

SIBERIAN [®]
WELLNESS

Germany, Catalog 02/2021.

Product codes and prices are subject to change within the catalog validity period. Product prices shown include VAT of the Federal Republic of Germany.

Due to a new design of series, products' appearance may differ from one presented in the catalog.

**DISCOVER
NEW SIBERIA!**
SPORT, NUTRITION
& BEAUTY



WE ARE WELLNESS EXPERTS!

24 YEARS OF EXPERTISE

MORE THAN 60 COUNTRIES ON THREE CONTINENTS GOT THE OPPORTUNITY TO USE OUR PRODUCTS

Siberian Wellness is proud to have its own up-to-date manufacturing facilities that are HACCP, ISO and GMP certified.



Five product categories:

- BEAUTY
- HYGIENE
- FOOD SUPPLEMENTS
- NUTRITION
- PERFUMES

We were born in Siberia and from that point on, we bring our values and philosophy around the world!

We respect nature that gives us strength and energy.

We always try to be in trend.

We share a healthy mindset and optimism and strive to do good deeds.

DISCOVER AN EXPERT APPROACH IN THE WORLD OF WELLNESS!



ENVIRONMENTAL PROJECTS

Environmental foundation – The World Around You – has been operating for eight years and supporting over a hundred environmental initiatives – from saving the Saker Falcons to environmental monitoring of Lake Baikal.

We extensively cooperate with large foundations – Lake Baikal and WWF.

In 2020, we actively prepared a large-scale tree-planting project (in collaboration with Federal Service for Supervision of Natural Resources).

WE ARE DEVELOPING THE ENVIRONMENTAL MOVEMENT WHEREVER THE SIBERIAN WELLNESS BRAND IS REPRESENTED:

within production facilities and product formulas, at Company events and on online platforms, during personal presentations and joint meetings in offices.

JOIN IN – WE HAVE AN ECO-PROJECT FOR YOU TOO!

WWW.WORLدارOUNDYOU.ORG



**THE WORLD
AROUND
YOU**

SIBERIAN WELLNESS
CHARITABLE FOUNDATION



FOOD SUPPLEMENTS

DAILY BOX

BE READY FOR
THE NEW DAY!

1

EASY TO USE:
TAKE ONCE A DAY



SIMPLE SHAPE:
A READY-TO-HAND SET



VISION BOX

FOOD SUPPLEMENT WITH OMEGA-3 FATTY ACIDS, VITAMINS, MINERALS AND BOTANICAL EXTRACTS

DHA helps to maintain normal vision and has a beneficial effect when taken daily in a dosage of 250 mg. Riboflavin (Vitamin B2), Vitamin A and zinc help preserve normal vision. Vitamins C and E ensure cells protection from oxidative stress.

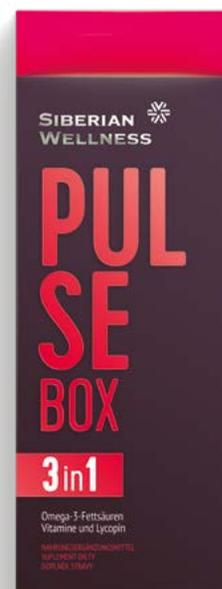
Formula No. 1. Ingredients: sea-buckthorn oil, gelatin, Tagetes erecta extract enriched with lutein and zeaxanthin, DL- α -tocopheryl acetate.

Formula No. 2. Ingredients: ethyl esters of fatty acids derived from fish oil, gelatin.

Formula No. 3. Ingredients: gelatin, grape seed extract, cranberry fruit extract, sage leaf extract, thyme extract, oregano extract, L-ascorbic acid, green tea leaf extract, bilberry leaf extract, rutin, DL- α -tocopheryl acetate, zinc oxides, maritime pine bark extract, lycopene, beta-carotene, riboflavin, pyridoxine, thiamine, manganese sulfate, retinyl acetate, copper oxide, potassium iodide, sodium selenite, chromic chloride (III).

120 capsules / 84.3 g 500361
(30 packs \times 4 capsules)

21,94 €



PULSE BOX

FOOD SUPPLEMENT WITH OMEGA-3 FATTY ACIDS AND VITAMINS

EPA and DHA promote the normal heart functioning. The beneficial effect is achieved with a daily intake of 250 mg of EPA and DHA. Folic acid, Vitamin B6 and Vitamin B12 contribute to proper metabolism of homocystein. Vitamin B6 provides regular synthesis of cysteine.

Formula No. 1 (red capsules). Ingredients: betaine hydrochloride, gelatin, cyanocobalamin, pyridoxine hydrochloride, folic acid, dyes: iron oxides and hydroxides (E172), titanium dioxide (E171).

Formula No. 2 (yellow capsules). Ingredients: ethyl esters of fatty acids derived from fish oil, gelatin.

Formula No. 3 (orange capsules). Ingredients: ethyl esters of fatty acids derived from fish oil, gelatin, lycopene.

90 capsules / 64.2 g 500443
(30 packs \times 3 capsules)

18,94 €



RENAISSANCE TRIPLE SET

FOOD SUPPLEMENT WITH BOTANICAL EXTRACTS, VITAMINS AND MINERALS
Metabolism triple support system – three formulas, fortified with vitamins, mineral compounds and precious extracts derived from wild Siberian plants.

500032
43,76 €



FORMULA 1

60 capsules / 30 g

Ingredients: fennel extract, gelatin, plantain extract, chamomile extract, burdock root extract, horsetail extract, echinacea extract, aloe vera gel extract.



FORMULA 2

60 capsules / 30 g

Ingredients: watercress extract, gelatin, wild garlic extract, St. John's wort extract, sage extract, horseradish root extract, Baikal skullcap extract.



FORMULA 3

60 capsules / 32.4 g

Ingredients: gelatin, grape seed extract, cranberry extract, sage extract, thyme extract, oregano extract, L-ascorbic acid, green tea extract, DL- α -tocopherol, lycopene, bilberry fruit extract, rutin, beta-carotene, maritime pine tree extract, lactose, maltodextrin, zinc citrate, thiamine hydrochloride, riboflavin, pyridoxine hydrochloride, copper sulfate, potassium iodide, manganese sulfate, sodium selenite, chromium picolinate, retinol.

35

years of research developments

20

years of practical application



required dosages of active ingredients



FORMULA 4 N.V.M.N.

FOOD SUPPLEMENT WITH VITAMINS A, C, E AND LIPOIC ACID

This product contains a complex of Vitamins A, E and C, which has been recognized as one of the most effective antioxidant formulas for almost 20 years. The complex properties are enhanced with organic antioxidants – taurine and lipoic acid – which significantly enlarges the spectrum of the product's antioxidant protection.

Ingredients: taurine, L-ascorbic acid, DL- α -tocopherol acetate, alpha-lipoic acid, retinyl acetate, hydroxypropyl methylcellulose.

120 capsules / 78 g
500020

18,30 €



RENAISSANCE TRIPLE SET. FORMULA 3

FOOD SUPPLEMENT WITH BOTANICAL EXTRACTS, VITAMINS AND MINERALS

Renaissance Triple Set. Formula 3 is a complex set of active components of botanical and mineral origin. Microelements and vitamins help protect cells from oxidative stress, ensure the healthy functioning of the immune system and reduce fatigue.

Ingredients: gelatin, grape seed extract, cranberry extract, sage extract, thyme extract, oregano extract, L-ascorbic acid, green tea extract, DL- α -tocopherol, lycopene, bilberry fruit extract, rutin, beta-carotene, maritime pine tree extract, lactose, maltodextrin, zinc citrate, thiamine hydrochloride, riboflavin, pyridoxine hydrochloride, copper sulfate, potassium iodide, manganese sulfate, sodium selenite, chromium picolinate, retinol.

120 Kapseln / 64,8 g
500113

31,57 €

Essential

MODERN AND AFFORDABLE PRODUCTS – DAILY SOLUTIONS FOR AN ACTIVE LIFESTYLE!

New style and new name – for those who keep abreast with the times. Familiar composition and high quality – for those who appreciate the long-standing experience and want to be sure of the product's effectiveness and safety.

COMPREHENSIBLE:
basic formulas for all family.

HANDY:
comfortable navigation.

SIMPLE:
plain products for choosing the required one.

FIVE IMPORTANT CATEGORIES FOR A WELLNESS LIFESTYLE!



MINERALS

ORGANIC FORMS OF MINERALS
HARMONIZING METABOLIC
PROCESSES



SORBENTS

SMART DETOX SOLUTIONS
FOR PURE LIFE



FATTY ACIDS

LIPID COMPLEXES BASED
ON ESSENTIAL POLYUNSATURATED
FATTY ACIDS OF PLANT
AND ANIMAL ORIGIN



VITAMINS

VITAMINE IN OPTIMALEN
MENGEN ZUR UNTERSTÜTZUNG
DES KÖRPERS



BOTANICS

FORMULAS BASED ON
SIBERIAN PLANTS

I
**IODINE IS
 A LIVING
 ENERGY**



ESSENTIAL MINERALS

HIGHLY BIOAVAILABLE FORMS OF MINERALS
 OPTIMAL DAILY DOSES
 WELL-BALANCED FORMULAS



ELEMVITALS. IRON WITH SIBERIAN HERBS
 FOOD SUPPLEMENT WITH IRON, VITAMINS AND BOTANICAL EXTRACTS
 The product contains organic compounds of iron, which contribute to the normal oxygen transfer through the body. Vitamin C enhances the absorption of iron, while riboflavin, Vitamin B6 and niacin contribute to normal energy metabolism.

Ingredients: acerola extract, gelatin, Siberian ginseng root extract, ferrous fumarate, nicotinamide, pyridoxine hydrochloride, riboflavin, thiamine hydrochloride, folic acid, cyanocobalamin.

60 capsules / 34.2 g 500039

17,33 €



ELEMVITALS. MAGNESIUM WITH SIBERIAN HERBS
 FOOD SUPPLEMENT WITH MAGNESIUM AND BOTANICAL EXTRACTS
 Magnesium plays an important role in the nervous system and muscle support and contributes to the reduction of fatigue. The product is enriched with plant extracts (valerian, Baikal skullcap and hawthorn fruits) in the most well-balanced form for the body.

Ingredients: magnesium citrate, gelatin, valerian extract, hawthorn fruit extract, Baikal skullcap extract.

60 capsules / 36 g 500038

12,20 €



ELEMVITALS. IODINE WITH SIBERIAN HERBS
 FOOD SUPPLEMENT WITH IODINE, RHODIOLA ROSEA
 AND SIBERIAN GINSENG

The product is formulated with the leaf extract of bladderwrack, a seaweed rich in iodine. Iodine promotes the normal production of thyroid hormones and normal functioning of the thyroid gland. The product is additionally enriched with Eleutherococcus extract and Rhodiola rosea.

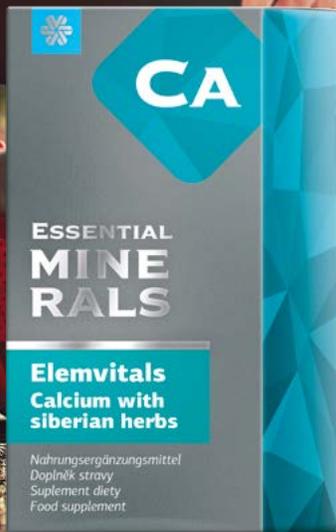
Ingredients: rhodiola rosea root powder, gelatin, glucose, Siberian ginseng root extract, bladderwrack extract, maltodextrin, dyes: ammonia caramel, potassium iodide.

60 capsules / 30 g 500658

8,99 €

Ca

**CALCIUM IS
A NATURAL
STRENGTH**



ELEMVITALS. CALCIUM WITH SIBERIAN HERBS

FOOD SUPPLEMENT WITH VITAMINS AND MINERALS

Calcium, zinc, manganese and Vitamin D are essential for healthy bones. Calcium regulates muscles functioning and plays an important role in cell division. Vitamin B6 helps to normalize the immune system functioning. Vitamin C contributes to the collagen synthesis, while Vitamin D facilitates the absorption of calcium and phosphorus.

Ingredients: calcium carbonate, gelatin, maltodextrin, calcium hydroxyapatite, zinc citrate, soybean extract, horsetail extract, ascorbic acid, cholecalciferol, pyridoxine hydrochloride, zinc citrate, manganese sulfate.

60 capsules / 42 g 500054

9,63 €



ELEMVITALS. SELENIUM WITH SIBERIAN HERBS

FOOD SUPPLEMENT WITH SELENIUM, VITAMINS AND BOTANICAL EXTRACTS

This product is enriched with organic selenium that is essential for healthy hair and nails, and it also supports the immune system and thyroid gland functioning. Selenium and Vitamins C and E ensure better cellular protection against oxidative stress.

Ingredients: garlic extract, acerola extract, inactivated yeast enriched with selenium, rose hip extract, DL- α -tocopherol acetate, Baikal skullcap extract, maritime pine extract, gelatin.

60 capsules / 30.6 g 500031

14,23 €



ELEMVITALS. ZINC WITH SIBERIAN HERBS

FOOD SUPPLEMENT WITH ZINC, COPPER, VITAMIN C AND BOTANICAL EXTRACTS

The product contains organic zinc and copper as well as natural Vitamin C. Zinc helps to normalize the metabolism of carbohydrates and macronutrients and is essential for healthy bones, hair and skin. Copper supports the immune system and protects cells from oxidative stress.

Ingredients: acerola fruit extract, echinacea herb extract, burdock root extract, rose hip extract, zinc lactate, zinc citrate, copper citrate, gelatin.

60 capsules / 34.2 g 500040

14,23 €



ESSENTIAL SORBENTS

COMPLEXES BASED ON
DIETARY FIBER



LYMPHOSAN N SUPPORT

FOOD SUPPLEMENT WITH DIETARY FIBER AND BOTANICAL EXTRACTS

This is a botanical product with pectin, which serves as a source of dietary fiber and an excellent plant-based sorbent. Cranberry and horsetail extracts enrich the diet with organic acids and tannins. Pectin normalizes blood cholesterol levels.

Ingredients: pectin, guar gum, cranberry extract, Jerusalem artichoke root powder, horsetail extract.

90 g 500029

14,23 €



LYMPHOSAN L VITALITY

FOOD SUPPLEMENT WITH DIETARY FIBER AND BOTANICAL EXTRACTS

This botanical product with pectin is rich in dietary fiber – vital elements for normal functioning of the digestive system. Pectin is a type of dietary fiber which helps maintain normal cholesterol level in blood. The product contains well-known milk thistle extract, precious extracts of mint, chamomile, thyme, St. John's Wort and aloe vera.

Ingredients: pectin, guar gum, mint extract, Jerusalem artichoke powder, chamomile extract, maltodextrin, thyme extract, milk thistle fruits, St. John's wort extract, aloe vera gel extract.

90 g 500042

14,23 €



LYMPHOSAN PURE LIFE

FOOD SUPPLEMENT WITH PECTIN AND BOTANICAL EXTRACTS

This botanical product with pectin is rich in dietary fiber – vital elements for normal functioning of the digestive system. Pectin is a type of dietary fiber which helps maintain normal cholesterol level in blood. The product formula is additionally enriched with botanical extracts of fennel, precious burdock root and olive leaves.

