
  - DHA and EPA contribute to the normal functioning of the heart. The beneficial effect of DHA and EPA is achieved when taken daily in a dosage of 250 mg.
  - Alpha-linolenic acid helps maintain normal blood cholesterol levels. Its beneficial effect is achieved when taken daily in a dosage of 2 g.
- Original and convenient dosage: the fish-shaped gelatin capsules protect the contents from oxidation and create a joy-filled day.

**Active ingredients:** linseed oil, gelatin, ethylic ether of fatty acid made of fish oil, vitamins E, A, D.

100 g  
500126

**13,38 €**

**3+**



### VITAMAMA BABY

Baby Cleansing Foam made with Siberian pine and chamomile water

Tender Cleansing Foam with chamomile and pine water gently and effectively cleanses baby's sensitive skin preserving it soft and moisturized. Chamomile and lavender essential oils help to sustain supple baby's skin in natural state.

**Active ingredients:** chamomile and pine flower water, lavender and chamomile essential oils.

250 ml  
404242

**7,85 €**



### VITAMAMA BABY

Baby Bath Herbal Concentrate made with chamomile water

May your baby enjoy aromatic and warm bathing! Foam-free herbal concentrate gently cares for baby skin. Calendula, bur-marigold and celandine refresh skin and reduce skin irritations. Chamomile and lavender essential oils soothe skin and set baby for a soft sleep.

**Active ingredients:** marigold, bur-marigold and celandine, lavender and chamomile essential oils.

200 ml  
404241

**7,26 €**



### VITAMAMA BABY

Baby Cream made with chamomile water

The soft cream for your baby's skin care from the very first days. Panthenol promotes optimal hydration of the skin, strengthening its barrier function. Blue chamomile and lavender essential oils help to reduce skin irritation and flaking.

**Active ingredients:** panthenol, chamomile flower water, lavender and chamomile essential oils.

200 ml  
404240

**7,26 €**

**0+**



# NATURAL BEAUTY LABORATORY

## NEW LEVEL OF YOUR SKIN CARE

Pure Herbal Cosmetics of Siberian Wellness has embodied Nature, Science and Beauty in one concept:

- maximum concentration of biologically active substances;
- no sulfates, parabens and phthalates;
- clinically proven efficacy of components.

**experalta**  
platinum

intelligent  
skin solutions

## EXPERALTA PLATINUM



### HIGH-MOLECULAR HYALURONIC ACID

Packed in special micro-spheres, it penetrates into the deeper layers of skin, where unwrapping it swells and plumps out the wrinkles from within providing an immediate rejuvenating effect.

### THE COMPLEX OF PEPTIDES, CONNECTED WITH DIAMOND POWDER

The potent and highly bioavailable antioxidant protects against premature aging.



### COSMETELLECTUAL SERUM

The absolutely innovative next-generation formula of this rejuvenating serum is enriched with Hyaluronic Filling Spheres for a profound and long-lasting anti-wrinkle effect. Siberian Lingzhi mushroom and wild cherry flower extracts and Siberian cranberry seed oil provide powerful anti-aging and antioxidant protection for radiant and younger-looking skin.

50 ml 409280

**27,01 €**

### COSMETELLECTUAL CREAM

Pamper your skin with precious Cosmetellectual cream! The light-weight and fluffy texture instantly melts into the skin and ideally suits as a face primer. Its smart formula works in the dermal layer of skin: DiamondSIRT® ensure the skin repair from within, SWT-7™ (swertia extract) helps to even out vertical and horizontal wrinkles – visible positive effect in 7 days. Altai polypore extract delivers powerful antioxidant effect protecting the skin from premature aging.

50 ml 409843

**27,01 €**



### FLAWLESS LOOK TINTED MOISTURIZER SPF 15

With its melt-in texture the moisturizer provides a vital surge of hydration and delivers lightweight coverage evening out the skin tone. Special 3 in 1 formula:

1. Makes the appearing fine lines and wrinkles smooth.
2. Gives your skin a natural and youthful glow.
3. SPF provides UV protection and eliminates photoaging.

Regular use of the cream provides recovery, reinforcement and smoothing of skin.

30 ml

**21,78 €**



407583  
tone 1 / light



411998  
tone 2 / medium

## HYDRATION AND NOURISHMENT

(DAILY CARE)

Three complete products for the total care of all skin types. Which one are you going to choose? The delicate creamy texture of the day serum, the intensive day care or the ultra-nourishing night cream? Listen to your skin and give one a try!