Ingredients: pectin, guar gum, Jerusalem artichoke root powder, fennel extract, burdock root extract, olive leaf extract, devil's claw extract, Baikal skullcap extract, eleuthero extract, rose hip extract, horsetail extract, echinacea extract, aloe vera gel extract.

90 g 500030

14,23 €

TOPINAMBUR-PULVER

Natural Inulin Concentrate is a complex of vital and biologically active components of a unique plant – Jerusalem artichoke or topinambur. Jerusalem artichoke was widely recognized after it was found that its roots contain inulin. Inulin helps to normalize carbohydrate and fat metabolism, maintain optimal gut flora.

Ingredients: Jerusalem artichoke powder.

75 g 400237

4,92 €



LYMPHOSAN F BEAUTY

FOOD SUPPLEMENT WITH PECTIN AND BOTANICAL EXTRACTS

This complex for women is formulated with pectin – a phytosorbent which serves as a source of dietary fiber. Product formula also includes widely-known botanical extracts of watercress, aloe vera, mint leaves, meadow clover flowers from Altai foothills. Grape seed extract is widely used in cosmetics, while soy beans contain essential substances for woman's body – phytoestrogens.

Ingredients: pectin, guar gum, Jerusalem artichoke root powder, maltodextrin, watercress extract, mint leaf extract, grape seed extract, clover flower extract, soy extract, aloe vera gel extract.

90 g 500044

12,20 €



LYMPHOSAN C BALANCE

FOOD SUPPLEMENT WITH DIETARY FIBER AND BOTANICAL EXTRACTS

The product contains several types of soluble dietary fiber in the form of phytosorbents. Its formula is also fortified with famous extracts of green tea and hawthorn fruits.

Ingredients: citrus dietary fiber, Jerusalem artichoke root powder, psyllium husks powder, guar gum, xanthan gum, green tea extract, hawthorn fruit extract.

90 g 500043

12,20 €



LYMPHOSAN J COMFORT

FOOD SUPPLEMENT WITH COLLAGEN HYDROLYSATE, DIETARY FIBER AND BOTANICAL EXTRACTS

The product contains botanical sorbent – pectin, as a source of dietary fiber and collagen hydrolysate. Collagen is a structural protein presented in cartilage and connective tissues. Being a part of the product formula in the form of hydrolysate it is easily absorbed by the body. Precious rose hip extract contains natural Vitamin C that provides better collagen synthesis which is necessary for cartilage normal functioning.

Ingredients: collagen hydrolysate (bovine), pectin, guar gum, rose hip extract, willow bark extract.

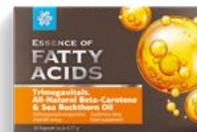
90 g 500019

16,26 €



ESSENTIAL FATTY ACIDS

A SOURCE OF ESSENTIAL OMEGA ACIDS



TRIMEGAVITALS. ALL-NATURAL BETA-CAROTENE IN SEA BUCKTHORN OIL

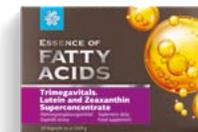
FOOD SUPPLEMENT WITH SEA-BUCKTHORN OIL, BETA-CAROTENE AND VITAMIN E

The product contains the richest natural sea-buckthorn oil, Vitamin E and natural beta-carotene (which is also known as provitamin A, since in the body it transforms into Vitamin A). Vitamin A helps to support the normal vision and immune system functioning, while Vitamin E supports the cellular protection from oxidative stress.

Ingredients: sea-buckthorn oil, gelatin, mixed tocopherols, sunflower oil, beta-carotene.

30 capsules / 23.1 g 500060

11,77 €



TRIMEGAVITALS. LUTEIN AND ZEAXANTHIN SUPERCONCENTRATE

FOOD SUPPLEMENT WITH SEA-BUCKTHORN OIL, LUTEIN, ZEAXANTHIN AND VITAMIN E

The complex contains a high concentration of natural light filters – lutein and zeaxanthin – for those who spend a lot of time in front of computer monitor or other devices screens. The complex is additionally enriched with Siberian sea-buckthorn oil and Vitamin E which help to protect cells from oxidative stress.

Ingredients: sea-buckthorn oil (57%), gelatin, lutein-rich African marigold extract (7%), zeaxanthin (0.1%), DL- α -tocopherol acetate, antioxidant substances of DL- α -tocopherol.

30 capsules / 20,7 g 500102

14,23 €



TRIMEGAVITALS. BORAGE AND AMARANTH OIL

FOOD SUPPLEMENT WITH VITAMINS E, D3 AND GAMMA-LINOLENIC ACID

The lipid complex contains one of Omega-6 acids (gamma-linolenic) and a complex of Vitamins E and D. Vitamin E contributes to the protection of cells from oxidative stress. Vitamin D supports the immune system and plays an important role in cell division.

Ingredients: borage oil, gelatin, amaranth oil, DL-alpha-tocopherol acetate, cholecalciferol.

30 capsules / 23.7 g 500049

14,23 €



TRIMEGAVITALS. SIBERIAN LINSEED OIL AND OMEGA-3 CONCENTRATE

FOOD SUPPLEMENT WITH POLYUNSATURATED OMEGA-3 FATTY ACIDS AND VITAMIN E

This complex is rich in Omega-3 acids in the form of the concentrated ethylic ether of fatty acids. The natural source of acids is the richest linseed oil. Omega-3 acids are an essential part of a healthy diet. The product is enriched with Vitamin E. Vitamin E contributes to the protection of cells from oxidative stress.

Ingredients: ethylic ether of fatty acid derived from fish oil, gelatin, linseed oil, DL-alpha-tocopherol acetate.

30 capsules / 23.7 g 500062

13,70 €



ESSENTIAL VITAMINS

VITAMINS AND VITAL NUTRIENTS
REGULATING COMPLEX BIOCHEMICAL
PROCESSES IN THE BODY



VITAMIN D3

FOOD SUPPLEMENT

SUNNY VITAMIN FOR ADULTS AND KIDS!

Vitamin D3 a vital nutrient for the body. It maintains normal bones and teeth, contributing to the normal absorption usage of calcium. Vitamin D3 contributes to the maintenance of normal muscle function and the immune system. That's the only Vitamin our body can produce in significant quantities. But this requires sunlight. The skin gets less sunlight, especially during the cold, sunless months.

Ingredients: capric triglycerides, cholecalciferol.

30 ml 500820

9,95 €

3+

3+
The age at which the product can be taken.

0%

Only two ingredients –
nothing extra
Alcohol-free.



For the whole family
The big package is enough
for adults and kids.



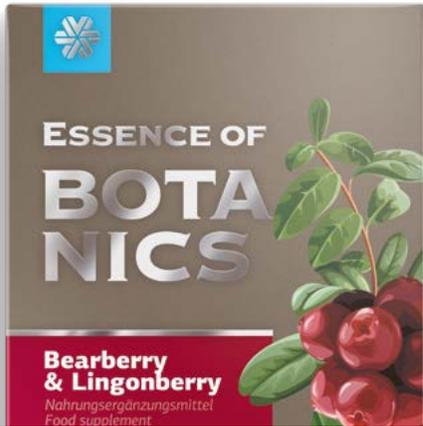
400 IU of Vitamin D3 –
in two drops
Dropper facilitates the
dosing of vitamin.

D3

Vitamin D3 –
cholecalciferol
Liposoluble vitamin is well
absorbed along with lipids.



Eco-friendly packaging
of a high quality
All the products are packaged
in Stölzle pharmacy glass,
which protects against
exposure to light. Glass is fully
recyclable.



VITAMINS WITH CALCIUM

FOOD SUPPLEMENT WITH CALCIUM AND VITAMINS

Vitamins with Calcium provides the body with 13 essential vitamins in adequate daily dosage and helps maintain well-being.

Calcium is necessary to maintain normal bones and teeth and contributes to normal energy metabolism. The product contains pantothenic acid and thus contributes to normal mental activity. Vitamin B6 contributes to normal protein and glycogen metabolism, helps reduce fatigue. For active lifestyle support.

Ingredients: calcium carbonate, gelatin, Vitamin C, Vitamin E, niacin, pantothenic acid, Vitamin B6, riboflavin, thiamine, Vitamin A, folic acid, biotin, Vitamin K, Vitamin D, Vitamin B12.

60 capsules / 39 g 500676

7,17 €



GLUCOSAMINE & CHONDROITIN

FOOD SUPPLEMENT WITH GLUCOSAMINE AND CHONDROITIN

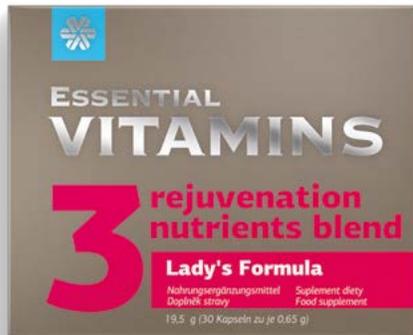
Each capsule contains 398.5 mg of glucosamine and 108 mg of chondroitin. Glucosamine is the main component of joint cartilage and synovial fluid. Chondroitin is one more building element. Our musculoskeletal system with its joints, cartilage, tendons and ligaments faces challenges every day. A healthy musculoskeletal system is essential for a better quality of life at any age. Light workouts and healthy diet also contribute to it.

Free from synthetic supplements. Glucosamine capsules do not contain emulsifiers and preservatives. They are also free from lactose, gluten and GMO.

Ingredients: glucosamine hydrochloride (crustacean), chondroitin sulfate, gelatin.

60 capsules / 42 g 500651

9,63 €



LADY'S FORMULA

FOOD SUPPLEMENT WITH TAURINE, COENZYME Q10 AND VITAMINS

Lady's Formula contains coenzyme Q10, biotin, folic acid, Vitamins C, E, D and other vitamins. Vitamin C normalizes collagen production for normal skin functioning. Biotin helps support the normal condition of skin and hair. Vitamin E helps protect cells against oxidative stress. Vitamin D maintains the normal bones and teeth.

Ingredients: taurine, Vitamin C, gelatin, coenzyme Q10, niacin, Vitamin E, pantothenic acid, Vitamin D3, Vitamin B6, riboflavin, thiamine, Vitamin A, folic acid, biotin, Vitamin K1, Vitamin B12.

30 capsules / 19.5 g

12,20 €



BETAINE & B-VITAMINS

FOOD SUPPLEMENT WITH BETAINE, VITAMIN B6, FOLIC ACID, AND VITAMIN B12

Nutrient-rich complex containing betaine, folic acid, Vitamin B6 and Vitamin B12. It supports the cardiovascular system. Homocysteine is a by-product of amino acid metabolism (or the synthesis of methionine and cysteine). The deficit of Vitamins B6, B12 and folic acid can lead to high homocysteine levels in blood plasma. Folic acid, Vitamin B6 and Vitamin B12 contribute to normal homocysteine metabolism.

Vitamins B6 and B12 promote the normal red blood cell formation. Folic acid ensures normal blood formation and amino acid synthesis. Vitamin B6 contributes to the normal synthesis of cysteine.

Ingredients: betaine, gelatin, Vitamin B12, Vitamin B6, folic acid.

30 capsules / 18.3 g 500625

14,98 €



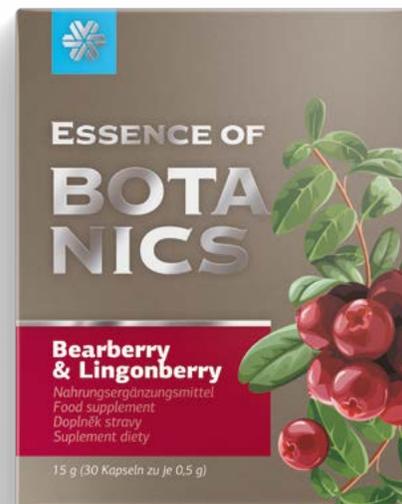
ESSENTIAL BOTANICS

NATURAL FORMULAS FOR TARGETED EFFECT

Siberian botanical extracts, roots and plant fruit gently and effectively support the body, gives you the surge of energy and perfect well-being!

WHAT'S INSIDE OF ESSENCE OF BOTANICS? POWER OF SIBERIAN NATURE!

- High quality raw materials.
- Standardised extracts from plants, roots and fruit.



BEARBERRY & LINGONBERRY

FOOD SUPPLEMENT WITH BEARBERRY LEAF EXTRACT, LINGONBERRY LEAF POWDER, CRANBERRY FRUIT POWDER AND HORSERADISH ROOT EXTRACT.

The product contains a special combination of lingonberry leaf powder and bearberry extract, also cranberry fruit powder and horseradish root extract.

Lingonberry contains additional secondary plant metabolites. Bearberry – a plant, that well combined with lingonberry. Arbutin – a bioactive substance of bearberry.

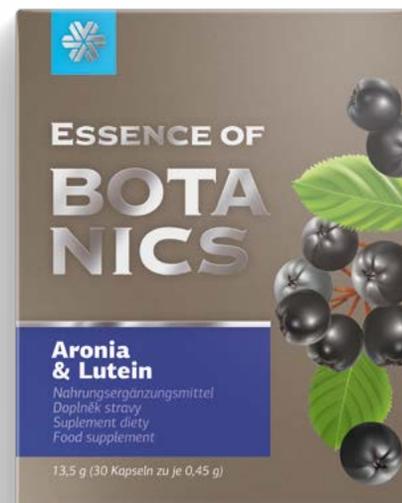
Since ancient times people knew the benefits of bearberry. Beneficial ingredients are found not only in lingonberry fruit, but also in its leaves.

The product is especially recommended in cold seasons.

Ingredients: extract of bearberry leaf, lingonberry leaf powder, gelatin, cranberry fruit powder, horseradish root extract.

30 capsules / 15 g
500656

7,17 €



ARONIA & LUTEIN

FOOD SUPPLEMENT WITH ARONIA POWDER, BILBERRY FRUIT EXTRACT, LUTEIN AND ZEAXANTHIN

Eyes are one of the most amazing parts of the body, which exposed to loads every day. Computer, TV and night driving – particularly tiresome to the eyes. The capsules contain aronia and bilberry fruit extract. They also contain lutein.

Ingredients: aronia powder, gelatin, bilberry fruit extract, African marigold extract (*Tagetes erecta*) containing lutein and zeaxanthin.

30 capsules / 13.5 g
500653

7,60 €

A GLIMPSE INTO THE WORLD OF SIBERIAN PURE HERBS



KURIL TEA
Pentaphylloides fruticosa

This famous plant was found by seafarers on the Kuril islands – they used to drink it instead of common tea. However, people who lived near the Baikal lake had been using this herb as a cleansing product since ancient times. As legend says, the dogs helped to learn about Kuril tea beneficial properties: sick animals were looking for this herb because it brought them relief. Local people still use Kuril tea herb if there are some digestion issues.



SIBERIAN THOROUGHWAX
Bupleurum sibiricum

The local Buryat people call this herb "hare's ear" due to the shape of the plant's leaves, which resemble a small hare's ear. Thoroughwax is one of the most revered herbs in both Chinese and Buryat-Tibetan medicine. But whereas in China they use only roots, Buryat people use mostly the aerial parts of Thoroughwax which are far richer in active ingredients especially for the digestive system.



LINGONBERRY
Vaccinium vitisidaea

This small shrub plant with pink to purple berries keeps its hard lacquered leaves alive during the entire Siberian winter. Covered with a several foot layer of snow, it can tolerate temperatures as low as -50 °C (-58 °F) or even lower.



SABERWEED
Comarum palustre

Every fall after the first frost, Siberian women went to gather cranberries from the marshes and swamps to provide their families with vitamins for the upcoming winter. Standing in the frigid water, they often suffered from serious joint pain. There is an ancient remedy for this disease that is still in use – a swamp plant which is known as Altai marsh cinquefoil.



HORSETAIL
Equisetum arvense

It contains up to 10% of natural silicon which participates in formation of the inner structure of a plant. This particular structure and tubed body make the horsetail one of the toughest herbs.



GARDEN BURNET
Sanguisorba officinalis

This tall plant with red cones stand out from other herbs of Siberian meadows and look like an exotic decoration. Due to its bright color local people named it "blood drinker" as translated from the local language.



SIBERIAN OREGANO
Origanum vulgare

Oregano is very popular among the people in Europe and the USA, who, unlike Siberian people, often use it as a spice. Also brewed oregano creates an incredibly scented beverage that one can drink instead of common tea. Siberian oregano main benefit is in its high antioxidant activity. In this relation no existing herb can beat its effectiveness.



SIBERIAN HEDYSARUM
Hedysarum sibiricum

Hedysarum is a mountain herb, which traditionally grows in South Siberia. Siberian hunters used it to maintain physical stamina during long and exhausting hunts.



SIBERIAN ROSE HIPS
Rosa davurica

Although Rose Hips are well-known on every continent, it is often misunderstood that there are a lot of different species of this common plant. Siberian Rose shrub is distinguished by its almost black twigs and deep red round-shaped fruits that make a very beautiful contrast.



BAIKAL SKULLCAP
Scutellaria baicalensis

Baikalskullcap is one of few worldwide famous plants which are endemic for Baikal region. Traditional Chinese medicine has been using this plant for a long time; the doctors from western countries also pointed out its various healing effects.



TANSY
Tanacetum vulgare

Imagine a beautiful jewel – a racemule of painterly curved golden hemispheres adorned with emeralds. This is a golden tansy, one of the most beautiful herbs in the world! In Siberia, tansy became famous due to its ability to protect the liver from different stresses.



SIBERIAN THYME
Thymus serpyllum

Opposite to the common thyme which grows very densely and up to 2 feet high, Siberian Thyme usually clings to mountain rocks and so it's much smaller, with fewer leaves however with many more flowers that are needed to attract insects that are so rare in the cold Siberian mountains.



NEW FORMULA

CHRONOLONG

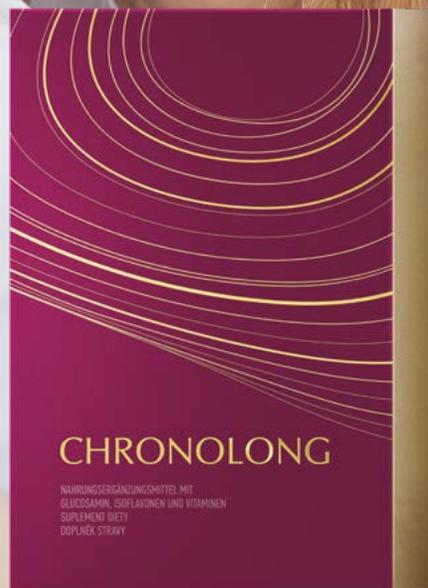
FOOD SUPPLEMENT WITH SODIUM HYALURONATE, ISOFLAVONES, VITAMINS AND TAURINE.

The product contains soybean extract rich in natural phytoestrogens such as genistein. The product composition contains hyaluronic acid, which is an important component of the skin. Vitamin D takes part in cell division, contributes to the maintenance of normal muscle function, normal blood calcium levels and normal teeth. Folic acid promotes normal homocysteine metabolism. Support for women's beauty and youth!

Ingredients: soybean extract enriched with isoflavones, taurine, hydroxypropyl methylcellulose, sodium hyaluronate, cholecalciferol, folic acid.

30 capsules / 15 g 500449

28,46 €



CHRONOLONG

NAHRUNGSERGÄNZUNGSMITTEL MIT GLUCOSAMIN, ISOFLAVONEN UND VITAMINEN
SUPPLEMENT WITH GLUCOSAMINE, ISOFLAVONES AND VITAMINS
DOPLNĚK STRÁVY



ADAPTOVIT

FOOD SUPPLEMENT WITH MARAL ROOT, RHODIOLA ROSEA, ELEUTHEROCOCCUS AND GINSENG

Food supplement which affects human adaptation mechanisms. Extracts of maral root, ginseng and eleuthero help to overcome fatigue and ensure better recovery after intense loads.

Ingredients: water, maral root extract, rhodiola rosea root and rhizome extract, eleuthero root extract, ginseng root extract, schizandra seed extract, sodium benzoate (E211), ethyl alcohol.

10 ml 500094

10,70 €



HEALTHY RHYTHMS

FOOD SUPPLEMENT WITH VITAMINS, MINERALS, BOTANICAL EXTRACTS, DEER ANTLER POWDER, LYCOPENE AND PARA-AMINOBENZOIC ACID

Healthy Rhythms is a vitamin & mineral complex that consists of 2 complementary capsules – morning and evening which allows providing a daily intake of vitamins, microelements and other biologically active substances considering the shift of active and relax phases.

Ingredients (morning capsule): Vitamin C, microcrystalline cellulose (filler), gelatin, lycopene, eleuthero extract, green tea extract, beta-carotene, Vitamin E, p-aminobenzoic acid, nicotinamide, coenzyme Q10, pine extract, pantothenic acid, Vitamin D3, Vitamin B6, Vitamin B12, Vitamin B2, Vitamin B1, Vitamin A, folic acid, biotin, Vitamin K1.

Ingredients (evening capsule): valerian extract, gelatin, horsetail extract, Baikal skullcap extract, sodium molybdate, sika deer antler powder, zinc citrate, selenium yeast, iron sulphate, chromium picolinate, copper sulfate, manganic sulfate, potassium iodide.

60 capsules / 31.5 g 500048

17,33 €



**SYNCHROVITALS —
IN SYNC WITH
YOUR BODY!**

THE KEY BENEFIT OF THE SYNCHROVITALS SERIES IS WELL-BALANCED TWO-PHASE FORMULAS, DESIGNED TAKING INTO ACCOUNT THE PECULIARITIES OF THE BODY FUNCTIONING DURING THE DAY.

- Substances work only during their targeted phase — as efficiently as possible.
- Supports and normalizes various body systems at different times of the day.
- Accelerates recovery processes.



SYNCHROVITALS II

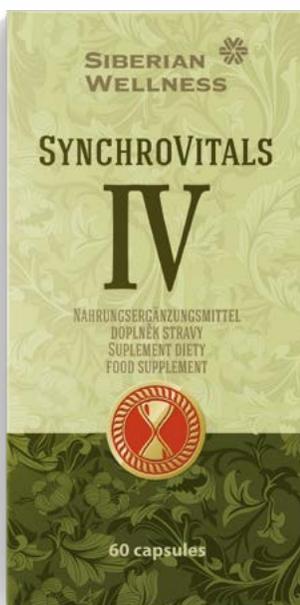
FOOD SUPPLEMENT WITH VITAMIN C AND BOTANICAL EXTRACTS

Precious plant extracts help to support your active phase in the morning and make you relaxed in the evening. The product contains essential Vitamin C which helps to normalize nervous system functioning.

Ingredients (Complex No. 1): phosphatidylserine (soy), ascorbyl palmitate, hydroxypropyl methylcellulose, ginkgo biloba extract, gotu kola extract, ginseng extract, D-glucose.

Ingredients (Complex No. 2): sage extract, St. John's wort herb extract, hydroxypropyl methylcellulose, ascorbyl palmitate, lactose, Baikal skullcap extract.

60 capsules / 33 g 500071 **30,50 €**



SYNCHROVITALS IV

FOOD SUPPLEMENT WITH TAURINE AND BOTANICAL EXTRACTS

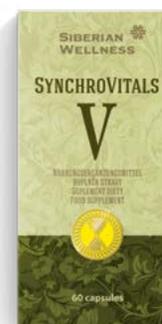
Complex No. 1 contains milk thistle – a source of silymarin, a substance which promotes body detoxification.

Complex No. 2 combines extracts of Siberian herbs and plants (including the extract of a famous Siberian adaptogen – St. John's wort) which help normalize metabolic processes.

Ingredients (Complex No. 1): taurine, milk thistle fruits extract, hydroxypropyl methylcellulose, silverweed rhizome extract.

Ingredients (Complex No. 2): taurine, hydroxypropyl methylcellulose, St. John's wort herb extract, Baikal skullcap root extract.

60 capsules / 37.5 g 500130 **8,24 €**



SYNCHROVITALS V

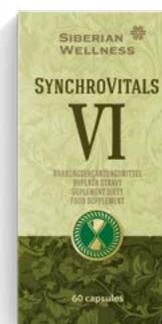
FOOD SUPPLEMENT WITH ARABINOGALACTAN AND BOTANICAL EXTRACTS

The product contains the ResistAid™ complex – a combination of arabinogalactan and polyphenols obtained from the larch tree. Arabinogalactan, as a source of soluble dietary fiber, normalizes the gastrointestinal tract state, which benefits the immune system.

Ingredients (Complex No. 1): arabinogalactan extracted from larch tree, hydroxypropyl methylcellulose, ginseng root extract, plantain leaf extract, glucose, maltodextrin.

Ingredients (Complex No. 2): arabinogalactan extracted from larch tree, hydroxypropyl methylcellulose, sage extract, chamomile extract, thyme extract, lactose.

60 capsules / 27.5 g 500073 **18,30 €**



SYNCHROVITALS VI

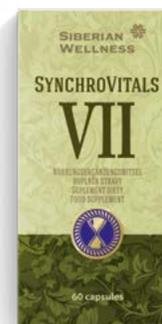
FOOD SUPPLEMENT WITH GLUCOSAMINE HYDROCHLORIDE, CHONDROITIN SULFATE AND BOTANICAL EXTRACTS

This product includes a well-known composition of two ingredients: glucosamine hydrochloride and chondroitin sulfate. Their properties are fortified with famous botanical extracts of white willow bark, meadowsweet and rose hips. Vitamin C, contained in rose hips, contributes to normal collagen formation for the normal function of cartilage.

Ingredients (Complex No. 1): glucosamine hydrochloride (extracted from crustacean), willow bark extract, chondroitin sulfate, hydroxypropyl methylcellulose.

Ingredients (Complex No. 2): glucosamine hydrochloride (extracted from crustacean), meadowsweet extract, chondroitin sulfate, hydroxypropyl methylcellulose, rose hip extract.

60 capsules / 41.4 g 500065 **13,27 €**



SYNCHROVITALS VII

FOOD SUPPLEMENT WITH VITAMIN C, BETA-CAROTENE, ZEAXANTHIN AND BOTANICAL EXTRACTS

This product is intended for those who spend much time in front of computer or other gadgets. It contains a wide range of botanical pigments and light filters: lutein, zeaxanthin and beta-carotene. The complex is additionally enriched with natural anthocyanins and Vitamin A, which helps to support good vision.

Ingredients (Complex No. 1): hibiscus flower extract enriched with anthocyanins, bilberry fruit extract enriched with anthocyanins, hydroxypropyl methylcellulose, aronia fruit extract enriched with anthocyanins, maltodextrin.

Ingredients (Complex No. 2): acerola extract, maltodextrin, rose hip extract, lutein-rich African marigold extract, hydroxypropyl methylcellulose, beta-carotene, ascorbyl palmitate, modified starch, synthetic zeaxanthin, corn starch, sucrose, sodium ascorbate.

60 capsules / 30.9 g 500050 **23,43 €**

BAIKAL

tea collection

100% NATURAL
since 1996

BAIKAL TEA COLLECTION:

- Carefully selected phyto blends for ultimate benefit, scent and taste.
- Herbs from environmentally pristine lands.
- Skilfully and delicately gathered fruits and herbs.
- All-natural formulas – from plant materials to packaging elements.
- Long-standing customer loyalty for the collection in more than 60 countries and successful sales for 12 years.

ENJOY THE AROMAS OF TRADITIONAL HERBAL BLENDS. BAIKAL TEA COLLECTION – ENERGY AND PURITY OF SIBERIAN NATURE IN EVERY SIP!



HERBAL TEA № 2 FEMALE HARMONY

To restore inner harmony, a woman needs a little serenity and... a cup of special herbal tea. Fragrant infusion based on sage, lemon balm, and mint will leave you feeling peaceful and help to have a good rest. Enjoy the delicate flavor and aroma of summer herbs!

Ingredients: alfalfa herb, motherwort herb, oregano herb, peppermint leaf, lemon balm herb, sage leaf.

30 tea bags × 1.5 g
500582

5,89 €



HERBAL TEA № 3 NATURAL POISE

A cup of full-flavored tea with a mild herbal taste will help you relax and wind down after a busy day. Baikal skullcap, mint, lemon balm, and oregano will bring a comforting aroma of a summer meadow and help you tune in to optimistic thoughts and emotions.

Ingredients: Baikal skullcap root (30%), lemon balm herb, oregano, chamomile flower, peppermint leaf.

30 tea bags × 1.5 g
500583

5,89 €



HERBAL TEA № 4 FOREST BREATH

The fragrant blend of oregano, linden and chamomile will perk you up and help survive the season of common colds. Apple pieces accentuate the taste with fruity notes.

Ingredients: linden flower (23%), apple pieces (22%), oregano (20%), mint (20%), chamomile flower (15%).

30 tea bags × 1.5 g
500584

5,89 €



THE BAIKAL TEA COLLECTION SET

Discover the precious gift of nature – the splendid aroma and taste of traditional Siberian herbal tea. Carefully hand-picked by herbalists, the tea fills your day with energy and helps to escape from hustle and bustle of city life. Four flavors for perfect well-being and wonderful mood!

- HERBAL TEA № 2
- HERBAL TEA № 3
- HERBAL TEA № 4
- HERBAL TEA № 6

40 tea bags, 1,5 g
500856

8,56 €



HERBAL TEA № 6
NATURAL SUPPORT

Try this blend with refreshing notes of mint, chamomile, corn silk and knotgrass herb.

Ingredients: corn silk, peppermint leaf, chamomile flower, rose hip, knotgrass herb.

30 tea bags × 1,5 g 500586

5,89 €



HERBAL TEA № 7
ACTIVE RHYTHM

The natural blend based on horsetail herb and dandelion roots, supplemented with lingonberry and currant leaves, will deliver a wholesome boost for the active lifestyle!

Ingredients: meadowsweet herb (51%), currant leaf, dandelion root, rose hip, licorice root, lingonberry leaf, horsetail herb.

30 tea bags × 1,5 g 500587

5,89 €

A GLIMPSE INTO THE WORLD OF SIBERIAN PURE HERBS



SIBERIAN GOLDEN ROOT
Rhodiola rosea

Rhodiola rosea or Siberian golden root is the most widespread plant adaptogen in Siberia. Unlike maral root and eleuthero, golden root grows much farther to the North than any other adaptogenic plants at an altitude of 3,000-5,000 feet. And due to the harsh habitat it is extremely frost-resistant and can endure up to -60 °C (-76 °F)!