### FORMULA OF TRANSFORMATION:



#### MICROCAPSULES OF X50 SYSTEM

Technology of targeted, managed and controlled exposure. X50 provides a penetration of active components into the deeper layers of the epidermis and helps to achieve a particular target of any care/face contour products.

#### COLLOIDAL PLATINUM

It stimulates collagen synthesis and promotes skin elasticity (your benefit: fast-acting and long-lasting effect).



#### REVITALIZING EYE CREAM

The advanced cream targets slackened areas and helps reduce the appearance of fine lines and dark circles under the eyes. Natural oligosaccharides contribute to the long-lasting hydration. The skin is more resilient and firmer. Ultra-lightweight revitalizing cream made with oils of jojoba, olive and camellia, beeswax and enriched by the potent extracts of ganoderma, crowberry and royal jelly for a long-term and invisible protection.

15 ml  
404326

10,00 €



#### REJUVENATING ULTRA LIGHTWEIGHT DAY CREAM

Precious biopeptide complex, gotu kola extract and Siberian sea-buckthorn oil deeply hydrate, nourish and provide withering skin revival. Within a few weeks you will admire younger-looking skin: wrinkles are diminished, facial contours look more defined and more even complexion. Ultra-lightweight facial cream based on Siberian sea-buckthorn and Altai rapeseed oils is enriched with potent extracts of rosemary, gotu kola, ganoderma and shiitake mushroom to support your natural beauty every day.

50 ml  
408372/404320

21,78 €



#### REJUVENATING ULTRA RICH DAY CREAM

Advanced anti-age formula enhances the skin elasticity and restores its moisture balance, preventing cell dehydration. Natural components of the formula (rhodiola rosea, marigold and ginseng) nourish and hydrate the skin, supporting its resistance to the age-related changes, as well as make the skin smooth and radiant. The precious biopeptide complex, unsaponifiable matters of the olive oil, extracts of Siberian rhodiola, marigold and ginseng provide a profound moisturizing effect.

50 ml  
408373/404321

21,78 €



#### CELLULAR REVIVAL NIGHT CREAM

Improved bio-lifting formula with volume effect promoted wrinkles diminishing. Result: the skin looks smoother and lifted, while facial contours become firmer. The cream is packed with valuable botanical oils of olive, sesame and shea butter, anti-aging bio-peptide complex, extracts of amaranth, peony and pansy that promote instant skin repair.

50 ml  
408374

21,78 €

# INTELLIGENT CARE

(BEAUTY SERUMS)

Targeted effect formulas based on valuable Siberian plants and innovative scientific components, restoring skin youthfulness, radiance and firmness.

50+



### WRINKLE EXPERT SERUM CONCENTRATE

This serum intensely hydrates the skin for a radiant and more youthful look. Enriched with Natural Oligopeptide X50 Myocept Complex to tone facial muscles and with a potent ginseng extract to revive skin, it has a visible lifting effect and reduces fine lines and wrinkles.

10 ml  
404324

11,42 €

40+



### FACE CONTOUR SERUM CONCENTRATE

This luxurious firming serum with extra rich extracts of Siberian schizandra and royal jelly helps revitalize the skin, enhance contours, resilience as well as the overall appearance of mature skin. Plant ingredients of the formula, such as Siberian galega, Altai polypore and algae, help moisturize the skin and reduce wrinkles for a fresh and radiant look.

10 ml  
404325

11,42 €

30+



### MOISTURE SURGE SERUM CONCENTRATE

Innovative complex – X50 Hyalufiller – with hyaluronic acid, moisture-retaining algae extract, royal jelly and Siberian arnica extract help to deeply hydrate, nourish and revive even aged skin. In several weeks you will find your skin more radiant and younger-looking, with fewer wrinkles and fine lines, firmer contours and even tone.

10 ml  
404322

11,42 €

## ICE TOUCH INSTANT LIFT MASK

КРИОЛИФТИНГОВАЯ  
МАСКА ДЛЯ ЛИЦА

**experalta**  
platinum  
intelligent  
skin solutions

### ICE TOUCH INSTANT LIFT MASK

A flawless transformation! Packed with invigorating botanical extracts and Crambe abyssinica oil this cooling mask instantly energizes the skin, eliminates signs of fatigue, providing de-puffing and lifting effects. A must-have on a hot summer day and go-to solution in a rush. Intense care for your beauty routine.

50 ml  
410091

10,35 €

## EXPERALTA PLATINUM



### REJUVENATING BALANCING SOFTENER

Rejuvenating Balancing Softener delivers targeted effect: moisturizes, softens and renews skin after cleansing. Now your skin is fully prepared for a daily cream, serum or any other product to follow. For a better and faster result!