SIBERIAN GINSENG
Eleutherococcus senticosus

A famous Siberian scientist I. Brekhman conducted years of studies on various native Siberian plants, trying to find a replacement for Red Ginseng as a stimulant. He wanted to find a new herb that would increase resistance to any stress, and do so without side effects. Multi-year trials were completed with success: all of these qualities were found in eleuterococcus root, which was soon called Siberian Ginseng.



SIBERIAN ARALIA
Aralia mandshurica

Teas, and in more recent times alcohol tinctures as well, made from the bark, roots, and flowers of this thorny shrub were historically used in Siberia to treat fatigue, physical and lack of sexual vigor and headaches. Together with Siberian ginseng and Golden root, Aralia is now considered as one of the most famous Siberian adaptogenic plants.



MARAL ROOT
Leuzea carthamoides

Leuzea carthamoides or maral root is a favorite plant of marals (type of Siberian deer that inhabit the Altai mountains). Long time ago local people noticed that marals often fed on the roots of Leuzea when exhausted, that's why it was given such a name – maral root. Indeed, this is a very powerful adaptogen and is known for its high content of ecdysterone – a natural anabolic.



SIBERIAN LARCH
Larix sibirica

Young twigs and branches of this tree contain a unique antioxidant – dihydroquercetin. It's a close relative of another well-known antioxidant – quercetin, but due to some differences in its chemical structure, dihydroquercetin possesses significantly higher antioxidant properties.



SIBERIAN RAMSONS
Allium ursinum

Siberian bears like to dig for the bulbs of this small plant with a very strong garlic-like scent, and that is the reason for its Latin name, which is translated as "bear's onion". The local people also knew about its rich vitamin content and harvested large amounts of its leaves and stems to preserve by salting for long winters.

NATURAL SIBERIAN HERBS, MUSHROOMS, SPICES AND BERRIES THAT WE USE IN OUR PRODUCTS



CHAGA MUSHROOM
Inonotus obliquus

Chaga is a mushroom that grows for decades on old birch trunks and can reach up to 3 feet in diameter. Siberian shamans believed that these mushrooms accumulated the sacred energy of the Earth which they used for centuries for strengthening the body and the mind. However, they always warned people to be careful when harvesting Chaga because of the danger of being shocked by the dramatic energy that could be released.



SIBERIAN ANGELICA
Angelica archangelica

The fluted stem of this plant can easily reach 6 feet in height and its fragrant flowers form a huge "umbrella" up to 4-5 feet in diameter. And thus it is one of the biggest grassy plants in Siberian forest. The local people used to drink its sweet and fragrant sap, which is accumulated within its hollow stem in large amounts.



SIBERIAN SEA-BUCKTHORN
Hippophae rhamnoides

These small bright orange berries contain possibly the highest amount of bio-available beta-carotene, and not only in Siberia, but on the whole planet. "Bio-available" means that sea-buckthorn beta-carotene is already dissolved in natural oil and thus is ready to be absorbed by the body in contrast to most of all the other beta-carotene sources that lack natural oil or fat.



BERGENIA
Bergenia crassifolia

This plant, which is also known as badan or Siberian tea, has very thick and hard leaves that can survive during even the most severe winters. In spring and summer these old leaves undergo natural self-fermentation and become dark and dry. The local people gather them to brew a very aromatic and tonifying tea.



SIBERIAN CEDAR
Pinus sibirica

This is one of the tallest trees in Siberian forests. It reaches up to 150 feet in height and its trunk can reach 7 feet in diameter. Siberian Cedar is also a symbol of longevity, having an astounding lifespan of up to 500-700 years. The seeds of Siberian Cedar are a very important staple in the diet of the locals.



ZIZIPHORA
Ziziphora bungeana

Coming home to their yurts and to a hot mug of Ziziphora tea with a pat of yak butter floating on top after a hard day of wolf hunting on horseback with berkuts (the big Siberian eagles they hunt with) is an ancient tradition of Altai nomads. They believed that Ziziphora invigorates the heart and nourishes the blood.

Yoo Go!

The brand of efficient healthy nutrition

→ Tasty!

A pleasant, not too sweet taste is given by a natural sweetener derived from Stevia extract.

→ Healthy!

Carefully selected ingredients.

→ Handy!

Just put it in your pocket and have it on the go!



0%
FILLERS AND PLANT PROTEIN

0%
ARTIFICIAL FLAVORS AND FILLERS AND PLANT PROTEINS

YOO GO! SHAKE IT!

POWDER FOR MAKING A PROTEIN DRINK WITH COCOA, GINGER AND SWEETENER

Enriched with nutrients, the shake based on milk protein concentrate has been specifically designed for those who keep fit. THE PRODUCT CONTAINS*:

- 115.7 g of protein helps to maintain and gain muscle bulk, as well as preserve normal bone tissue.
- 2 µg of Vitamin B12 (80% NRV**) helps to reduce fatigue and contributes to the normal functioning of the nervous system and immune function.
- 22 mg of Vitamin C (28% NRV**) promotes the normal formation of collagen for normal bone functioning, supports immunity during and after physical load.

* Amount per serving. ** NRV – Nutrient Reference Value.

Ingredients: milk protein (milk protein concentrate) (71%), psyllium husks (10%), fat-free cocoa (10%), ginger root powder (3%), L-carnitine-L-tartrate (2%), oat beta-glucan (1%), bitter melon extract (1%), fish oil (1%), acerola extract (0.5%), sweetener: steviol glycosides, cyanocobalamin, L-ascorbic acid.

175 g (7x25 g) 500541

12,95 €

YOO GO! SHAKE IT!

POWDER FOR MAKING A PROTEIN DRINK WITH COCONUT AND BISCUIT TASTE, CONTAINS SWEETENER

Enriched with nutrients, the shake based on milk protein concentrate has been specifically designed for those who keep fit. A pleasant, not too sweet taste is given by coconut and a natural sweetener derived from Stevia extract. Protein helps maintain muscle bulk and normal bones. Vitamin B12 contributes to the reduction of fatigue and weakness, the normal functioning of the nervous system and the normal functioning of the immune system. Vitamin C ensures the normal formation of collagen for normal bone functioning and normal immune system functioning during and after intense physical load.

THE PRODUCT CONTAINS*:

- 17 g of protein helps to maintain and gain muscle bulk, as well as preserve normal bone tissue.
- 1.8 µg of Vitamin B12 (72% NRV**) helps to reduce fatigue and contributes to the normal functioning of the nervous system and immune function.
- 21.7 mg of Vitamin C (27% NRV**) promotes the normal formation of collagen for normal bone functioning, supports immunity during and after physical load.

* Amount per serving. ** NRV – Nutrient Reference Value.

Ingredients: milk protein concentrate (83%), psyllium husks (5%), coconut flakes (3%), L-carnitine tartrate (2%), coconut flavor, biscuit flavor, oat beta-glucans (1%), bitter melon extract (1%), fish oil (1%), acerola extract (0.5%), sweetener: steviol glycosides, cyanocobalamin, L-ascorbic acid.

175 g (7x25 g) 500564

12,95 €

Why Active Fiber?

Because fiber can be delicious!



YOO GO! ACTIVE FIBER DRINK MIX IS A PERFECT CHOICE FOR THOSE WHO:

- Plan to adjust their diet;
- Strive to get calorie intake under control;
- Eager to give up desserts easily;
- Look for a source of natural fiber for every day.



YOO GO! ACTIVE FIBER DRINK MIX (APPLE-LEMON)

POWDER FOR MAKING A FLAVORED DRINK WITH DIETARY FIBER, WITH A SWEETENER

Your appetite doesn't control you, it's YOU who does it! A delicious drink to start on a new day for those who prefer fiber with taste. Source of glucose.

WHAT'S INSIDE?*

- citrus fiber;
- apple pectin;
- blond psyllium husks;
- apple and lemon juice powder;
- 3.5 g of dietary fiber;
- Sugar-free.

* Amount per serving.

Ingredients: citrus fiber (40%), apple pectin (20%), apple juice powder (15%), isomaltooligosaccharide, husks of blond psyllium (*Plantago ovata* 10%), malic acid (acidity regulator), guar gum (thickener), lemon juice powder (1%), natural apple flavor, steviol glycosides (sweetener).

70 g (14x5 g) 500543

8,56 €

YOO GO! BETA-GLUCAN DRINK MIX (STRAWBERRY)

POWDER FOR MAKING A FLAVORED DRINK WITH DIETARY FIBER AND SWEETENER

Drink enriched with bioactive oat beta-glucans is a delicious source of dietary fiber. Consumption of beta-glucan helps to lower blood sugar level after a meal. Beta-glucans have also been shown to decrease blood cholesterol level. The beneficial effect is achieved with a daily intake of 3 g beta-glucans from oats, oat bran, barley, barley bran or their mixes.

WHAT'S INSIDE?*

- 3.5 g of SweOat® bioactive oats;
- milled strawberry.

* Amount per serving.

Ingredients: heat-treated oat bran (71%), isomaltooligosaccharide, strawberry powder (11.5%), malic acid (acidity regulator), guar gum (thickener), strawberry flavor, steviol glycosides (sweetener).

70 g (14x5 g) 500512

11,66 €



**SIBERIAN
SUPER NATURAL
SPORT**



**POWERFUL AND COMPLETE
VITAMIN-MINERAL COMPLEX**

THE COMPLEX IS COMPLETE WITH 13 VITAMINS AND 8 MINERALS

in optimal dosages and designed for professional athletes and amateurs. In addition, the complex contains an excellent dosage of iron and zinc – crucial elements for athletes.

IRON

contributes to the normal red cells and hemoglobin formation as well as normal oxygen transport through the body. Promotes a quick recovery.

ZINC

promotes normal carbohydrate and macronutrient metabolism as well as proper DNA and protein synthesis.

VITAMINS AND MINERALS

are equally needed by all athletes, but iron and zinc are critical for some particular disciplines. For example, athletes engaged in cyclic sports (triathlon, track cycling) experience an increased demand for these trace elements, as they undergo prolonged, intense aerobic load.



MEGA ESSENTIALS

FOOD SUPPLEMENT WITH VITAMINS AND MINERALS

The complex of 13 vitamins and 8 minerals will provide the body with essential nutrients, which are vital during vigorous physical activity. The product is enriched with complex of Vitamins A, E, and C. Riboflavin (Vitamin B2) helps to reduce fatigue and improve endurance, Vitamins B6, B12 and pantothenic acid are essential for the normal energy metabolism. Manganese, calcium and Vitamin D ensure perfect care for the bones. Copper and iodine contribute to normal functioning of the nervous system, iron facilitates rapid recovery, selenium supports the immune system, zinc normalizes carbohydrate metabolism, while magnesium helps to maintain normal muscle function. The complex of vitamins and minerals will help you to do sports with pleasure!

Ingredients: calcium carbonate, magnesium citrate, filler: microcrystalline cellulose, Vitamins C, A, D3, E, K1, B1, B2, B6, B12, nicotinamide, folic acid, pantothenic acid, biotin, zinc sulphate, copper sulfate, potassium iodide, ferrous lactate, manganese sulfate, sodium selenite, tablet coating: polyvinyl alcohol, anti-caking agent: polyethylene glycol, dye: titanium dioxide, anti-caking agent: talc, dyes: iron oxides and hydroxides.

120 tablets / 167.4 g 500284

14,77 €



BCAA COMPLEX

FOOD SUPPLEMENT WITH AMINO ACIDS

Developed for the intense workouts the nutritional blend contains three essential amino acids that our body cannot produce by itself. With a daily dosage of leucine, isoleucine, and valine at a 2:1:1 ratio you get 5 g of amino acids.

Ingredients: L-leucine, L-isoleucine, L-valine, cellulose microcrystalline, emulsifier: soy lecithin, polyvinyl alcohol (coating), magnesium salts of fatty acids (anti-caking agent), polyethylene glycol (coating), talc (anti-caking agent).

120 tablets / 123.6 g
500277

14,34 €



OMEGA-3 ULTRA

FOOD SUPPLEMENT WITH
POLYUNSATURATED OMEGA-3 ACIDS

HIGH CONTENT OF OMEGA-3 FATTY ACIDS FOR EVERY DAY to support the body during strenuous physical exercise.

The high concentration of Omega-3: four capsules contain 100% daily value of the most important Omega-3 acids: eicosapentaenoic and docosahexaenoic acids, derived from refined marine fish oil. The product is formulated with EPA and DHA that contribute to the normal function of the heart. The beneficial effect is achieved with daily intake of 250 mg of EPA and DHA. The replacement of saturated fatty acids with polyunsaturated and/or monounsaturated ones in the diet helps to maintain normal blood cholesterol levels.

Ingredients: fish oil concentrate (ethyl ether), gelatin.

120 capsules / 102 g
500484

20,65 €



4 capsules
2144 mg of
Omega-3
acids

PURE ENERGY FOR SUPER ENDURANCE!



WHILE SUPPLIES LAST!

DOUBLE-PHASE HI-GRADE PROTEIN STRAWBERRY/BILBERRY

POWDER FOR MAKING A PROTEIN DRINK WITH STRAWBERRY/BILBERRY FLAVOR, WITH A SWEETENER.

Multi-component protein drink with bilberry or wild strawberry juice is a well-balanced combination of fast-digesting (whey protein isolate) and slow-digesting (casein) proteins. The cocktail also contains the branched-chain amino acids (BCAA). Protein ensures muscle gain and healthy bones.

Convenient to take with you: grab a small pack to workout or have it on the go to complement your daily diet!

Ingredients: milk protein concentrate (89%), whey protein isolate (4%), natural flavor (3%), L-carnitine (2%), strawberry powder (0.3%) / bilberry powder (0.45%), citric acid, sweeteners: steviol glycosides, cyanocobalamin.

375 g (15x25 g) 500447 / 500448

24,72 €



WHILE SUPPLIES LAST!

0% ARTIFICIAL FLAVORS, THICKENERS, FILLERS, PLANT PROTEIN

MULTICOMPONENT HI-GRADE PROTEIN

POWDER FOR MAKING A PROTEIN DRINK WITH AMINO ACIDS, COCOA, GINGER AND SWEETENER

Multicomponent Hi-Grade Protein consists of high-quality proteins with different digestion time: protein hydrolysate and amino acids (BCAA), whey protein and casein. The product is packed with some of the most popular ingredients among sports fans that increase energy levels thanks to which it will ideally suit both professional athletes and beginners. Protein ensures muscle gain and healthy bones.

Ingredients: milk protein concentrate (80.3%), cocoa powder (7.5%), whey protein hydrolysate (4%), whey protein isolate (4%), L-leucine (2%), L-isoleucine (1%), L-valine (1%), sweetener: steviol glycosides, soy lecithin (emulsifier).

450 g (15x30 g) 500466

24,72 €



WHILE SUPPLIES LAST!

0% PROTEINS ARTIFICIAL FLAVORS, THICKENERS, PRESERVATIVES, FILLERS, PLANT PROTEIN

WHEY SILVER ICE PRO

POWDER FOR MAKING A PROTEIN DRINK WITH AMINO ACIDS, PSYLLIUM HUSKS, COCOA AND SWEETENER

One serving contains 24 g of whey protein, 7.5 g of which – hi-grade BCAA.

Protein ensures muscle gain and healthy bones.

Convenient to take with you: grab a small pack to workout or have it on the go to complement your daily diet!

Ingredients: whey protein isolate (80.2%), milk protein concentrate (7%), highly refined cocoa (6%), psyllium husks (3%), L-leucine (1.7%), L-isoleucine (0.9%), L-valine (0.9%), sweetener: steviol glycosides, soy lecithin (emulsifier).

450 g (15x30 g) 500366

41,20 €

SMART PROTEIN: ENHANCED FORMULA FOR TRUE PROFESSIONALS!

ORAL CARE BY SIBERIAN WELLNESS:

BRILLIANT SMILE EVERY DAY



TOOTH PASTE SIBERIAN SEA-BUCKTHORN SENSITIVE TEETH CARE

Siberian Sea-Buckthorn Extra Rich Botanical Toothpaste is a natural solution to protect and care for the most sensitive teeth and gums. It contains essential sea-buckthorn fruit oil and juice that are rich in the antioxidant properties.

Active ingredients: sea-buckthorn oil, calendula macerate, sea-buckthorn extract (fruits), natural menthol, oregano extract.

100 ml 411378

6,19 €



TOOTH PASTE SIBERIAN PROPOLIS NATURAL ORAL CARE

Siberian Propolis Extra Rich Botanical Toothpaste contains natural propolis emulsion, essential oils and extracts of Siberian plants.

Active ingredients: bee propolis, complex of extracts and oils of bergenia, sage, chamomile, geranium and sea-buckthorn.

100 ml 411376

6,19 €



TOOTH PASTE SIBERIAN ROSE HIPS NATURAL REPAIR AND RENEWAL

Siberian Rose Hips Extra Rich Botanical Toothpaste contains natural red clay minerals, essential oils and precious plant extracts: rose hips, juniper, sage, sea-buckthorn and chamomile.

Active ingredients: Siberian rose hip extract, red clay, extracts of Siberian juniper, sage, sea-buckthorn and chamomile.

100 ml 411377

6,19 €

98.5%
NATURAL

EXTRA RICH MINERAL
TOOTHPASTE

MARINE CALCIUM
ENAMEL CARE

This extra rich botanical toothpaste contains two sources of natural calcium that help maintain tooth enamel strength. Complex of essential oils helps eliminate bad breath.

Active ingredients: pearl powder, calcium as an ingredient of the marine multi mineral complex, a complex of the essential oils of lemon, juniper and clove, grapefruit seeds extract, carrot seeds oil, magnolia extract.

100 ml 417382 **6,19 €**

PEARL POWDER

is a beneficial source of calcium that helps keep tooth enamel strong.

MARINE MULTIMINERAL COMPLEX

contains organic calcium and 72 other essential microelements that support enamel strength.

ESSENTIAL OILS

of lemon, juniper and clove contribute to healthy oral flora and freshen breath.



EXTRA RICH BOTANICAL
TOOTHPASTE

MOUNTAIN LAVENDER
COMPLEX CARE

Helps eliminate odour-causing bacteria & cares for gums

Extra rich botanical toothpaste contains essential lavender oil, natural kaolin, aloe leaf juice and powerful extracts of Siberian plants to help eliminate odour-causing bacteria & gums care.

Active ingredients: essential oil of lavender, purple clay, reishi mushroom extract, Siberian ginseng extract (eleuterococcus), potassium salts, magnolia extract, aloe vera gel.

100 ml 417381 **6,19 €**

LAVENDER ESSENTIAL OIL helps eliminate odour-causing bacteria.

NATURAL KAOLIN is tonifying gums, 100% natural colorant.

ALOE VERA GEL offers protection for your teeth, gums and improved oral hygiene.

POWERFUL EXTRACTS OF SIBERIAN PLANTS protect from oxidative stress.

98.3%
NATURAL



TOOTHPASTE

STRAWBERRY & RED CLAY

Natural ingredients (99.1%): strawberry juice, red clay and extract of magnolia bark – provide complex oral care by delicately cleansing even sensitive enamel, preventing tartar buildup and protecting teeth against bacteria that cause dental caries and bad breath.

Papain helps to restore and maintain natural white color of teeth. Strawberry seeds serve as a soft natural abrasive without damaging teeth enamel while brushing.

Bright flavor and bold color: invigorating strawberry juice and red color of clay.

Active ingredients: strawberry juice and seeds, red clay, magnolia bark extract, papain (papaya enzyme), xylitol 10%.

75 ml 411380

4,76 €



TOOTHPASTE

BLUEBERRY & CHARCOAL

Natural ingredients (99.1%) provide complex oral care: charcoal helps keep your teeth white, and your breath – fresh! Blueberry helps maintain healthy gums, L-arginine contributes to the reduction of teeth sensitivity. Xylitol protects from bacteria which cause caries.

Harmonious flavor and unusual color: balanced flavor of juicy blueberry, black color of charcoal.

Active ingredients: blueberry juice, lemongrass leaves, charcoal, magnolia bark extract, papain (papaya enzyme), xylitol 10%.

75 ml 411381

4,76 €



TOOTHPASTE

CHINOTTO & LEMONGRASS

Chinotto and refreshing lemongrass toothpaste is inspired by nature for delicate care of your teeth!

Natural ingredients (99.1%): magnolia bark helps protect against bacteria which cause caries and bad breath, essential lemongrass oil works to freshen your breath. Green tea promotes delicate care for the sensitive gums.

Bright flavor: freshness of chinotto and lemongrass.

Active ingredients: chinotto juice, lemongrass leaf, magnolia bark extract, green tea extract, papain (papaya enzyme), xylitol 10%.

75 ml 411379

4,76 €

ENDESSENCE

ESSENCES OF ENDEMIC SIBERIAN PLANTS

BY SIBERIAN WELLNESS

BESPOKE ENHANCING COMPLEX WITH VITAL FORCE OF ENDEMIC SIBERIAN PLANTS

1

ENHANCES THE EFFECT OF COSMETICS' INGREDIENTS

2

PROVIDES ANTIOXIDANT PROTECTION, SUPPORTS SKIN PROTECTIVE PROPERTIES

3

PROMOTES REGENERATION, INCREASING THE SKIN CELLS LIFESPAN, THEREBY PROLONGING YOUTH AT THE CELLULAR LEVEL

PURE HERBAL COSMETICS

- ULTRA-RICH FORMULAS
- TARGETED ACTION
- FAST-ACTING AND VISIBLE EFFECT

ENDESSENCE TECHNOLOGY

Unlike traditional means of extraction, revolutionary technology Eutectys™ makes it possible to preserve "viable" and highly bioactive juice of endemic plants by almost completely extracting their precious assets.

ENDESSENCE HERBS

The combination of highly bioactive essences of endemic plants* and revolutionary extraction technology resulted in a highly effective complex – ENDESSENCE. This complex is based on vital essences of five endemic Siberian herbs:



Siberian ginseng possesses invigorating, tonifying and adaptogenic properties.



Rhododendron is famous for its antioxidant and antiseptic properties, and contributes to better cellular metabolism.



Rhodiola helps to cleanse cells from toxins and wastes, normalize metabolism and strengthen the immune system.



Baikal skullcap is known for its adaptogenic, antioxidant and anti-aging properties.



Siberian Leuzea (maral root) delivers tonifying, invigorating and adaptogenic effects.

* Endemic plants or endemics – plants, growing solely on the particular territory (in this case – in Siberia).



MOISTURIZING FACE TONER

This toner perfectly moisturizes, softens, tones and gives your skin a pleasant feeling of freshness and comfort. Herbal distillates of witch hazel, immortelle and neroli maintain the hydrolipidic balance and soothe the skin.

Active ingredients: herbal distillates of witch-hazel, immortelle and neroli, larch polysaccharides, ENDESSENCE – essences of endemic Siberian plants (extracts of rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

200 ml 414810 **7,97 €**



REBALANCING FACIAL CLEANSING GEL

Legendary product with ENDESSENCE botanical complex for all skin types. Natural formula (soap-free) based on plant-derived surfactants gently but effectively removes all types of daily impurities and makeup. It doesn't cause tightness or discomfort, leaving your skin clean and fresh.

Active ingredients: extract of aloe vera leaf juice, Siberian berries extracts (cherry, honeysuckle, wild strawberry, guelder rose, cranberry, raspberry, and blackcurrant), ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

75 ml 411565 **7,97 €**

FACE RENEWAL SCRUB

Delicate cleansing and renewal of even dry and sensitive skin. Walnut shell powder infused with berries of guelder rose and cranberry removes dead skin cells, plant oils perfectly moisturize, ENDESSENCE complex enhances skin regeneration.

Active ingredients: walnut shell powder, caffeine, berries of guelder rose and cranberry, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

75 ml 411564 **7,97 €**

WHILE SUPPLIES LAST!

MATTIFYING FACE TONER

Based on juniper water face toner is suitable for normal, oily or combination skin. Helps to eliminate oily shine, contributes to the pores contraction and matte coverage.

Active ingredients: flower waters of juniper and thyme, silver fir needle water, complex of fruit acids, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

200 ml 411570 **7,97 €**



ULTRA-SOFT
FORMULA ENRICHED
WITH RARE
BOTANICAL OILS

REJUVENATING FACIAL CLEANSING GEL

This gentle herbal gel, formulated with 10 botanical extracts and oils, deeply cleanses, rebalances, tones and mildly scrubs your skin without overdrying. Effectively removes makeup and traces of excess sebum, leaving your skin thoroughly refreshed and promoting rejuvenation.

300 ml 411585

7,14 €

REJUVENATING FACE CREAM

Siberian endemic plants, powerful herbal antioxidants and rare botanical oils have been formulated into this advanced and highly active skin-nourishing cream. Its extra rich rejuvenating formula targets all signs of fatigue and aging, dehydration, fine lines, loss of radiance and elasticity.

75 ml 411586

8,33 €

REJUVENATING EYE CREAM

Revitalize your eye contour with this powerful anti-aging cream formulated with endemic Siberian plants, essential minerals and botanical oils. Its velvety formula deeply hydrates the skin, targets puffiness and fine lines.

15 ml 411587

5,95 €

Active ingredients: oils of sea-buckthorn and echium plantagineum seed, extracts of oat and linseed, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).



RENEWAL FACE CREAM

Active renewal formula of the cream with coenzyme Q10 activates the energy production by skin cells, improves cells regeneration. Pomegranate seed oil moisturizes, renews and visibly transforms the skin.

Active ingredients: coenzyme Q10, hyaluronic acid, pomegranate seed oil, Vitamin E, squalene, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

50 ml 411211

11,42 €

MOISTURIZING FACE CREAM

Lightweight bioactive cream with botanical complex ENDESSENCE deeply moisturizes, smooths fine lines, restores skin elasticity and firmness. It gives a healthy glow and freshness even to the driest and sensitive skin.

Active ingredients: complex of extracts of black spruce, yellow birch, red maple and Jack pine, biofermented extract of *Salinicoccus hispanicus*, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

50 ml 404777

11,42 €

ALL-IN-ONE ANTI-AGING TREATMENT

The cream delivers delicate care for mature skin revitalizing and hydrating it. It helps replenish collagen and elastin deficiency, restore skin natural elasticity. Precious botanical extracts of its formula slow down the aging processes and prevent pigmentation development with a mild skin lightening effect.

Active ingredients: extracts of plantain, red grape, guelder rose, licorice, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

50 ml 404778

11,42 €

FOR FACE
FOR HANDS
FOR NECK AND
DÉCOLLETÉ
FOR AREAS
THAT REQUIRE
INTENSIVE CARE



MATTIFYING FACE MASK

Targeted care with porcelain and green clays: effective pore cleansing and protection against oily sheen. Get rid of oily shine – your skin is beautiful and fresh all day long! Two types of clay – porcelain and green – effectively clean the pores and provide a mattifying effect. Leaf waters of witch hazel, pine and thyme refresh and tonify the skin, as well as facilitate regulation of the sebaceous glands functioning.

Active ingredients: porcelain and green clay, leaf waters of witch hazel, pine, flowers and leaves of thyme, oils of thuja, thyme, fir and tea tree, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

50 ml 411574

7,02 €

RENEWAL FACE MASK

Natural ingredients ensure the restoration and renewal processes for a visibly better skin. Natural rescue for tired skin! Extracts of ginseng and ginkgo biloba maintain skin beauty and youth, cedar oil and shea butter perfectly soften, folic acid extract in a bioavailable form helps to increase skin elasticity.

Active ingredients: oils of cedar, camelina sativa, shea butter, caffeine, Vitamin PP, zinc, calcium, folic acid in bioavailable form, rose essential oil, extracts of ginkgo biloba and ginseng, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

50 ml 411573

7,02 €

NOURISHING FACE MASK

This mask is designed to solve dry skin needs. Sea-buckthorn, crambe abyssinica and caraway oils nourish, lavishly hydrate your skin leaving a feeling of comfort. Enriched with sea-buckthorn, crambe abyssinica and caraway oils, the lightweight creamy mask effectively nourishes, boosts regeneration, enhances skin elasticity and improves complexion. Botanical ingredients target fine lines on neck, around eyes and lips. Result: silky-smooth, firm and supple face skin!

Active ingredients: oils of sea-buckthorn, crambe abyssinica, caraway and soja, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

100 ml 410277

8,00 €

PORCELAIN SKIN NEW BEAUTY TREND!

JOIN THE LIGHT SIDE!

We have studied the theme of whitening care to offer you special products to reduce and prevent pigmentation.

FOR BEST RESULTS, INCLUDE ANTIOXIDANT PRODUCTS IN YOUR DAILY CARE AND USE SPF PRODUCTS EVERY TIME WHEN YOU GO OUT.



- DOES NOT ENHANCE SKIN PHOTSENSITIVITY
- SUITABLE FOR SENSITIVE SKIN

- DECREASES THE INTENSITY OF FRECKLES
- REDUCES AGE-RELATED PIGMENTATION

ENZYME FACE PEELING

It removes dead skin cells of the epidermis, helps stimulate cell renewal, tightens pores, leaving the skin smooth and velvety soft. Suitable for sensitive skin.

Pomegranate enzymes promote gentle exfoliation. Rich in polyphenols and vitamins, pomegranate extract densifies, moisturizes and tones the skin for a fresh and even complexion.

Active ingredients: lactobacillus/pomegranate fruit ferment extract, betaine, pomegranate fruit extract, ENDESSENCE – essences of endemic Siberian plants (extracts of rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

50 ml 415754

5,95 €

WHITENING FACE MASK

Upon its regular use, the night mask with niacinamide and alpha-arbutin prevents the excess production of melanin, promotes a brightening effect, helps reduce the intensity of pigment spots and even out skin tone and texture. Its formula activates collagen synthesis and keeps your skin hydrated.