200 ml 408253

**11,31 €**



### ULTRA-SOFT CREAM CLEANSER

Turn your cleansing routine into pure delight! Ultra-Soft Cream Cleanser suits even sensitive skin that fears soap-based cleansers. Thanks to the plant-based formula infused with the Siberian cedar seed oil and extract of flax seeds that softens skin, as well as with extract of Altai lingzhi mushroom – a rich source of antioxidants, it effectively dissolves skin impurities and makeup.

100 ml 409977

**12,85 €**



### HYDROPHILIC CLEANSING OIL

This rich cleansing oil and make-up remover for daily care designed on the basis of vegetable oils and water. Forming a pleasant emulsion it cleans skin perfectly, without a greasy feeling. Ideal for dry and sensitive skin.

200 ml  
408368

**13,33 €**



### DEEP CLEANSING AND PEELING LOTION

This extra gentle peeling lotion formulated with natural botanical acids helps remove impurities, dead and dull cells to reveal a completely new, youthful and radiant look of your skin. Ideal daily care for oily and acne-prone skin.

200 ml  
408370

**12,38 €**



### LUXURIOUS FACE RENEWAL MICELLAR WATER

The innovative micellar formula of this makeup remover provides an extra mild, though highly effective cleansing and suits even the most sensitive skin. Rich in botanical extracts with antioxidant and anti-aging properties, it also nourishes and rejuvenates the skin.

200 ml  
408369

**12,85 €**



### PORE CLEANSING FACIAL EXFOLIATOR

This luxurious exfoliant provides a multi-step gentle cleansing and reviving care for all skin types, including sensitive and irritable skin. It carefully dissolves excess sebum, and removes dead cells. Result: pores are open to breathe, making the skin smooth.

100 ml  
408371

**12,38 €**

# L'INSPIRATION DE SIBÉRIE

• PARFUMS NATURELS •

L'INSPIRATION DE SIBÉRIE IS A BODY CARE COLLECTION BY SIBERIAN WELLNESS THAT PROLONGS THE BALMY BREATH OF SERIES SCENTS.

EACH PRODUCT HAS A PLEASANT TEXTURE, PERFECTLY NOURISHES AND SOFTENS THE SKIN, LEAVING AN EXQUISITE TRAIL OF FAVORITE COMPOSITIONS OF L'INSPIRATION DE SIBÉRIE SERIES BY SIBERIAN WELLNESS.

## L'INSPIRATION DE SIBÉRIE

The luxurious shower gel forms a fragrant foam, gently cleanses and softens the skin, restoring its natural pH balance.

Perfumed body lotion with a velvety texture deeply moisturizes the skin, leaves it soft, elastic and delicately scented.

### ALTAI

*Altai Summer: breath of wind, freshness of mountainous lakes, gentle plant petals, and mild dizziness of highlands.*

**Top notes:** lemon beebalm (bergamot), coconut water, tiare (Tahitian gardenia)

**Heart notes:** orange blossom, ilang-ilang, jasmine

**Base notes:** tuberose, Bourbon vanilla, white musk

PERFUMED SHOWER GEL

ALTAI

230 ml  
409848

10 €

PERFUMED BODY LOTION

ALTAI

230 ml  
409849

11,90 €



## L'INSPIRATION DE SIBÉRIE

### TAIGA

*Wild Taiga: Siberian pine freshness bursts into the hot forest bouquet unleashing the secrets of natural forces.*

**Top notes:** Siberian cedar needles, cardamom, juniper

**Heart notes:** Siberian pine, freshness

**Base notes:** sandalwood, Siberian cedar, patchouli, ambergris, fir balm, pinewood moss

PERFUMED SHOWER GEL  
TAIGA

230 ml  
409846

**10 €**

PERFUMED BODY LOTION  
TAIGA

230 ml  
409847

**11,90 €**



### OLKHON

*Fresh breath of freedom: slight breeze at the rock top, sun-warmed stones, green taiga, mild wood notes...*

**Top notes:** citrus notes, lemon beebalm (bergamot), citrus freshness

**Heart notes:** fig leaves, mountainous lavender, spicy ginger

**Base notes:** vetiver, white musk, sandalwood

PERFUMED SHOWER GEL  
OLKHON

230 ml  
409850

**10 €**

PERFUMED BODY LOTION  
OLKHON

230 ml  
409851

**11,90 €**





TRULY SIBERIAN  
TRULY INNOVATIVE  
FOR PEOPLE\*

\* NATÜRLICH | INNOVATIV | FÜR MENSCHEN

YOUR CONSULTANT: \_\_\_\_\_