Active ingredients: niacinamide, alpha-arbutin, allantoin, betaine, ENDESSENCE – essences of endemic Siberian plants (extracts of rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

50 ml 415753

5,95 €



VOLUMIZING SHAMPOO

This natural herbal shampoo for fine hair boosts strands for natural volume. It gently cleanses your hair, helping to remove oil and build-up and hold voluminous styles longer. Now your hair looks and feels healthier with a fuller and thicker appearance!

250 ml 409257

7,14 €

VOLUMIZING HAIR CONDITIONER

Siberian plants provide a gentle natural formula that thickens and strengthens your hair, creating full volume and healthy shine.

250 ml 409258

7,14 €

Active ingredients: Vitamin PP, Siberian thuja oil, essential oils of peppermint, lemon and lime, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).





HAIR GROWTH SHAMPOO

This herbal shampoo formulated with Vitamins B6 and PP, extracts of burdock and ginger helps to normalize the hair follicles activity. ENDESSENCE complex, D-panthenol and inulin moisturize hair leaving it more elastic, healthy and glossy.

Active ingredients: Vitamin B6, Vitamin PP, extracts of burdock and ginger, keratin hydrolyzate, panthenol, inulin, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

250 ml 406327 **7,97 €**



HAIR GROWTH CONDITIONER

Hair conditioner with apigenin and panthenol ensures strand-strengthening and detangling as well as stimulates hair growth. Extracts of burdock and ginger help normalize hair follicle activity, while ENDESSENCE complex and D-panthenol moisturize hair for the perfect elasticity and brilliant shine.

Active ingredients: apigenin, panthenol, extracts of burdock and ginger, essential oils of sage and lavender, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

250 ml 404783 **9,04 €**



HAIR GROWTH MASK

The mask with hydrolyzed keratin, caffeine and Vitamin PP helps to strengthen hair from root to tip and activates its growth. Honey conditioner, ENDESSENCE complex and D-panthenol moisturize and smooth the hair, leaving it soft, glossy and tangle-free.

Active ingredients: keratin hydrolyzate, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap), D-panthenol, extracts of burdock and ginger, essential oils of sage, anise and lavender.

150 ml 404785 **10,00 €**



CHAMOMILE EXTRACT stimulates the skin's metabolism and helps regenerate the tissue. Chamomile has a low allergenic potential. It contains bisabolol which helps active ingredients to be swiftly absorbed into the skin.



REVIVING SHAMPOO

This herbal shampoo gently cleanses and upon regular use conditions dry and damaged hair. Larch polysaccharides and panthenol help restore brittle hair, protect the vibrancy of hair color and eliminate dryness, making hair silky smooth and elastic. Extracts of burdock and chamomile condition scalp skin, relieve irritation and itching, while aloe vera extract and ENDESSENCE botanical complex moisturize hair, saturate with vitamins, restore its vitality, beauty and shine.

Active ingredients: larch polysaccharides, panthenol, extracts of burdock, chamomile and aloe, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

250 ml 410276 **7,97 €**



REVIVING HAIR CONDITIONER

Hair conditioner with oils of camelina sativa, orange and shea butter adds softness and detangles dehydrated and color-treated hair. Hydrolyzed keratin ensures damaged hair repair, while ENDESSENCE botanical complex and extracts of burdock and aloe vera juice deeply hydrate and add brilliant shine.

Active ingredients: saffron milk cap oil, shea butter, orange peel oil, keratin hydrolyzate, extracts of burdock and aloe vera juice, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

250 ml 404786 **9,04 €**



REVIVING HAIR MASK

Precious mask with phospholipids and ENDESSENCE complex provides triple care for dry and damaged hair: nourishment, hydration and detangling with every application. Keratin provides selective repair of damaged hair, while punica granatum seed oil softens and smooths it.

Active ingredients: coconut oil, punica granatum seed oil, phospholipids, saffron milk cap oil, shea butter, orange peel essential oil, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap), extracts of burdock and chamomile, soy oil.

150 ml 405818 **10,00 €**



HIGH DEGREE
OF PROTECTION
AGAINST DARK
SPOTS. LASTS
UP TO 7 HOURS.

WATERPROOF
FORMULA



SUN CARE FACE CREAM SPF 50

Effective solution for fighting dark spots and signs of photoaging, delicate skin care. Cream with ENDESSENCE botanical complex, panthenol and calendula extract helps to cope with environmental stresses. Highly effective filters provide reliable protection against UVA and UVB rays.

Active ingredients: panthenol, calendula oil, Vitamin E, combination of highly effective filters, ENDESSENCE - complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

50 ml 412269

12,02 €



SUN CARE BODY LOTION SPF 30

Keep your skin moisturized and protected from UVA/UVB rays exposure and photoaging with the delicate formula based on plant-based ENDESSENCE complex. Its formula defends the skin against photoaging, burns and damage. Crambe abyssinica seed oil, Vitamin E and calendula oil ensure delicate care for your skin, leaving it soft and supple.

Active ingredients: crambe abyssinica seed oil, panthenol, calendula oil, Vitamin E, combination of highly effective filters, ENDESSENCE - complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

100 ml 412270

12,02 €



SAGE OIL
helps prevent the inflammation after shaving and normalizes the sebum production, deodorizes, helps to tighten the pores and reduce signs of acne.

PINE NUT OIL
promotes skin restoration, nourishes and softens it, helping to preserve its youth.

MALE ESSENTIALS SHAMPOO & BODY WASH

Shampoo & Body Wash leaves your hair and body fresh and energized for the whole day and ideally suits for regular use. It does not overdry and irritate sensitive skin, perfectly washes out without a tight feeling afterwards. Caffeine and L-arginine tonify skin; ginseng and thyme extracts promote overall strengthening.

Active ingredients: extracts of ginseng and thyme, caffeine and L-arginine, essential oils of peppermint, sage and bergamot, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

250 ml 411579

9,04 €

CALMING SHAVING GEL

Refreshing gel makes shaving routine more comfortable and pleasant. Essential oils prevent irritation, herbal extracts stimulate skin renewal and ENDESSENCE complex helps to keep your skin fresh and youthful.

Active ingredients: extracts of plantain, goat's rue, essential oils of sage, juniper, vetiver, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

100 ml 411581

9,04 €

CALMING AFTER SHAVE BALM

Perfect solution to relieve after shaving discomfort, soothe and soften the skin, activate the renewal processes. The balm pleasantly refreshes skin, quickly absorbs, without leaving sticky feeling and tightness.

Active ingredients: oils of cedar, hazelnut and pistachio, ginger extract, extracts of rosemary, sage, vetiver, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

100 ml 411580

9,04 €



MAGNOLIA EXTRACT is characterized by diverse, soothing and softening properties. That's why it is used in traditional Chinese medicine and Ayurveda to relieve neurogenic skin irritation and reduce skin redness.

LACTIC ACID prevents pathogenic bacteria growth and helps to support natural microflora and pH balance of the intimate area.

COMING SOON

INTIMATE WASH

This gentle wash delicately cleanses, helps to stay fresh and clean all day, restores the natural microflora of the intimate area. Formulated with essential oils and extract of magnolia, it provides delicate care, eliminates dryness and discomfort, helps restore the natural microflora and maintains local immunity.

Active ingredients: essential oils of tea tree, lavender, peppermint and rosemary, aloe vera juice, magnolia extract, ENDESSENCE – essences of endemic Siberian plants (extracts of rhododendron, eleuthero root, rhodiola, maral root, Baikal skullcap).

300 ml 411568

8,00 €

INTIMATE CARE DEODORANT GEL

The gel delicately cleanses the sensitive skin of the intimate area. Deodorizes, maintains a healthy microflora balance. Delicate cleansing gel moisturizes, as well as helps to eliminate discomfort and unpleasant odor in the intimate area. The active ingredients formulated with the complex of botanical extracts ENDESSENCE enhance the natural skin protection.

Active ingredients: extracts of soapnut, magnolia, sweet flag, amaranth, marigold and chamomile, lactic acid, trehalose, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

150 ml 411576

8,00 €

ANTI-ODOR FOOT CREAM

Evosina® natural botanical extract, oils of manuka, thuja, tea tree and macleaya extract promote the antibacterial effect, eliminate itching, burning and unpleasant odor. Extracts of sweet flag, oak bark, and tapioca starch reduce sweating and keep feet fresh throughout the day.

Active ingredients: sodium usnate (Evosina® natural botanical extract), oils of spruce needle, manuka, thuja, essential oils of tea tree and eucalyptus, extracts of macleaya, sweet flag, oak bark and tapioca starch, ENDESSENCE – complex of botanical extracts (rhododendron, eleuthero root, maral root, rhodiola, Baikal skullcap).

75 ml 411588

5,95 €

EXTRACTS OF SWEET FLAG AND AMARANTH deliver a regenerating effect on withered and damaged skin. Fortify skin firmness and elasticity, soothe the skin and promote skin protective properties.



REFRESHING BODY WASH

Gentle gel with juicy scent of sea-buckthorn gently cleanses and nourishes the skin. The botanical complex ENDESSENCE and sea-buckthorn extract promote skin renewal, thyme leaf water tonifies, betaine and amaranth proteins soften and prevent skin tightness and dryness.

Active ingredients: sea-buckthorn extract, thyme leaf water, betaine, amaranth proteins, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

250 ml 410274

6,90 €



NOURISHING BODY CREAM

Its formula with a pleasant creamy texture is packed with oils of pistachio, sea-buckthorn and camelina. As a result, it makes dry and dehydrated skin nicely fresh and velvety. Wild strawberry extract and ENDESSENCE plant complex help restore the skin's lipid barrier, returning the comfort and softness.

Active ingredients: wild strawberry extract, oils of pistachio, sea-buckthorn and camelina, ENDESSENCE – complex of botanical extracts (rhododendron, eleutherococcus, rhodiola quadrifida, maral root, Baikal skullcap).

150 ml 409978

6,90 €

A GLIMPSE INTO THE WORLD OF SIBERIAN PURE HERBS

NATURAL SIBERIAN HERBS, MUSHROOMS, SPICES AND BERRIES THAT WE USE IN OUR PRODUCTS



SIBERIAN FIR
Abies sibirica

This tall evergreen tree is famous for its resin. Unlike pines or cedars, the trunk of the fir tree has a very thin, soft and smooth bark studded with numerous little resin swellings. The indigenous people used to prick these swellings with a needle or a knife and then gather the outflowing resin to use it for healing wounds.



SIBERIAN JUNIPER
Juniperus sibirica

For centuries the Siberian people knew about the antibacterial and antifungal properties of Juniper, which is very rich in volatile oils. They brewed its young twigs in boiling water and then with this hot infusion they washed the barrels that they used for preserving food during the long winters.



GUELDER ROSE
Viburnum opulus

Guelder rose berries are very sour and are deemed uneatable in most countries where they grow. Since Siberian food potential is limited, locals managed to use these berries. In particular, they are used as a traditional Siberian pie filler.



SIBERIAN CRANBERRY
Vaccinium oxycoccus

Wild-growing Siberian cranberry contains a high amount of antioxidants. Although it's not only the chemical composition that is different. Siberian cranberries even look quite different from their American counterparts. These berries are smaller and thicker, with a much more intense aroma, and they taste sour, not sweet.



COLTSFOOT
Tussilago farfara

Translated from a local language the name of this plant means "mother-and-stepmother." It is because the upper surface of its leaves is smooth and it feels cold upon touching it, while the opposite side is velvety-furred and pleasantly warm.



SIBERIAN WINTERGREEN
Chimaphila umbellata

Translated from several languages in different countries the name of this small forest plant means "winter-loving." The reason is that this is one of the rarest evergreen grassy plants in northern forests including those in Siberia.



AMUR CORK TREE
Phellodendron amurense

Along with the famous ginkgo biloba, the Amur Cork Tree is a relict tree, which means that it existed on the Earth before the Ice Age when most primeval plants had already died. The bark of this tree is highly revered in traditional Chinese medicine as a multi-purpose medicine.



SIBERIAN FIREWEED
Chamerion angustifolium

This was a very important plant for the local Siberian population. The leaves of Fireweed can undergo natural fermentation, much like real tea, and thus they were in wide use for centuries as an excellent substitute for common tea.



ARNICA
Arnica montana

Arnica is one of the most potent "cardiovascular" herbs on the planet. However, it is rarely used now because it grows very sparsely and high up in the mountains, at altitudes of up to 9,000 feet, which makes harvesting very difficult.



SIBERIAN FLAX
Linum usitatissimum

People in Siberia have historically used Flax fiber as a substitute for the more expensive cotton. But since a lot of Flax seeds were always left over after processing, they learned to extract the oil from them and use it for food. Modern scientists discovered the heart-protecting properties of Flax seed oil only towards the end of the 20th century.



SIDEBELLS WINTERGREEN
Orthilia secunda

Translated from a local language the name of this small evergreen herb means "women's forest herb." It is because this plant was historically used for treating female infertility.



SIBERIAN SAW-WORT
Saussurea pygmaea

This plant is a typical "highlander." It often can be found high up in the mountains at the level of glaciers. In order to evade the ruthless mountain sun and dehydration this plant developed several very specific features. It is densely furred with wooly hairs and all its stems and roots are closely tangled together to form a dense mass in the form of a hemisphere, which the local people name "witch's rings".

SIBERIAN BALSAMS

SINCE 1996

Siberian balsams by Siberian Wellness — must-have for every family, on any day, at any time of year!

EFFECTIVE FORMULAS

A combination of natural ingredients and long-standing research experience"

ETHICALITY

Not tested on animals.

NATURALNESS

88–100% ingredients of natural origin in each balsam.

24 YEARS OF SALES

60+ COUNTRIES OF THE WORLD

3,500,000+ CONSUMERS PER YEAR

LEGENDARY, TIME-TESTED FORMULAS

97%
NATURAL

COMING SOON



10 BOTANICAL EXTRACTS

3 NATURAL OILS

3 ESSENTIAL OILS

CAMPHOR

AROMATHERAPY & MASSAGE BALSAM

Herbal aromatherapy and massage balsam. Feel the power and strength of Siberian nature wrapped in a unique concentrate of 10 botanical extracts that promote relaxation and rebalance the mind. Shea butter, sweet almond and castor natural oils provide easy glide and soften the skin. The blend of tea tree, fir and eucalyptus essential oils creates a comforting scent with notes of pine needles. It's quickly absorbed into the skin, suitable for daily body care.

Active ingredients: oak bark extract, nettle extract, St. John's wort extract, bergenia dry extract, coltsfoot extract, chaga dry extract (10% polyphenols), plantain extract, castor oil, shea butter, sweet almond oil, camphor, Vitamin E, fir essential oil, eucalyptus essential oil, tea tree oil.

200 ml 418681

8,69 €

99%
NATURAL



EXTRA RICH MASSAGE BALSAM

This warming and tonifying extra rich herbal massage balsam with its distinctive aroma contains a unique and highly effective blend of powerful botanical ingredients and natural essential oils, which deeply penetrate the skin and help quickly recover even after a short massage.

Active ingredients: pine resin, fir oil, eucalyptus oil, camphor, sea-buckthorn oil, St. John's wort extract, birch polypore extract, hop extract, bergenia extract, oak bark extract, nettle extract, tormentil extract, coltsfoot extract, peony extract, clover extract, angelica extract, tumbleweed extract, thyme extract.

250 ml 409066

8,69 €


96%
 NATURAL



FRESH BREATH MOUTHWASH

PROTECTION OF ORAL CAVITY AND FRESH BREATH EVERY DAY.

Do you want to make your daily oral care even more effective? Nature knows the right solution!

The concentrate of natural freshness based on macleaya and essential oils – for beautiful and wide smiles! Its formula contains 96% natural ingredients that possess preventive properties, help maintain good oral hygiene and pleasantly freshen your breath.

Enjoy the feeling of natural cleanliness. Worry-free communication and a wide smile!

Active ingredients: macleaya extract, chlorhexidine, complex of essential oils of eucalyptus, mint, tea tree, sage, candeia.

250 ml 409069

6,90 €

FLEX RUB BASIC

The classic formula of a 10-year-long bestseller – Uyan Nomo Balsam – in a new design! The CHONDRO-C complex, enriched with the blend of essential oils, botanical extracts and natural regenerating substances, helps maintain good mobility. Organic sulfur and chondroitin accelerate metabolic processes in the skin, soothe and bring relief.

100 ml 414328

6,19 €

MULTIFACETED COMPLEX CHONDRO-C:

- Chondroitin
- Camphor
- Menthol
- Papain
- Pine resin
- Organic sulfur
- Extracts of purple marshlocks and comfrey
- Complex of essential oils (eucalyptus, Siberian fir, rosemary, frankincense, clove)


93%
 NATURAL



JOINT COMFORT NATURAL RELIEF CREAM UYAN NOMO

BODY CREAM WITH CHONDROITIN AND ORGANIC SULFUR

It is a rich blend of essential oils, botanical extracts and natural revitalizing ingredients. Organic sulfur and chondroitin activate skin metabolism, while botanical extracts and oils soothe and bring the feeling of comfort.

Active ingredients: galipot, chondroitin, organic sulfur, comfrey and marsh cinquefoil extracts, papain, complex of essential oils (eucalyptus, fir, rosemary, frankincense, clove).

100 ml 402579

5,83 €



SIBERIAN TRADITIONS FOR EVERY FAMILY!



REPAIR GEL

Effective natural complex based on galipot, bee pollen and royal jelly, extracts of rosemary and amaranth, essential oils of eucalyptus, fir, thuja and lavender soothes and promotes restoration of the damaged skin exposed to sun, wind, frost and insect stings.

Active ingredients: castor oil, beeswax, tocopherol, pine pitch, lavender essential oil, rosemary leaf extract, silver fir essential oil, thuja essential oil, eucalyptus essential oil, royal jelly extract, amaranth extract, honey extract, bee pollen extract, sandal essential oil.

30 ml 416558

6,66 €



HERBAL CHEST RUB

The rub deeply warms the skin and boosts the body's defenses.

The go-to solution in case of a common cold or prolonged exposure to freezing. The rub is designed to deeply warm the skin and boost the body's defenses. Siberian fir turpentine and standardized extract of cayenne pepper energize the body, bringing a warming relief.

The complex, formulated with essential oils and extracts of Siberian plants insulates against adverse environmental factors, which is a must-have during cold weather conditions.

Active ingredients: Siberian fir turpentine, camphor, standardized extract of cayenne pepper, complex of essential oils (eucalyptus, geranium, frankincense, Siberian fir, ravensara, cedar, oregano, sage, marjoram), complex of plant extracts (linden flowers, oak, birch buds, sage, mint, magnolia and rosemary).

50 ml 409064

5,71 €



TONIFYING CREAM FOR PERFECT LEGS

Natural cream with an active tonifying complex that quickly relieves fatigue and heaviness in legs.

- Activated skin blood flow: troxerutin, niacinamide, caffeine, extracts of horse chestnut, butcher's-broom and grape leaf.
- Warming effect and a feeling of lightness: extracts of medicinal leeches and mountain arnica.
- Improved overall skin tonicity: essential oils of peppermint, lemon, cypress and lime.

Enjoy lightness and comfort in every step!

Active ingredients: troxerutin, niacinamide, caffeine, extracts of horse chestnut and butcher's-broom, grape leaf extract, extracts of medicinal leech and mountain arnica, essential oils of peppermint, lemon, cypress and lime.

75 ml 416559

8,09 €



EXERCISE WITH EASE!

COMING SOON



REPAIR GEL WITH PANTHENOL

Repair gel with Vitamin E and D-panthenol gently cares for damaged skin. Fortified formula with a coniferous complex rich in polyphenols, accelerates skin renewal in case of exposure to sun, wind, cold and insect bites. Its valuable formula with hyaluronic acid, allantoin and tamanu oil invigorates and refreshes the skin, helps eliminate irritation and flaking. It instantly sinks into the skin without leaving any greasy residue.

93% natural ingredients.

Active ingredients: D-panthenol (5%), Alexandrian laurel oil (tamanu), multivitamin coniferous complex, sodium hyaluronate, lavender and tea tree essential oils, allantoin, Vitamin E (tocopheryl acetate), magnolia extract, squalane.

40 ml 417706 **6,90 €**

- hyaluronic acid
- Vitamin E
- D-panthenol 3%



FLEX RUB ACTIVE

Move freely and get the most out of your workouts! This rub, with unique CHONDRO-A complex and botanical extracts, is designed for those who engage in regular physical activity. It accelerates activation of skin blood flow, brings muscle relief and a pleasantly warm sensation.

75 ml 414749 **7,14 €**

CHONDRO-A COMPLEX for daily support upon strenuous physical activity:

- Glucosamine
- Methylsulfonylmethane
- Vitamin B3
- Pine resin
- Menthol, vanillyl butyl ether, camphor

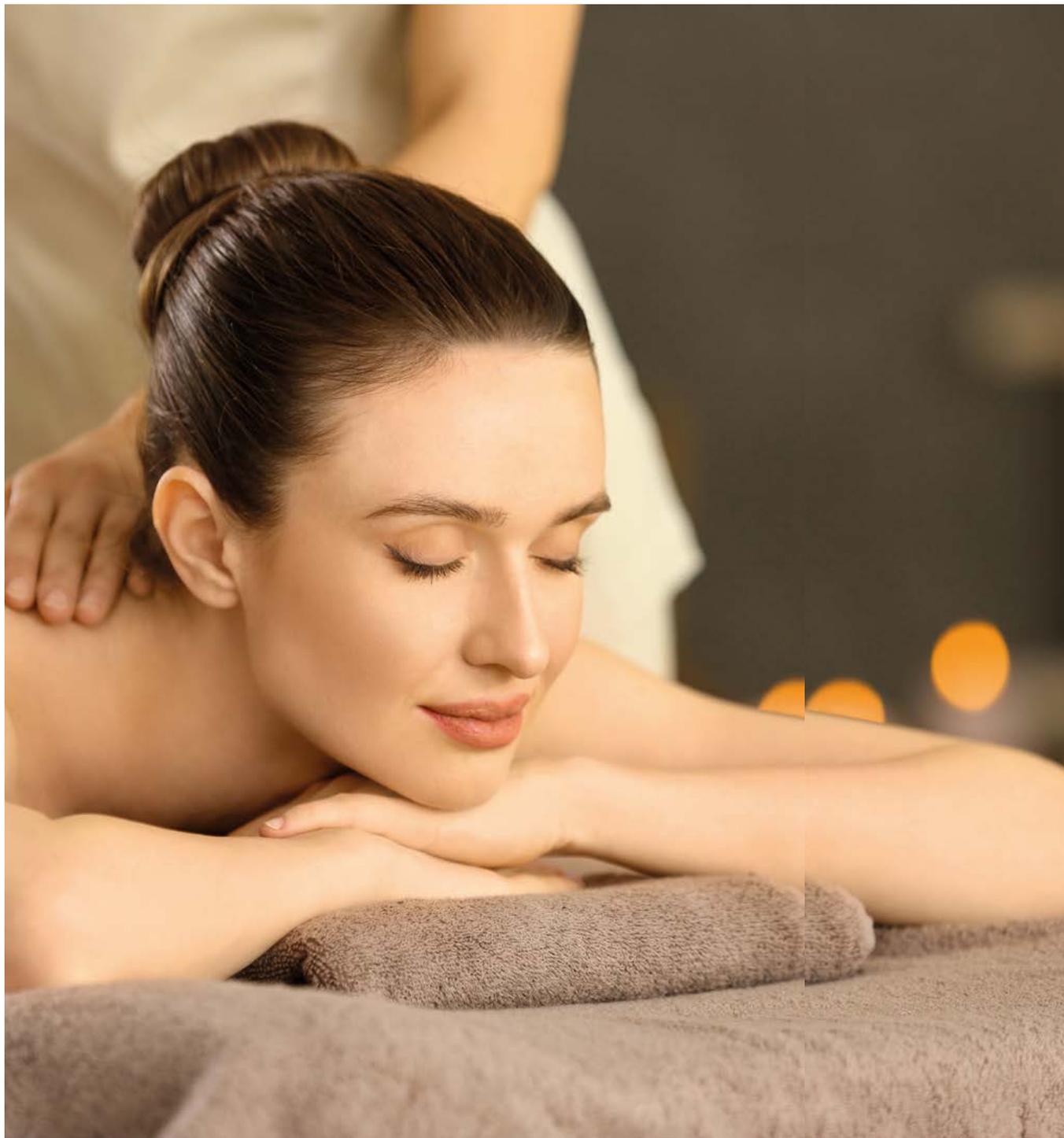
FLEX RUB БАЛЬЗАМ ДЛЯ ТЕЛА

WITH GLUCOSAMINE, METHYLSULFONYLMETHANE, NIACINAMIDE AND PINE RESIN EXTRACT

ACTIVE

С ГЛЮКОЗАМИНОМ, МЕТИЛСУЛЬФОНИЛМЕТАНОМ, НИАЦИНАМИДОМ И ХВОЙНОЙ ЖИВИЦЕЙ

75 ml/мл



WARMING MASSAGE OIL

Massage with this warming massage oil brings a general strengthening and stimulates better blood circulation. Besides, it perfectly helps to relieve muscular tension.

Active ingredients: oils of red pepper and burning vanilla, essential oils of ginger, cinnamon, clary sage, vetiver, tangerine.

100 ml 401833

6,90 €



RELAXING MASSAGE OIL

A rich blend of sandal, cardamom, geranium and eucalyptus relaxes your senses and helps to regain strength and bolster immunity. It helps ease away tension and makes you feel the calming sensation in your entire body.

Active ingredients: lavender essential oil, essential oils of peppermint and sandal tree, sweet clover extract, sesame oil.

100 ml 401834

6,90 €



INVIGORATING MASSAGE OIL

Discover the extraordinary warmth and energy of Siberian essential oils with a strong revitalizing effect! It's a real spa experience to boost blood flow, invigorate your entire body and relieve tired legs.

Active ingredients: lemongrass and mint essential oils, spruce and thyme essential oils, oils of green coffee and hazelnut.

100 ml 401832

6,90 €

SPA collection

IMMERSE IN HARMONY WITH NATURE

The collection is designed specifically for body care, restoring emotional balance and inner energy, accenting your natural beauty and flawless look.

1. WILD STRAWBERRY & GREEN TEA

HAND & BODY WASH

The silky smooth texture of Hand & Body Wash reveals a sensual scent of ripe wild strawberry melting in the refreshing notes of green tea. Effectively removes impurities and leaves your skin radiant and more resilient!

Active ingredients: pistachio oil, shea butter, extracts of wild strawberry, raspberry and green tea.

250 ml 410022

7,14 €

2. WILD STRAWBERRY & GREEN TEA

HERBAL BODY MOISTURIZER

Turn your skin care routine into pure delight! The lightweight texture of moisturizer softens and nourishes skin leaving it pleasantly scented with notes of sensual wild strawberry and refreshing green tea. Its formula is enriched with precious shea butter and pistachio oil, toning extract of green tea leaves, extracts of wild strawberry and raspberry that deliver intense hydration and skin nourishment.

Active ingredients: wild strawberry, raspberry and green tea extracts.

250 ml 410019

7,14 €

3. WILD STRAWBERRY & GREEN TEA

SUGAR BODY SCRUB

Gentle scrub with sugar and strawberry seed powder leaves the skin perfectly smooth and velvety. Its sensual scent of wild strawberry and refreshing notes of green tea add a touch of luxury to your exfoliating routine! Extract of wild strawberry berries lavishly nourishes the skin leaving it radiant. Using skincare products based on wild berries on a daily basis is the key to flawless complexion!

Active ingredients: sugar, strawberry seed powder, green tea extract, wild strawberry and raspberry extracts, shea butter and pistachio oil.

100 ml 410016

7,14 €



SPA collection



RASPBERRY & VERBENA HAND CREAM

Sparkling berry-citrus aroma of juicy raspberries and fresh verbena.

Active ingredients: raspberry extract, verbena hydrolate, Vitamin PP.

75 ml 411170

4,05 €



MILK OAT & RICE OIL HAND CREAM

Incredibly delicate scent.

Active ingredients: rice bran oil, oat extract, Vitamin PP.

75 ml 411168

4,05 €

Cream with a light texture and delicate aroma gives your hand skin a delightful comfort, nutrition and intense moisturizing. Vitamin PP stimulates skin renewal, increases collagen synthesis, returns the skin's natural smoothness and elasticity. The cream will become your best go-to solution.



CEDAR & APPLE HAND & BODY WASH

Hand & Body Wash with the scent of juicy apple and superb cedar will perk up your mood in the early morning! Infused with botanical ingredients its soft formula provides effective repair and perfectly refreshes the skin, restoring its healthy glow and beauty.

Active ingredients: shea butter, pistachio and cedarwood oil, apple juice, fir essential oil.

250 ml 410021

7,14 €



CEDAR & APPLE HERBAL BODY MOISTURIZER

The lightweight texture of the moisturizer is perfectly absorbed, softens and moisturizes the skin, giving it smoothness. Apple juice refreshes the skin, tones and improves its elasticity, while valuable cedar oil perfectly nourishes. After application, you will enjoy the scent of superb cedar and juicy apple on your body!

Active ingredients: cedarwood and soybean oils, apple juice, fir essential oil.

250 ml 410018

7,14 €



CEDAR & APPLE SUGAR BODY SCRUB

Gentle scrub with sugar and Siberian pine stone powder sloughs away dead skin and leaves your skin silky, soft and supple! The formula is infused with precious shea butter and pistachio seed oil that lavishly hydrate and vitamin-rich cedar oil that saturates skin with intense nourishment. Made with fir oil this scrub is a must-have for a well-toned and radiant skin, because products formulated with fir oil stimulate the collagen formation and increase elasticity.

Active ingredients: sugar, pine stone powder, cedarwood essential oil, fir essential oil, pistachio oil and shea butter.

100 ml 410015

7,14 €

vita mama

- We took an in-depth look at the topics of health, nutrition and child development to create a series of new products.
- And now it contains vital nutrients and no preservatives at all! To support health and proper development of your child.

DON'T BE
AFRAID OF
VIRUSES!

BE HEALTHY!

DEVELOP TO
THE FULLEST!

DISCOVER THIS
BEAUTIFUL
WORLD!



VITAMAMA IMMUNOTOPS SYRUP FOOD SUPPLEMENT WITH VITAMIN C

Our new product with the delicious taste of apple and cherry: try Immunotops – a food supplement for children and adults, with sweet oligofructose syrup instead of sugar!

Concentrated juices of apple and cherry delight you with familiar tastes, while Vitamin C contributes to maintain the normal function of the immune system.

- WITH VITAMIN C
- NO COLORANTS
- NO PRESERVATIVES

Ingredients: concentrated apple juice, concentrated cherry juice, oligofructose syrup, chamomile extract, rose hips extract, thyme extract, ascorbic acid, raspberry leaf extract, plantain extract.

95 ml 500715

5,46 €



VITAMAMA. OMEGA-3 OMEGALODON (MANGO TYPE)

FOOD SUPPLEMENT WITH
POLYUNSATURATED FATTY ACIDS
OMEGA-3 AND VITAMINS

Funny fish-shaped capsules with mango flavor – that's the secret and cunning of OMEGAlodon! Food supplement with polyunsaturated Omega-3 acids and vitamins for kids aged 3+ and adults. We took a high concentration of extra pure Omega-3 acids and added Vitamins A, D3 and E.

EPA and DHA promote normal heart work functioning. DHA contributes to the maintenance of normal brain and vision functions. The beneficial effect is achieved with a daily intake of 250 mg of EPA and DHA.

Ingredients: fatty acid ethyl esters made of fish oil, gelatin, humectant glycerin, water, natural flavor, Vitamin E, beta-carotene colorant, Vitamin A, Vitamin D.

60 capsules / 48 g 500845

11,02 €

EAT THE WHOLE
CAPSULE OR ADD
IT TO MEAL!



0+

KIDS



VITAMAMA BABY
**BABY CLEANSING FOAM
 MADE WITH CHAMOMILE WATER**
 Tender Cleansing Foam with chamomile and pine water gently and effectively cleanses baby's sensitive skin preserving it soft and moisturized. Chamomile and lavender essential oils help to sustain supple baby's skin in natural state.

Active ingredients: chamomile and pine flower waters, lavender and chamomile essential oils.
 250 ml 404242 **7,85 €**



VITAMAMA BABY
**BABY BATH HERBAL CONCENTRATE
 MADE WITH CHAMOMILE WATER**
 May your baby enjoy aromatic and warm bathing! Foam-free herbal concentrate gently cares for baby skin. Calendula, bur-marigold and celandine refresh skin and reduce skin irritations. Chamomile and lavender essential oils soothe skin and set baby for a soft sleep.

Active ingredients: marigold, bur-marigold and celandine, lavender and chamomile essential oils.
 200 ml 404241 **7,26 €**



VITAMAMA BABY
**BABY CREAM
 MADE WITH CHAMOMILE WATER**
 The soft cream for your baby's skin care from the very first days. Panthenol promotes optimal hydration of the skin, strengthening its barrier function. Blue chamomile and lavender essential oils help to reduce skin irritation and flaking.

Active ingredients: panthenol, chamomile flower water, lavender and chamomile essential oils.
 200 ml 404240 **7,26 €**

EXPERALTA PLATINUM PEPTIDE COSMETICS – ADVANCED FACIAL SKIN CARE SOLUTIONS

Peptide-based cosmetics are **MUCH MORE EFFECTIVE** compared with creams containing large molecules of collagen and elastin. Such cosmetics have a higher cost due to the complex production process and ensure a guaranteed result.

Peptides are compounds consisting of only a few amino acids. Peptide nanomolecules easily penetrate deep into the dermis, stimulate regeneration processes, ensuring a pronounced and long-lasting anti-aging effect.





HIGH-MOLECULAR HYALURONIC ACID

Packed in special micro-spheres, it penetrates into the deeper layers of skin, where unwrapping it swells and plumps out the wrinkles from within providing an immediate rejuvenating effect.

COSMETELLECTUAL SERUM

The absolutely innovative next-generation formula of this rejuvenating serum is enriched with Hyaluronic Filling Spheres for a profound and long-lasting anti-wrinkle effect. Siberian Lingzhi mushroom and wild cherry flower extracts and Siberian cranberry seed oil provide powerful anti-aging and antioxidant protection for the radiant and younger-looking skin.

50 ml 409280

27,01 €

SUSTAINABLE. RESPONSIBLE. SMART.

3 ADVANTAGES:

- ✓ 85% less carbon dioxide emissions when recycling packaging*.
- ✓ Refillable pod (refill) made of recycled PP (polypropylene).
- ✓ Reuse of expensive beautiful packaging. Filler can be easily replaced with a new one.

COSMETELLECTUAL CREAM

Pamper your skin with precious Cosmetellectual cream! The lightweight and fluffy texture instantly melts into the skin and ideally suits as a face primer. Smart formula targets the lower layers of skin (dermis): DiamondSIRT® ensures the skin repair from within, while SWT-7™ (Swertia extract) helps smooth out vertical and horizontal wrinkles – visible effect in just 7 days. Altai polypore extract delivers powerful antioxidant effect protecting the skin from premature aging.

50 ml 413494
(with refill)

27,97 €

50 ml 413495
(refill)

14,88 €



ECO-FRIENDLY PACKAGING!

THE COMPLEX OF PEPTIDES, CONNECTED WITH DIAMOND POWDER

The potent and highly bioavailable antioxidant protects against premature aging.



* According to packaging manufacturer – RPC BRAMLAGE.



FLAWLESS LOOK TINTED MOISTURIZER SPF 15

With its melt-in texture the moisturizer provides a vital surge of hydration and delivers lightweight coverage evening out the skin tone. Special 3 in 1 formula:

1. Smooths out fine lines and wrinkles.
2. Gives your skin a natural and youthful glow.
3. SPF provides UV protection and eliminates photoaging.

Regular use of the cream restores skin and makes it smooth and firm.

30 ml

21,78 €



407583
tone 1 / light



411998
tone 2 / medium



REJUVENATING ULTRA LIGHTWEIGHT DAY CREAM

Precious biopeptide complex, gotu kola extract and Siberian sea-buckthorn oil deeply hydrate, nourish and provide withering skin revival. Within a few weeks, you see younger-looking skin: diminished wrinkles, more defined facial contours and even complexion. Ultra-lightweight facial cream based on Siberian sea-buckthorn and Altai rapeseed oils is enriched with potent extracts of rosemary, gotu kola, ganoderma and shiitake mushroom to support your natural beauty every day.

50 ml 408372

21,78 €



REJUVENATING ULTRA RICH DAY CREAM

Advanced anti-age formula enhances the skin elasticity and restores its moisture balance, preventing cell dehydration. Natural components of the formula (rhodiola rosea, marigold and ginseng) nourish and hydrate the skin, supporting its resistance to the age-related changes, as well as make the skin smooth and radiant. The precious biopeptide complex, unsaponifiable matters of the olive oil, extracts of Siberian rhodiola, marigold and ginseng provide a profound moisturizing effect.

50 ml 408373

21,78 €



REVITALIZING EYE CREAM

The advanced cream targets slackened areas and helps reduce the appearance of fine lines and dark circles under the eyes. Natural oligosaccharides contribute to the long-lasting hydration. The skin is more resilient and firmer. Ultra-lightweight revitalizing cream made with oils of jojoba, olive and camellia, beeswax and enriched by the potent extracts of ganoderma, crowberry and royal jelly for a long-term and invisible protection.

15 ml 404326

10,00 €



CELLULAR REVIVAL NIGHT CREAM

Improved bio-lifting formula with volume effect promotes wrinkles diminishing. As a result: the skin looks smoother and lifted, while facial contours become firmer. The cream is packed with valuable botanical oils of olive, sesame and shea butter, anti-aging bio-peptide complex, extracts of amaranth, peony and pansy that promote instant skin repair.

50 ml 408374

21,78 €



HYDROPHILIC CLEANSING OIL

This rich cleansing oil and make-up remover for daily care designed on the basis of vegetable oils and water. Forming a pleasant emulsion it cleans skin perfectly, without a greasy feeling. Ideal for dry and sensitive skin.

200 ml 408368

13,33 €



LUXURIOUS FACE RENEWAL MICELLAR WATER

Thanks to its innovative micellar formula, this makeup remover provides extremely gentle, but effective cleansing and is suitable even for the most sensitive skin. Rich in plant extracts it delivers antioxidant and anti-aging properties, nourishes, rejuvenates and protects the skin.

200 ml 408369

12,85 €



ULTRA-SOFT CREAM CLEANSER

Turn your cleansing routine into pure delight! Ultra-soft cream cleanser suits even sensitive skin that fears soap-based cleansers. Thanks to the plant-based formula infused with the Siberian cedar seed oil and extract of flax seeds that softens skin, as well as with extract of Altai lingzhi mushroom – a rich source of antioxidants, it effectively dissolves skin impurities and makeup.

100 ml 409977

12,85 €

**ICE TOUCH
INSTANT LIFT
MASK INSTANTLY
ENERGIZES THE
SKIN, ELIMINATES
SIGNS OF FATIGUE
AND IMPROVES
COMPLEXION.**

**ICE TOUCH INSTANT
LIFT MASK**

A flawless transformation! Packed with invigorating botanical extracts and Crambe abyssinica oil this cooling mask instantly energizes the skin, eliminates signs of fatigue, providing de-puffing and lifting effects. A must-have on a hot summer day and go-to solution in a rush. Intense care for your beauty routine.

50 ml 410091 **10,35 €**



REJUVENATING BALANCING SOFTENER

Rejuvenating Balancing Softener delivers targeted effect: moisturizes, softens and renews skin after cleansing. Now your skin is fully prepared for a daily cream, serum or any other product to follow. For a better and faster result!

200 ml 408253

11,31 €



DEEP CLEANSING AND PEELING LOTION

This extra gentle peeling lotion formulated with natural botanical acids helps remove impurities, dead and dull cells to reveal a completely new, youthful and radiant look of your skin. Ideal daily care for oily and acne-prone skin.

150 ml 408370

10,35 €



PORE CLEANSING FACIAL EXFOLIATOR

This luxurious exfoliator provides a multi-step gentle cleansing and reviving care for all skin types, including sensitive and irritable skin. It carefully dissolves excess sebum, removes dead cells and polishes the skin, opening its pores to breathe. As a result: pores are open to breathe, smooth skin.

100 ml 408371

12,38 €



COMPLEX CARE FOR THE BEAUTY AND YOUTH OF YOUR SKIN

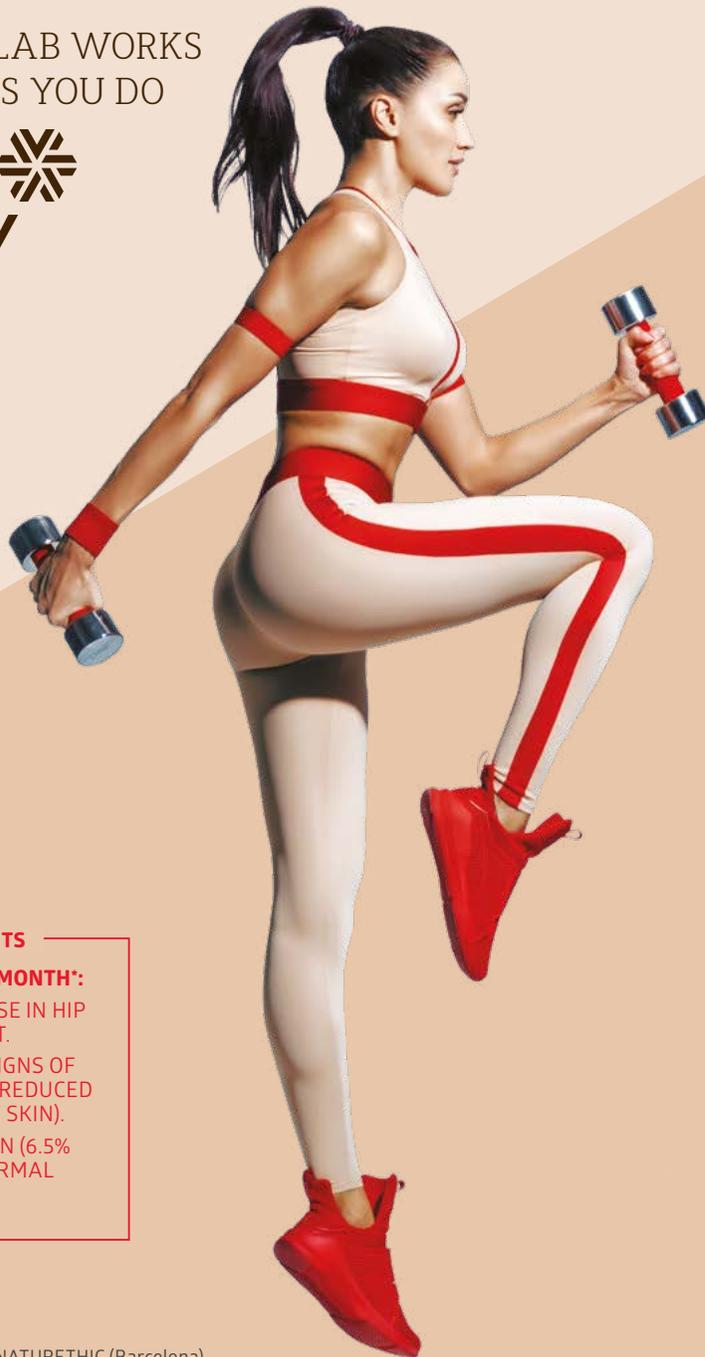
COMPLEX SKINCARE
IS WAY MORE EFFICIENT
THAN A SINGLE PRODUCT



Complex skincare is a step-by-step treatment program designed to maximize effectiveness of your skincare regimen. For beautiful skin at any age!

THE BODY LAB WORKS
AS HARD AS YOU DO

THE 
**BODY
LAB**



PROVEN BENEFITS

SEE RESULT IN A MONTH*:

- 1.6 CM DECREASE IN HIP MEASUREMENT.
- LESS VISIBLE SIGNS OF CELLULITE (9% REDUCED "ORANGE PEEL" SKIN).
- SMOOTHER SKIN (6.5% INCREASED DERMAL DENSITY).

* Instrumental testing, NATURETHIC (Barcelona).

UPON HIGH CONCENTRATION THE COMPLEX OF ARNICA, ELDERBERRY, CHESTNUT AND RUSCUS EXTRACTS delivers a pronounced lymphatic drainage effect: improves microcirculation in the skin, prevents congested areas and helps to remove excess fluid from the body. It promotes tonifying and strengthening effects.

THE X50 MOLECULE reduces lipid synthesis, which facilitates slimming and helps smooth out "orange peel" skin. Result: a more sculpted body silhouette, smooth and supple skin.

BROWNSLIM

ANTI-CELLULITE COMPLEX SUPPORTS FAT BURNING, ENHANCING THE EFFECT OF EXERCISES. BROWNSLIM IS BASED ON THE EXTRACTS OF THE UNDARIA PINNATIFIDA SEAWEEDS (OR WAKAME) AND GARCINIA CAMBOGIA.



**THE BODY LAB
CELLULITE SPOT TOPICAL
CONCENTRATE**
X50 SILHOUETTE

150 ml 411382

15,95 €



TRULY SIBERIAN
TRULY INNOVATIVE
FOR PEOPLE

YOUR CONSULTANT: _____